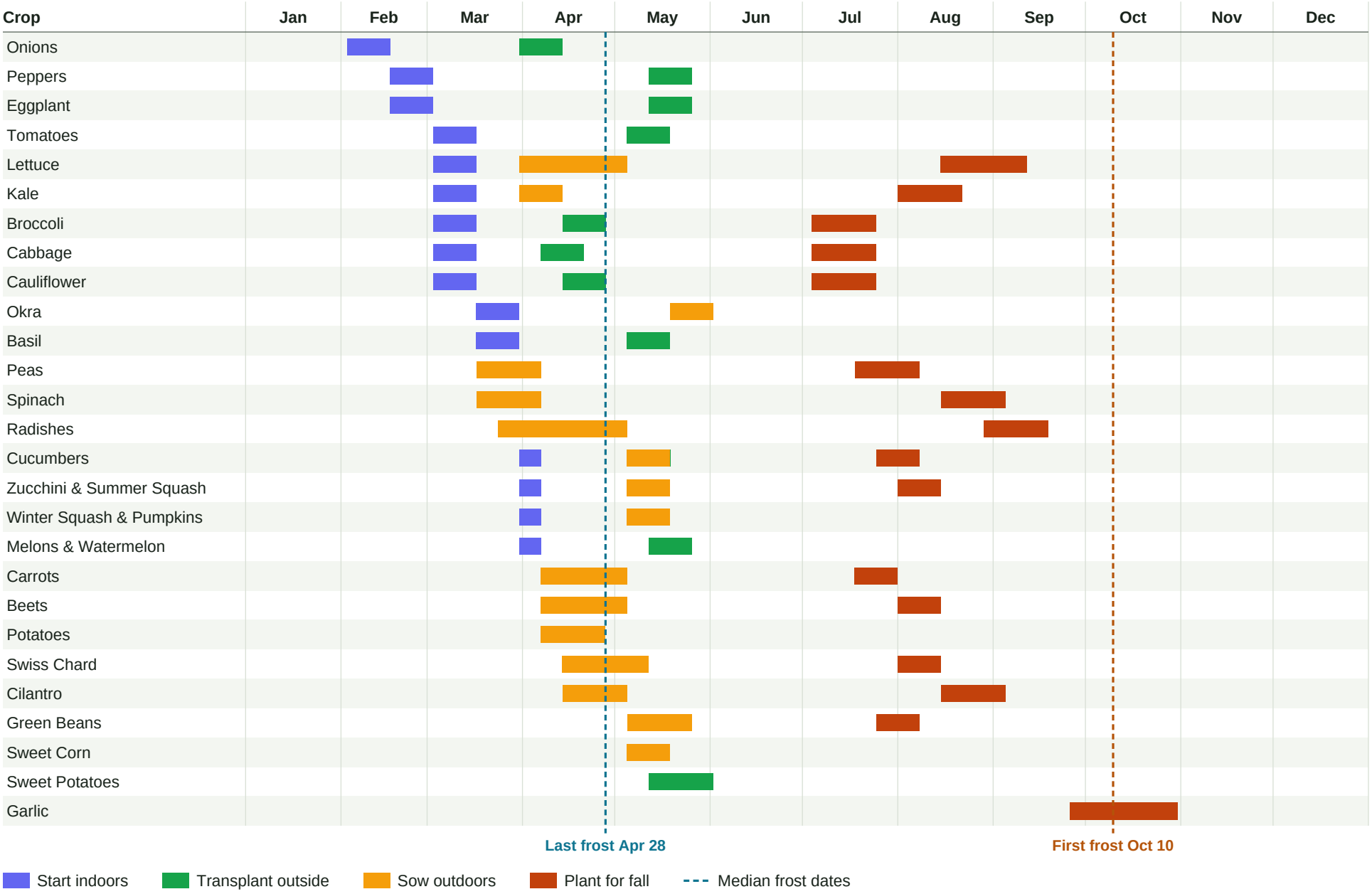
Iowa Falls, IA planting calendar

Median last frost Apr 28 (10% chance of frost after May 11) · Median first frost Oct 10 · 165-day growing season · Zone 5a



Iowa Falls, IA planting dates

Median last frost Apr 28 (10% chance of frost after May 11) · Median first frost Oct 10 · 165-day growing season · Zone 5a

Crop	Start indoors	Transplant outside	Sow outdoors	Plant for fall
Onions	Feb 3 – Feb 17	Mar 31 – Apr 14	—	—
Peppers	Feb 17 – Mar 3	May 12 – May 26	—	—
Eggplant	Feb 17 – Mar 3	May 12 – May 26	—	—
Tomatoes	Mar 3 – Mar 17	May 5 – May 19	—	—
Lettuce	Mar 3 – Mar 17	Apr 7 – Apr 21	Mar 31 – May 5	Aug 15 – Sep 12
Kale	Mar 3 – Mar 17	Mar 31 – Apr 14	Mar 31 – Apr 14	Aug 1 – Aug 22
Broccoli	Mar 3 – Mar 17	Apr 14 – Apr 28	—	Jul 4 – Jul 25
Cabbage	Mar 3 – Mar 17	Apr 7 – Apr 21	—	Jul 4 – Jul 25
Cauliflower	Mar 3 – Mar 17	Apr 14 – Apr 28	—	Jul 4 – Jul 25
Okra	Mar 17 – Mar 31	May 19 – Jun 2	May 19 – Jun 2	—
Basil	Mar 17 – Mar 31	May 5 – May 19	—	—
Peas	—	—	Mar 17 – Apr 7	Jul 18 – Aug 8
Spinach	—	—	Mar 17 – Apr 7	Aug 15 – Sep 5
Radishes	—	—	Mar 24 – May 5	Aug 29 – Sep 19
Cucumbers	Mar 31 – Apr 7	May 12 – May 19	May 5 – May 19	Jul 25 – Aug 8
Zucchini & Summer Squash	Mar 31 – Apr 7	—	May 5 – May 19	Aug 1 – Aug 15
Winter Squash & Pumpkins	Mar 31 – Apr 7	—	May 5 – May 19	—
Melons & Watermelon	Mar 31 – Apr 7	May 12 – May 26	—	—
Carrots	—	—	Apr 7 – May 5	Jul 18 – Aug 1
Beets	—	—	Apr 7 – May 5	Aug 1 – Aug 15
Potatoes	—	—	Apr 7 – Apr 28	—
Swiss Chard	—	—	Apr 14 – May 12	Aug 1 – Aug 15
Cilantro	—	—	Apr 14 – May 5	Aug 15 – Sep 5
Green Beans	—	—	May 5 – May 26	Jul 25 – Aug 8
Sweet Corn	—	—	May 5 – May 19	—
Sweet Potatoes	—	May 12 – Jun 2	—	—
Garlic	—	—	—	Sep 26 – Oct 31

Wait until after May 11 (only a 10% chance of frost) to plant out the most frost-tender crops: tomatoes, peppers, basil, melons.