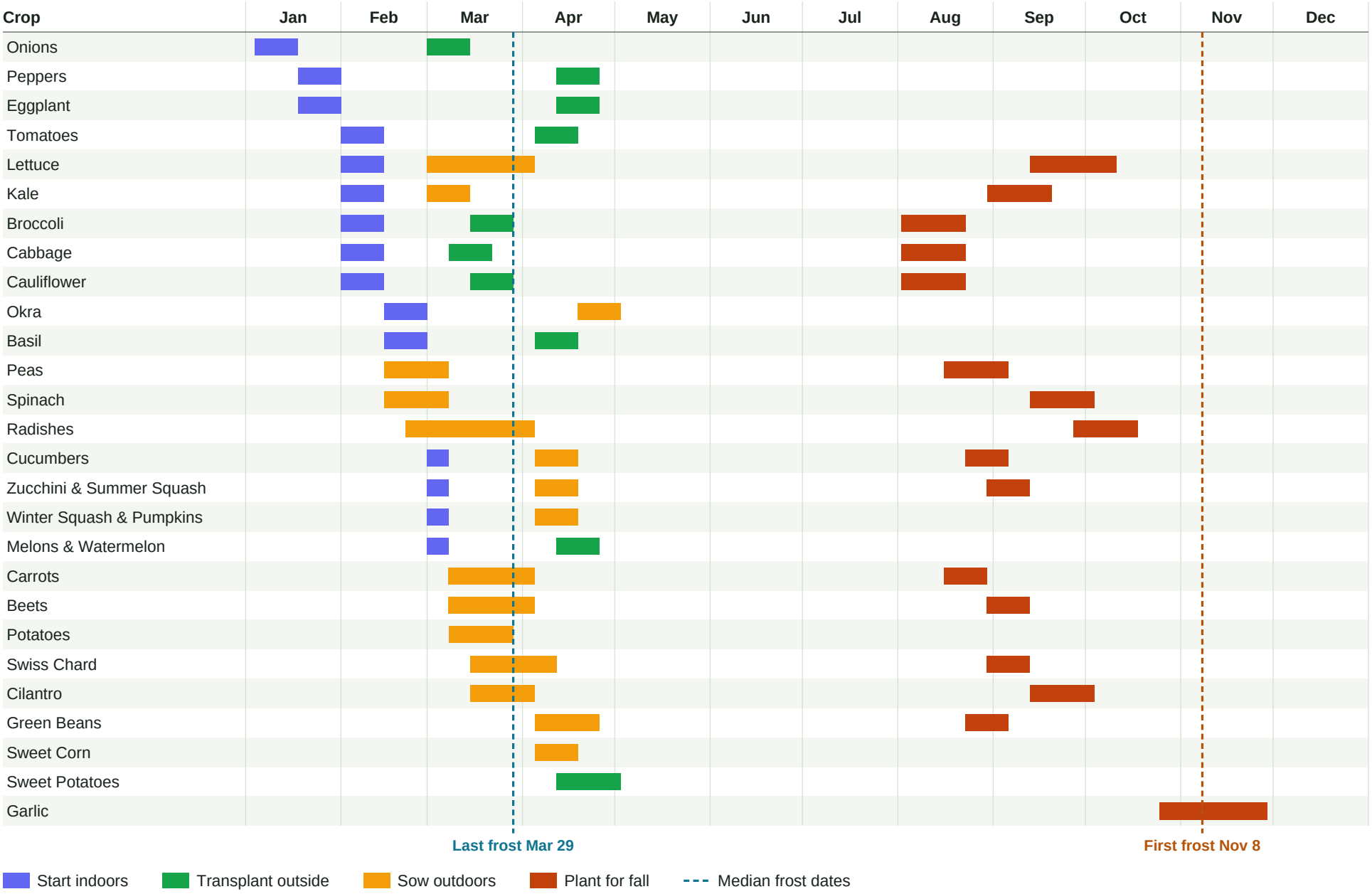
Capitol Heights, MD planting calendar

Median last frost Mar 29 (10% chance of frost after Apr 11) · Median first frost Nov 8 · 224-day growing season · Zone 7b



Capitol Heights, MD planting dates

Median last frost Mar 29 (10% chance of frost after Apr 11) · Median first frost Nov 8 · 224-day growing season · Zone 7b

Crop	Start indoors	Transplant outside	Sow outdoors	Plant for fall
Onions	Jan 4 – Jan 18	Mar 1 – Mar 15	—	—
Peppers	Jan 18 – Feb 1	Apr 12 – Apr 26	—	—
Eggplant	Jan 18 – Feb 1	Apr 12 – Apr 26	—	—
Tomatoes	Feb 1 – Feb 15	Apr 5 – Apr 19	—	—
Lettuce	Feb 1 – Feb 15	Mar 8 – Mar 22	Mar 1 – Apr 5	Sep 13 – Oct 11
Kale	Feb 1 – Feb 15	Mar 1 – Mar 15	Mar 1 – Mar 15	Aug 30 – Sep 20
Broccoli	Feb 1 – Feb 15	Mar 15 – Mar 29	—	Aug 2 – Aug 23
Cabbage	Feb 1 – Feb 15	Mar 8 – Mar 22	—	Aug 2 – Aug 23
Cauliflower	Feb 1 – Feb 15	Mar 15 – Mar 29	—	Aug 2 – Aug 23
Okra	Feb 15 – Mar 1	Apr 19 – May 3	Apr 19 – May 3	—
Basil	Feb 15 – Mar 1	Apr 5 – Apr 19	—	—
Peas	—	—	Feb 15 – Mar 8	Aug 16 – Sep 6
Spinach	—	—	Feb 15 – Mar 8	Sep 13 – Oct 4
Radishes	—	—	Feb 22 – Apr 5	Sep 27 – Oct 18
Cucumbers	Mar 1 – Mar 8	Apr 12 – Apr 19	Apr 5 – Apr 19	Aug 23 – Sep 6
Zucchini & Summer Squash	Mar 1 – Mar 8	—	Apr 5 – Apr 19	Aug 30 – Sep 13
Winter Squash & Pumpkins	Mar 1 – Mar 8	—	Apr 5 – Apr 19	—
Melons & Watermelon	Mar 1 – Mar 8	Apr 12 – Apr 26	—	—
Carrots	—	—	Mar 8 – Apr 5	Aug 16 – Aug 30
Beets	—	—	Mar 8 – Apr 5	Aug 30 – Sep 13
Potatoes	—	—	Mar 8 – Mar 29	—
Swiss Chard	—	—	Mar 15 – Apr 12	Aug 30 – Sep 13
Cilantro	—	—	Mar 15 – Apr 5	Sep 13 – Oct 4
Green Beans	—	—	Apr 5 – Apr 26	Aug 23 – Sep 6
Sweet Corn	—	—	Apr 5 – Apr 19	—
Sweet Potatoes	—	Apr 12 – May 3	—	—
Garlic	—	—	—	Oct 25 – Nov 29

Wait until after Apr 11 (only a 10% chance of frost) to plant out the most frost-tender crops: tomatoes, peppers, basil, melons.