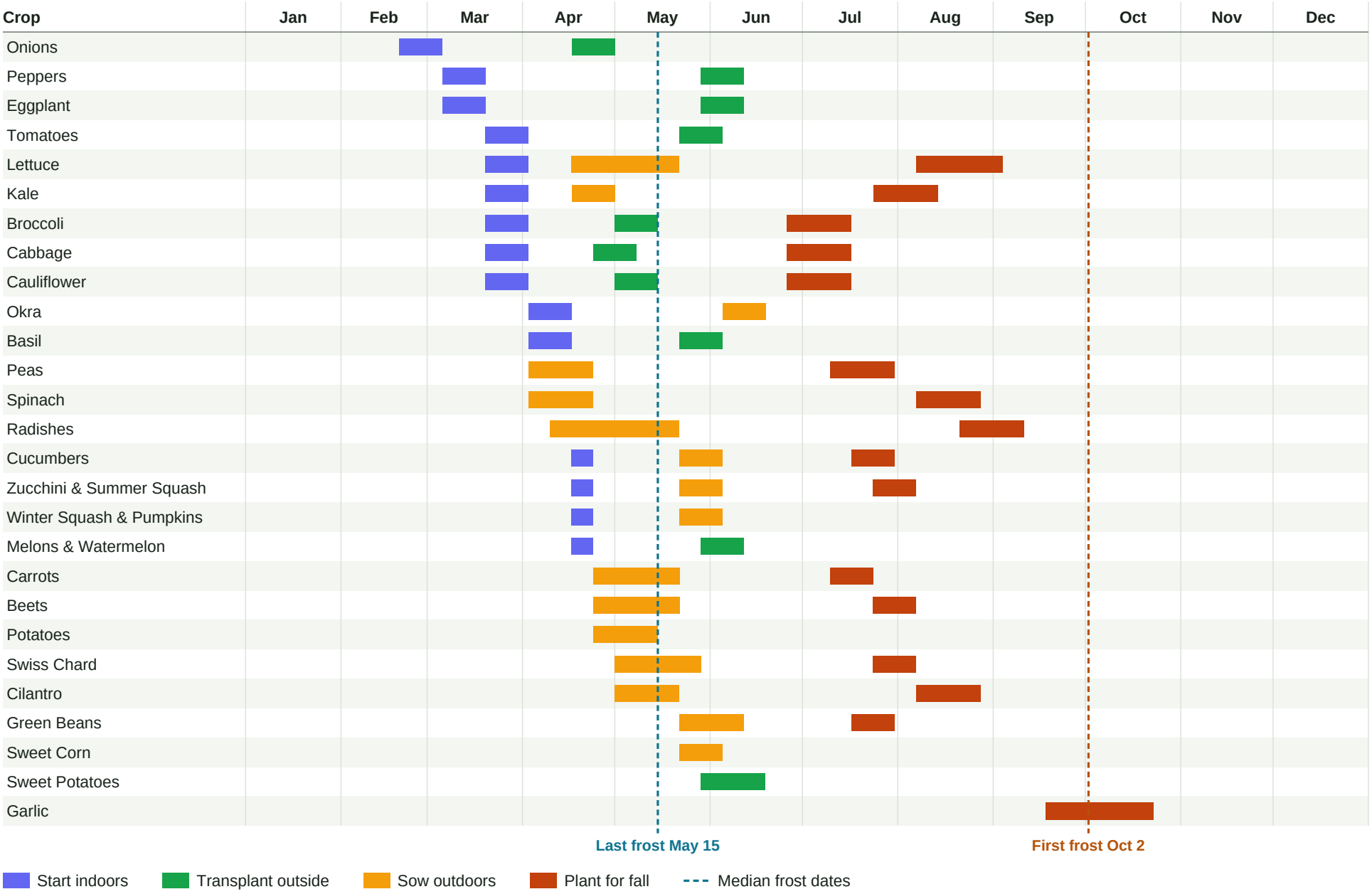
Bowdoin, ME planting calendar

Median last frost May 15 (10% chance of frost after May 28) · Median first frost Oct 2 · 140-day growing season · Zone 5b



Bowdoin, ME planting dates

Median last frost May 15 (10% chance of frost after May 28) · Median first frost Oct 2 · 140-day growing season · Zone 5b

Crop	Start indoors	Transplant outside	Sow outdoors	Plant for fall
Onions	Feb 20 – Mar 6	Apr 17 – May 1	—	—
Peppers	Mar 6 – Mar 20	May 29 – Jun 12	—	—
Eggplant	Mar 6 – Mar 20	May 29 – Jun 12	—	—
Tomatoes	Mar 20 – Apr 3	May 22 – Jun 5	—	—
Lettuce	Mar 20 – Apr 3	Apr 24 – May 8	Apr 17 – May 22	Aug 7 – Sep 4
Kale	Mar 20 – Apr 3	Apr 17 – May 1	Apr 17 – May 1	Jul 24 – Aug 14
Broccoli	Mar 20 – Apr 3	May 1 – May 15	—	Jun 26 – Jul 17
Cabbage	Mar 20 – Apr 3	Apr 24 – May 8	—	Jun 26 – Jul 17
Cauliflower	Mar 20 – Apr 3	May 1 – May 15	—	Jun 26 – Jul 17
Okra	Apr 3 – Apr 17	Jun 5 – Jun 19	Jun 5 – Jun 19	—
Basil	Apr 3 – Apr 17	May 22 – Jun 5	—	—
Peas	—	—	Apr 3 – Apr 24	Jul 10 – Jul 31
Spinach	—	—	Apr 3 – Apr 24	Aug 7 – Aug 28
Radishes	—	—	Apr 10 – May 22	Aug 21 – Sep 11
Cucumbers	Apr 17 – Apr 24	May 29 – Jun 5	May 22 – Jun 5	Jul 17 – Jul 31
Zucchini & Summer Squash	Apr 17 – Apr 24	—	May 22 – Jun 5	Jul 24 – Aug 7
Winter Squash & Pumpkins	Apr 17 – Apr 24	—	May 22 – Jun 5	—
Melons & Watermelon	Apr 17 – Apr 24	May 29 – Jun 12	—	—
Carrots	—	—	Apr 24 – May 22	Jul 10 – Jul 24
Beets	—	—	Apr 24 – May 22	Jul 24 – Aug 7
Potatoes	—	—	Apr 24 – May 15	—
Swiss Chard	—	—	May 1 – May 29	Jul 24 – Aug 7
Cilantro	—	—	May 1 – May 22	Aug 7 – Aug 28
Green Beans	—	—	May 22 – Jun 12	Jul 17 – Jul 31
Sweet Corn	—	—	May 22 – Jun 5	—
Sweet Potatoes	—	May 29 – Jun 19	—	—
Garlic	—	—	—	Sep 18 – Oct 23

Wait until after May 28 (only a 10% chance of frost) to plant out the most frost-tender crops: tomatoes, peppers, basil, melons.