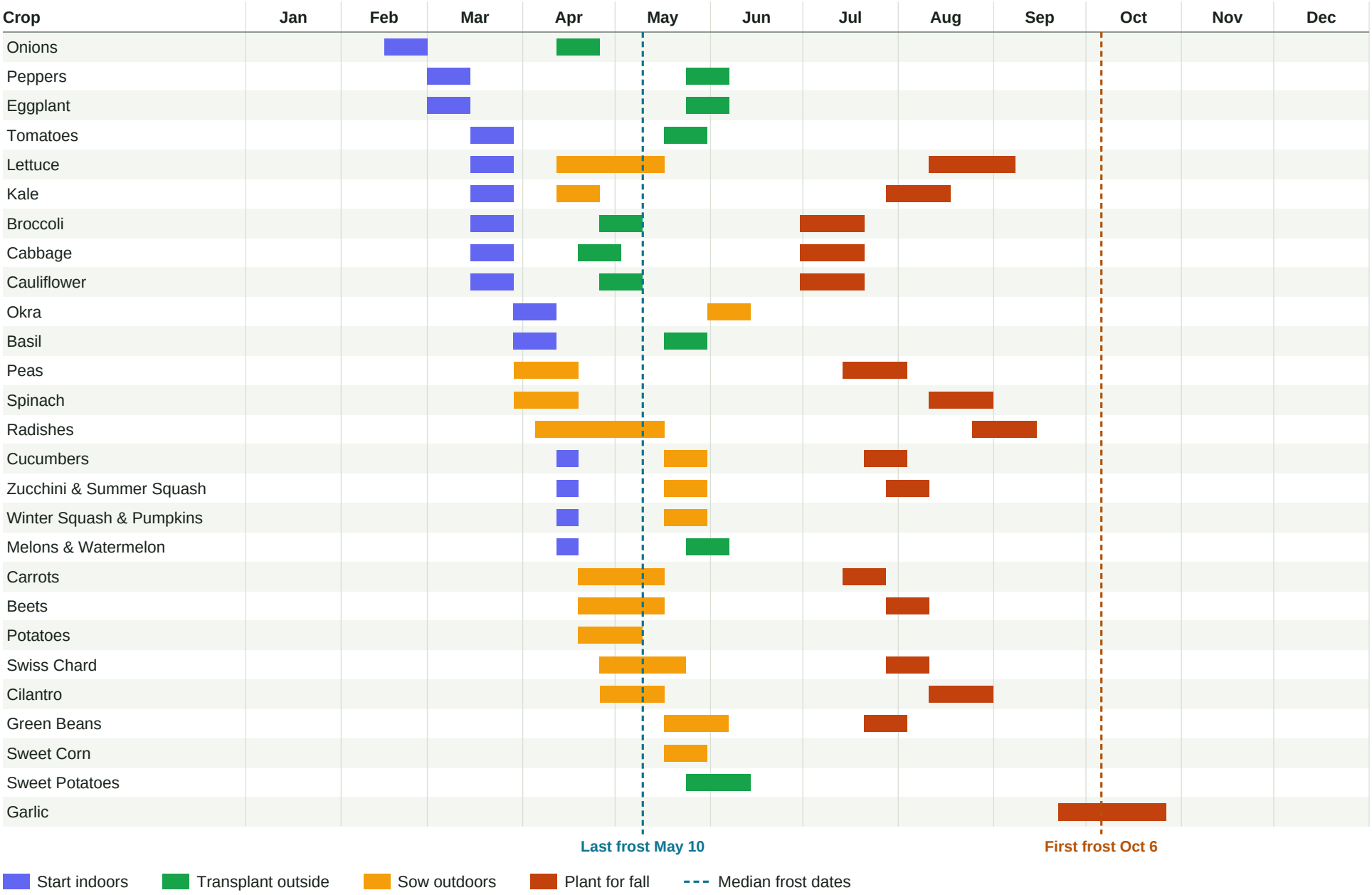
Bowdoinham, ME planting calendar

Median last frost May 10 (10% chance of frost after May 23) · Median first frost Oct 6 · 149-day growing season · Zone 5b



Bowdoinham, ME planting dates

Median last frost May 10 (10% chance of frost after May 23) · Median first frost Oct 6 · 149-day growing season · Zone 5b

Crop	Start indoors	Transplant outside	Sow outdoors	Plant for fall
Onions	Feb 15 – Mar 1	Apr 12 – Apr 26	—	—
Peppers	Mar 1 – Mar 15	May 24 – Jun 7	—	—
Eggplant	Mar 1 – Mar 15	May 24 – Jun 7	—	—
Tomatoes	Mar 15 – Mar 29	May 17 – May 31	—	—
Lettuce	Mar 15 – Mar 29	Apr 19 – May 3	Apr 12 – May 17	Aug 11 – Sep 8
Kale	Mar 15 – Mar 29	Apr 12 – Apr 26	Apr 12 – Apr 26	Jul 28 – Aug 18
Broccoli	Mar 15 – Mar 29	Apr 26 – May 10	—	Jun 30 – Jul 21
Cabbage	Mar 15 – Mar 29	Apr 19 – May 3	—	Jun 30 – Jul 21
Cauliflower	Mar 15 – Mar 29	Apr 26 – May 10	—	Jun 30 – Jul 21
Okra	Mar 29 – Apr 12	May 31 – Jun 14	May 31 – Jun 14	—
Basil	Mar 29 – Apr 12	May 17 – May 31	—	—
Peas	—	—	Mar 29 – Apr 19	Jul 14 – Aug 4
Spinach	—	—	Mar 29 – Apr 19	Aug 11 – Sep 1
Radishes	—	—	Apr 5 – May 17	Aug 25 – Sep 15
Cucumbers	Apr 12 – Apr 19	May 24 – May 31	May 17 – May 31	Jul 21 – Aug 4
Zucchini & Summer Squash	Apr 12 – Apr 19	—	May 17 – May 31	Jul 28 – Aug 11
Winter Squash & Pumpkins	Apr 12 – Apr 19	—	May 17 – May 31	—
Melons & Watermelon	Apr 12 – Apr 19	May 24 – Jun 7	—	—
Carrots	—	—	Apr 19 – May 17	Jul 14 – Jul 28
Beets	—	—	Apr 19 – May 17	Jul 28 – Aug 11
Potatoes	—	—	Apr 19 – May 10	—
Swiss Chard	—	—	Apr 26 – May 24	Jul 28 – Aug 11
Cilantro	—	—	Apr 26 – May 17	Aug 11 – Sep 1
Green Beans	—	—	May 17 – Jun 7	Jul 21 – Aug 4
Sweet Corn	—	—	May 17 – May 31	—
Sweet Potatoes	—	May 24 – Jun 14	—	—
Garlic	—	—	—	Sep 22 – Oct 27

Wait until after May 23 (only a 10% chance of frost) to plant out the most frost-tender crops: tomatoes, peppers, basil, melons.