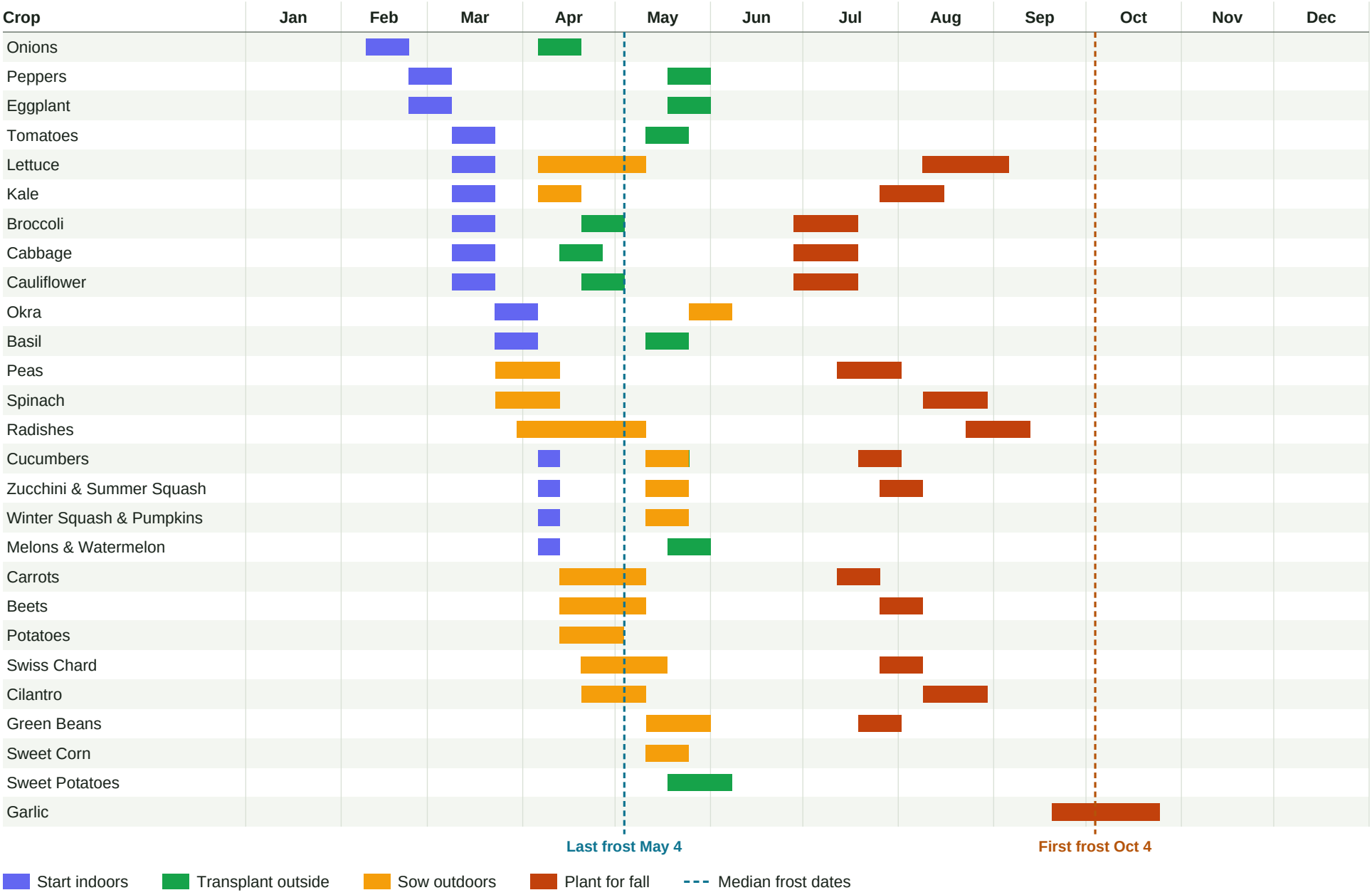
Carmel, ME planting calendar

Median last frost May 4 (10% chance of frost after May 17) · Median first frost Oct 4 · 153-day growing season · Zone 5a



Carmel, ME planting dates

Median last frost May 4 (10% chance of frost after May 17) · Median first frost Oct 4 · 153-day growing season · Zone 5a

Crop	Start indoors	Transplant outside	Sow outdoors	Plant for fall
Onions	Feb 9 – Feb 23	Apr 6 – Apr 20	—	—
Peppers	Feb 23 – Mar 9	May 18 – Jun 1	—	—
Eggplant	Feb 23 – Mar 9	May 18 – Jun 1	—	—
Tomatoes	Mar 9 – Mar 23	May 11 – May 25	—	—
Lettuce	Mar 9 – Mar 23	Apr 13 – Apr 27	Apr 6 – May 11	Aug 9 – Sep 6
Kale	Mar 9 – Mar 23	Apr 6 – Apr 20	Apr 6 – Apr 20	Jul 26 – Aug 16
Broccoli	Mar 9 – Mar 23	Apr 20 – May 4	—	Jun 28 – Jul 19
Cabbage	Mar 9 – Mar 23	Apr 13 – Apr 27	—	Jun 28 – Jul 19
Cauliflower	Mar 9 – Mar 23	Apr 20 – May 4	—	Jun 28 – Jul 19
Okra	Mar 23 – Apr 6	May 25 – Jun 8	May 25 – Jun 8	—
Basil	Mar 23 – Apr 6	May 11 – May 25	—	—
Peas	—	—	Mar 23 – Apr 13	Jul 12 – Aug 2
Spinach	—	—	Mar 23 – Apr 13	Aug 9 – Aug 30
Radishes	—	—	Mar 30 – May 11	Aug 23 – Sep 13
Cucumbers	Apr 6 – Apr 13	May 18 – May 25	May 11 – May 25	Jul 19 – Aug 2
Zucchini & Summer Squash	Apr 6 – Apr 13	—	May 11 – May 25	Jul 26 – Aug 9
Winter Squash & Pumpkins	Apr 6 – Apr 13	—	May 11 – May 25	—
Melons & Watermelon	Apr 6 – Apr 13	May 18 – Jun 1	—	—
Carrots	—	—	Apr 13 – May 11	Jul 12 – Jul 26
Beets	—	—	Apr 13 – May 11	Jul 26 – Aug 9
Potatoes	—	—	Apr 13 – May 4	—
Swiss Chard	—	—	Apr 20 – May 18	Jul 26 – Aug 9
Cilantro	—	—	Apr 20 – May 11	Aug 9 – Aug 30
Green Beans	—	—	May 11 – Jun 1	Jul 19 – Aug 2
Sweet Corn	—	—	May 11 – May 25	—
Sweet Potatoes	—	May 18 – Jun 8	—	—
Garlic	—	—	—	Sep 20 – Oct 25

Wait until after May 17 (only a 10% chance of frost) to plant out the most frost-tender crops: tomatoes, peppers, basil, melons.