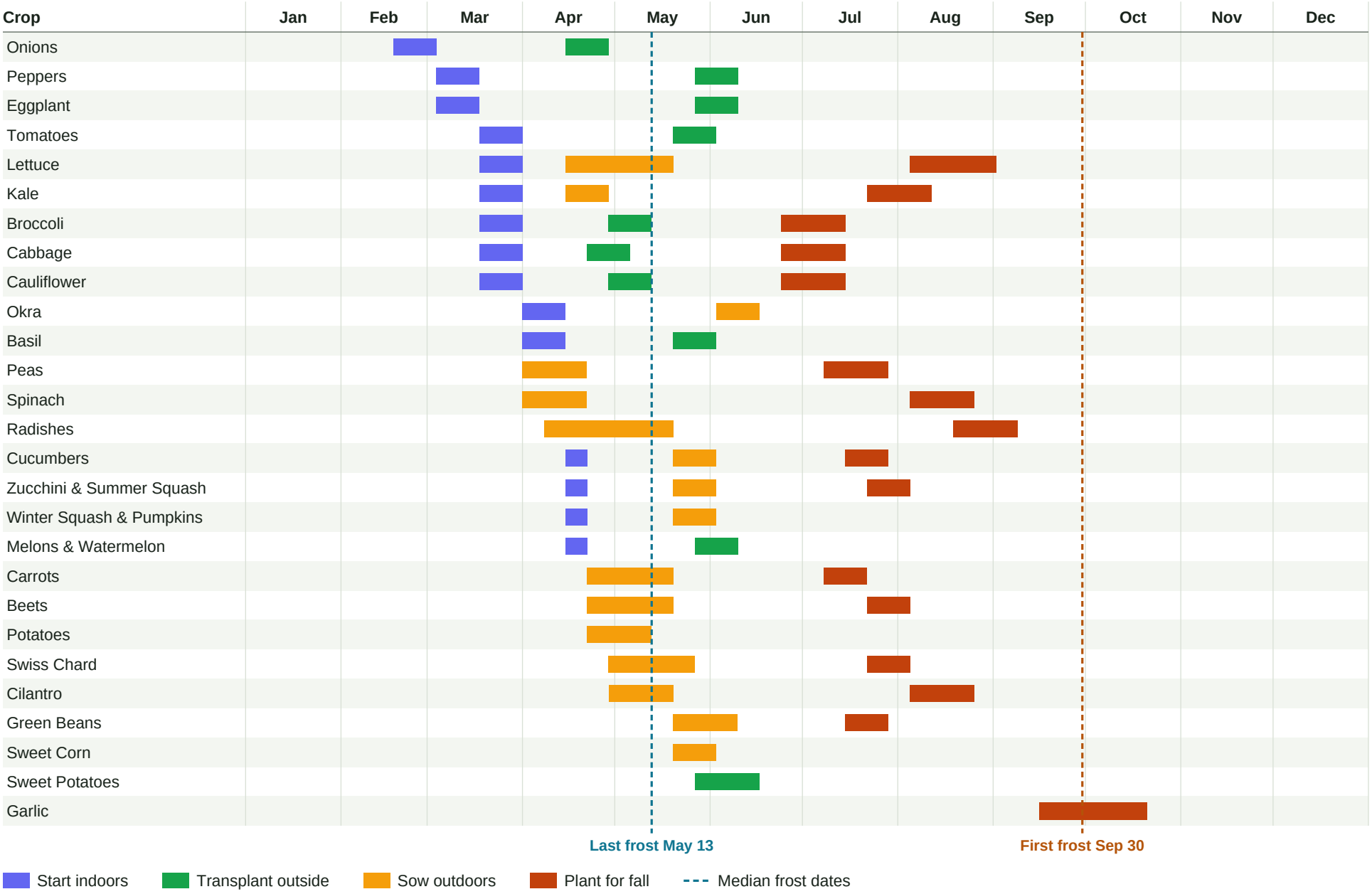
Island Falls, ME planting calendar

Median last frost May 13 (10% chance of frost after May 30) · Median first frost Sep 30 · 140-day growing season · Zone 4b



Island Falls, ME planting dates

Median last frost May 13 (10% chance of frost after May 30) · Median first frost Sep 30 · 140-day growing season · Zone 4b

Crop	Start indoors	Transplant outside	Sow outdoors	Plant for fall
Onions	Feb 18 – Mar 4	Apr 15 – Apr 29	—	—
Peppers	Mar 4 – Mar 18	May 27 – Jun 10	—	—
Eggplant	Mar 4 – Mar 18	May 27 – Jun 10	—	—
Tomatoes	Mar 18 – Apr 1	May 20 – Jun 3	—	—
Lettuce	Mar 18 – Apr 1	Apr 22 – May 6	Apr 15 – May 20	Aug 5 – Sep 2
Kale	Mar 18 – Apr 1	Apr 15 – Apr 29	Apr 15 – Apr 29	Jul 22 – Aug 12
Broccoli	Mar 18 – Apr 1	Apr 29 – May 13	—	Jun 24 – Jul 15
Cabbage	Mar 18 – Apr 1	Apr 22 – May 6	—	Jun 24 – Jul 15
Cauliflower	Mar 18 – Apr 1	Apr 29 – May 13	—	Jun 24 – Jul 15
Okra	Apr 1 – Apr 15	Jun 3 – Jun 17	Jun 3 – Jun 17	—
Basil	Apr 1 – Apr 15	May 20 – Jun 3	—	—
Peas	—	—	Apr 1 – Apr 22	Jul 8 – Jul 29
Spinach	—	—	Apr 1 – Apr 22	Aug 5 – Aug 26
Radishes	—	—	Apr 8 – May 20	Aug 19 – Sep 9
Cucumbers	Apr 15 – Apr 22	May 27 – Jun 3	May 20 – Jun 3	Jul 15 – Jul 29
Zucchini & Summer Squash	Apr 15 – Apr 22	—	May 20 – Jun 3	Jul 22 – Aug 5
Winter Squash & Pumpkins	Apr 15 – Apr 22	—	May 20 – Jun 3	—
Melons & Watermelon	Apr 15 – Apr 22	May 27 – Jun 10	—	—
Carrots	—	—	Apr 22 – May 20	Jul 8 – Jul 22
Beets	—	—	Apr 22 – May 20	Jul 22 – Aug 5
Potatoes	—	—	Apr 22 – May 13	—
Swiss Chard	—	—	Apr 29 – May 27	Jul 22 – Aug 5
Cilantro	—	—	Apr 29 – May 20	Aug 5 – Aug 26
Green Beans	—	—	May 20 – Jun 10	Jul 15 – Jul 29
Sweet Corn	—	—	May 20 – Jun 3	—
Sweet Potatoes	—	May 27 – Jun 17	—	—
Garlic	—	—	—	Sep 16 – Oct 21

Wait until after May 30 (only a 10% chance of frost) to plant out the most frost-tender crops: tomatoes, peppers, basil, melons.