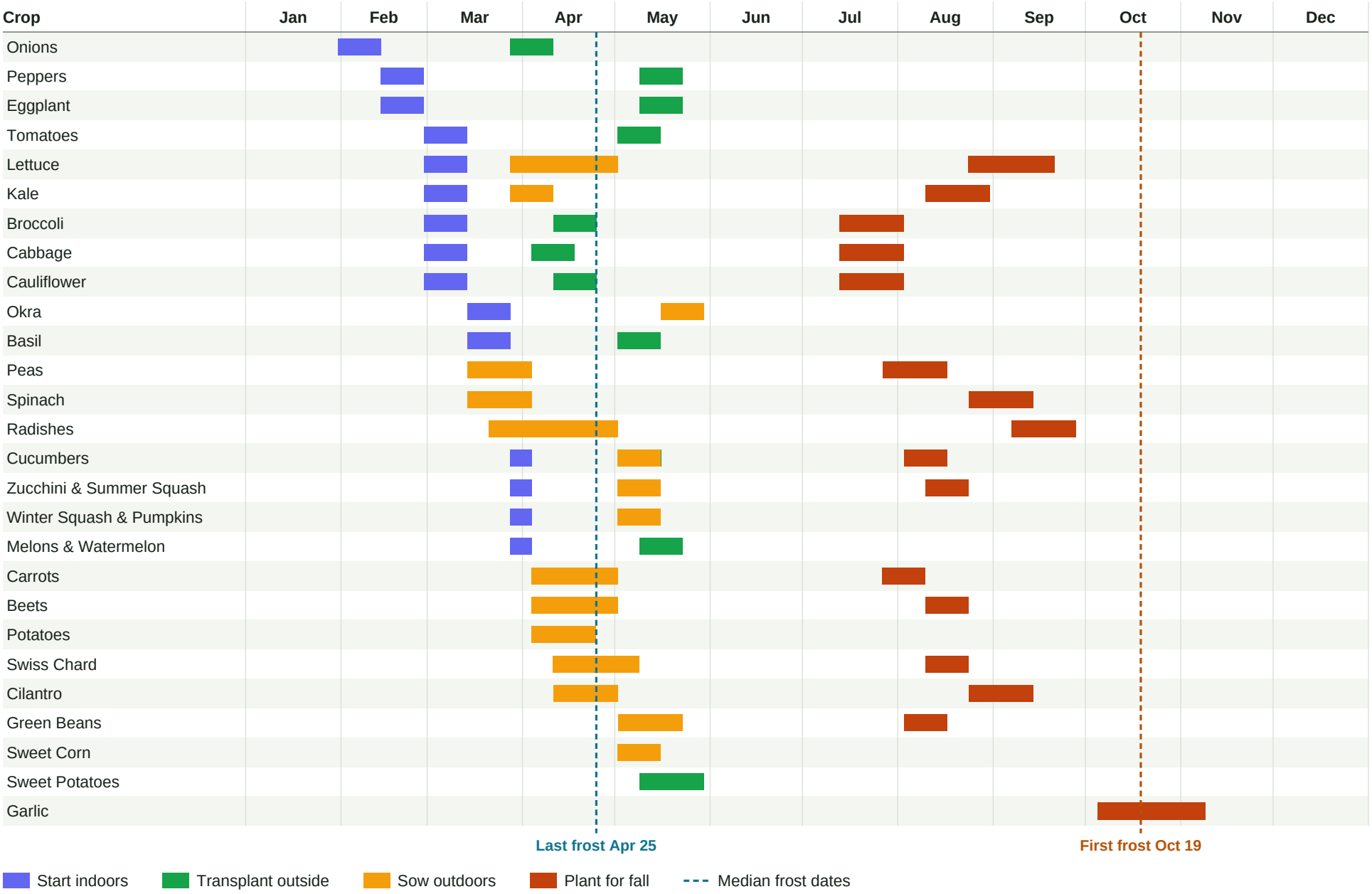
Lewiston, ME planting calendar

Median last frost Apr 25 (10% chance of frost after May 6) · Median first frost Oct 19 · 177-day growing season · Zone 5b



Lewiston, ME planting dates

Median last frost Apr 25 (10% chance of frost after May 6) · Median first frost Oct 19 · 177-day growing season · Zone 5b

Crop	Start indoors	Transplant outside	Sow outdoors	Plant for fall
Onions	Jan 31 – Feb 14	Mar 28 – Apr 11	—	—
Peppers	Feb 14 – Feb 28	May 9 – May 23	—	—
Eggplant	Feb 14 – Feb 28	May 9 – May 23	—	—
Tomatoes	Feb 28 – Mar 14	May 2 – May 16	—	—
Lettuce	Feb 28 – Mar 14	Apr 4 – Apr 18	Mar 28 – May 2	Aug 24 – Sep 21
Kale	Feb 28 – Mar 14	Mar 28 – Apr 11	Mar 28 – Apr 11	Aug 10 – Aug 31
Broccoli	Feb 28 – Mar 14	Apr 11 – Apr 25	—	Jul 13 – Aug 3
Cabbage	Feb 28 – Mar 14	Apr 4 – Apr 18	—	Jul 13 – Aug 3
Cauliflower	Feb 28 – Mar 14	Apr 11 – Apr 25	—	Jul 13 – Aug 3
Okra	Mar 14 – Mar 28	May 16 – May 30	May 16 – May 30	—
Basil	Mar 14 – Mar 28	May 2 – May 16	—	—
Peas	—	—	Mar 14 – Apr 4	Jul 27 – Aug 17
Spinach	—	—	Mar 14 – Apr 4	Aug 24 – Sep 14
Radishes	—	—	Mar 21 – May 2	Sep 7 – Sep 28
Cucumbers	Mar 28 – Apr 4	May 9 – May 16	May 2 – May 16	Aug 3 – Aug 17
Zucchini & Summer Squash	Mar 28 – Apr 4	—	May 2 – May 16	Aug 10 – Aug 24
Winter Squash & Pumpkins	Mar 28 – Apr 4	—	May 2 – May 16	—
Melons & Watermelon	Mar 28 – Apr 4	May 9 – May 23	—	—
Carrots	—	—	Apr 4 – May 2	Jul 27 – Aug 10
Beets	—	—	Apr 4 – May 2	Aug 10 – Aug 24
Potatoes	—	—	Apr 4 – Apr 25	—
Swiss Chard	—	—	Apr 11 – May 9	Aug 10 – Aug 24
Cilantro	—	—	Apr 11 – May 2	Aug 24 – Sep 14
Green Beans	—	—	May 2 – May 23	Aug 3 – Aug 17
Sweet Corn	—	—	May 2 – May 16	—
Sweet Potatoes	—	May 9 – May 30	—	—
Garlic	—	—	—	Oct 5 – Nov 9

Wait until after May 6 (only a 10% chance of frost) to plant out the most frost-tender crops: tomatoes, peppers, basil, melons.