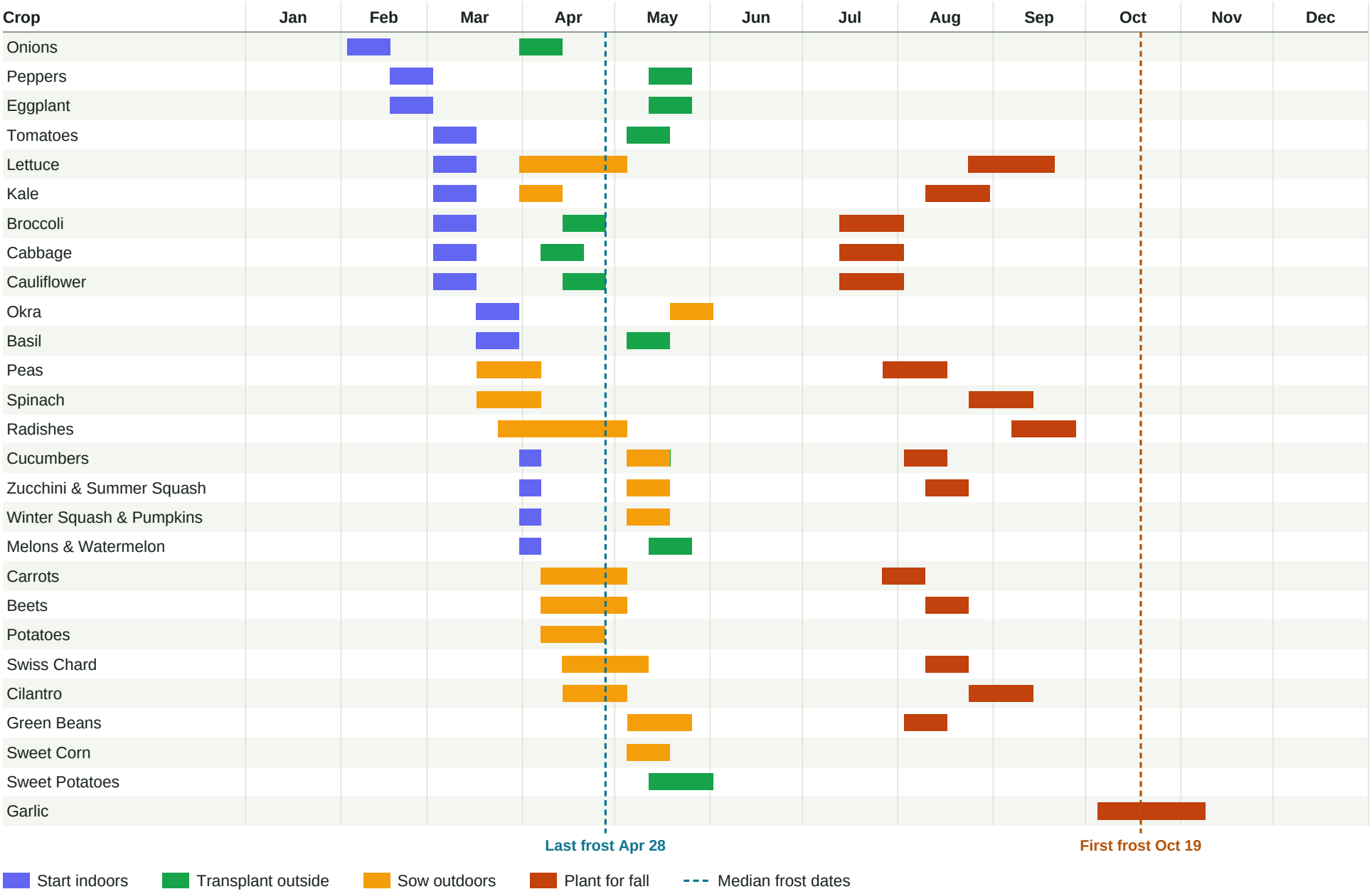
Pownal, ME planting calendar

Median last frost Apr 28 (10% chance of frost after May 10) · Median first frost Oct 19 · 174-day growing season · Zone 5b



Pownal, ME planting dates

Median last frost Apr 28 (10% chance of frost after May 10) · Median first frost Oct 19 · 174-day growing season · Zone 5b

Crop	Start indoors	Transplant outside	Sow outdoors	Plant for fall
Onions	Feb 3 – Feb 17	Mar 31 – Apr 14	—	—
Peppers	Feb 17 – Mar 3	May 12 – May 26	—	—
Eggplant	Feb 17 – Mar 3	May 12 – May 26	—	—
Tomatoes	Mar 3 – Mar 17	May 5 – May 19	—	—
Lettuce	Mar 3 – Mar 17	Apr 7 – Apr 21	Mar 31 – May 5	Aug 24 – Sep 21
Kale	Mar 3 – Mar 17	Mar 31 – Apr 14	Mar 31 – Apr 14	Aug 10 – Aug 31
Broccoli	Mar 3 – Mar 17	Apr 14 – Apr 28	—	Jul 13 – Aug 3
Cabbage	Mar 3 – Mar 17	Apr 7 – Apr 21	—	Jul 13 – Aug 3
Cauliflower	Mar 3 – Mar 17	Apr 14 – Apr 28	—	Jul 13 – Aug 3
Okra	Mar 17 – Mar 31	May 19 – Jun 2	May 19 – Jun 2	—
Basil	Mar 17 – Mar 31	May 5 – May 19	—	—
Peas	—	—	Mar 17 – Apr 7	Jul 27 – Aug 17
Spinach	—	—	Mar 17 – Apr 7	Aug 24 – Sep 14
Radishes	—	—	Mar 24 – May 5	Sep 7 – Sep 28
Cucumbers	Mar 31 – Apr 7	May 12 – May 19	May 5 – May 19	Aug 3 – Aug 17
Zucchini & Summer Squash	Mar 31 – Apr 7	—	May 5 – May 19	Aug 10 – Aug 24
Winter Squash & Pumpkins	Mar 31 – Apr 7	—	May 5 – May 19	—
Melons & Watermelon	Mar 31 – Apr 7	May 12 – May 26	—	—
Carrots	—	—	Apr 7 – May 5	Jul 27 – Aug 10
Beets	—	—	Apr 7 – May 5	Aug 10 – Aug 24
Potatoes	—	—	Apr 7 – Apr 28	—
Swiss Chard	—	—	Apr 14 – May 12	Aug 10 – Aug 24
Cilantro	—	—	Apr 14 – May 5	Aug 24 – Sep 14
Green Beans	—	—	May 5 – May 26	Aug 3 – Aug 17
Sweet Corn	—	—	May 5 – May 19	—
Sweet Potatoes	—	May 12 – Jun 2	—	—
Garlic	—	—	—	Oct 5 – Nov 9

Wait until after May 10 (only a 10% chance of frost) to plant out the most frost-tender crops: tomatoes, peppers, basil, melons.