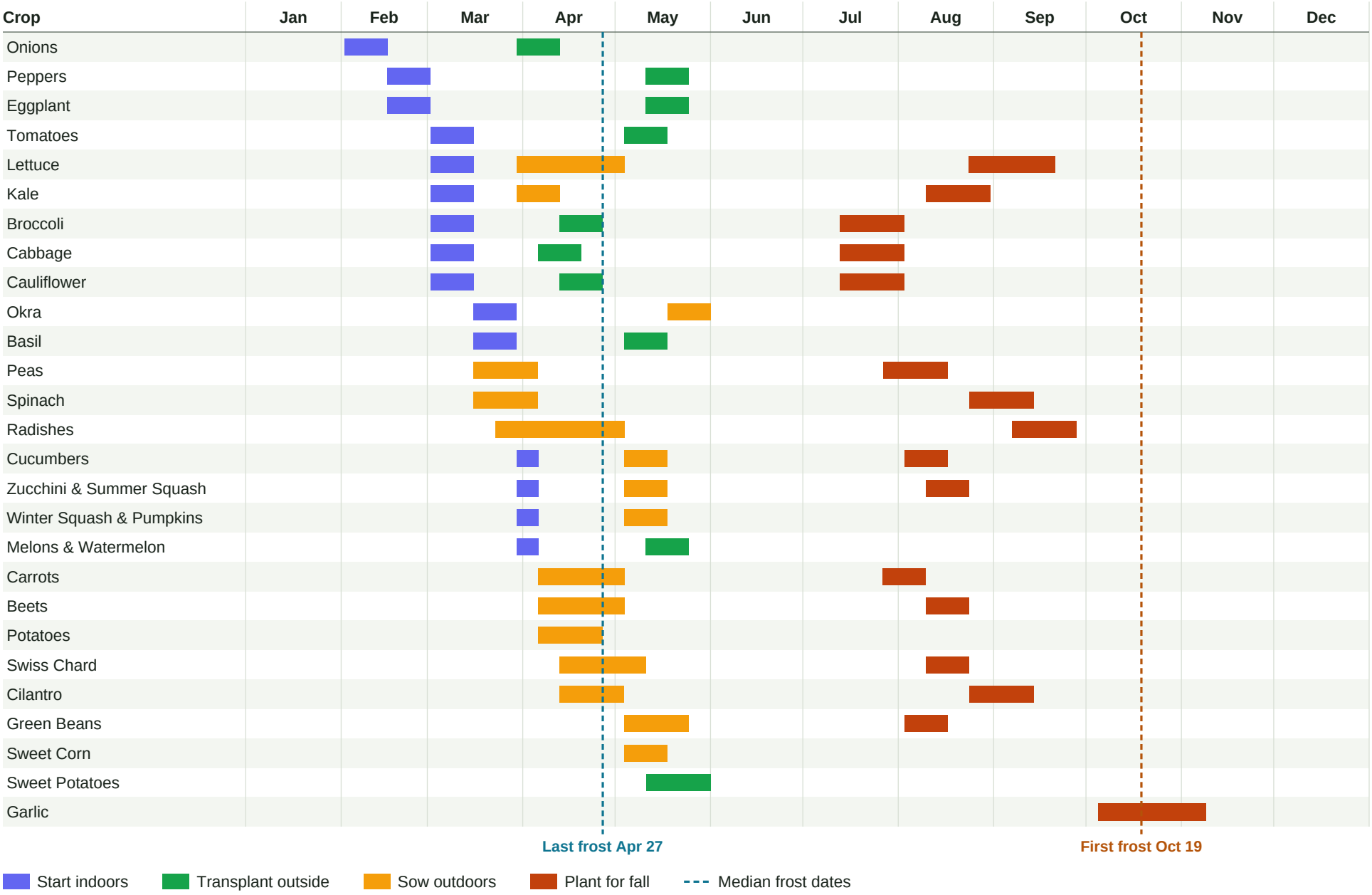
Rockland, ME planting calendar

Median last frost Apr 27 (10% chance of frost after May 9) · Median first frost Oct 19 · 175-day growing season · Zone 6a



Rockland, ME planting dates

Median last frost Apr 27 (10% chance of frost after May 9) · Median first frost Oct 19 · 175-day growing season · Zone 6a

Crop	Start indoors	Transplant outside	Sow outdoors	Plant for fall
Onions	Feb 2 – Feb 16	Mar 30 – Apr 13	—	—
Peppers	Feb 16 – Mar 2	May 11 – May 25	—	—
Eggplant	Feb 16 – Mar 2	May 11 – May 25	—	—
Tomatoes	Mar 2 – Mar 16	May 4 – May 18	—	—
Lettuce	Mar 2 – Mar 16	Apr 6 – Apr 20	Mar 30 – May 4	Aug 24 – Sep 21
Kale	Mar 2 – Mar 16	Mar 30 – Apr 13	Mar 30 – Apr 13	Aug 10 – Aug 31
Broccoli	Mar 2 – Mar 16	Apr 13 – Apr 27	—	Jul 13 – Aug 3
Cabbage	Mar 2 – Mar 16	Apr 6 – Apr 20	—	Jul 13 – Aug 3
Cauliflower	Mar 2 – Mar 16	Apr 13 – Apr 27	—	Jul 13 – Aug 3
Okra	Mar 16 – Mar 30	May 18 – Jun 1	May 18 – Jun 1	—
Basil	Mar 16 – Mar 30	May 4 – May 18	—	—
Peas	—	—	Mar 16 – Apr 6	Jul 27 – Aug 17
Spinach	—	—	Mar 16 – Apr 6	Aug 24 – Sep 14
Radishes	—	—	Mar 23 – May 4	Sep 7 – Sep 28
Cucumbers	Mar 30 – Apr 6	May 11 – May 18	May 4 – May 18	Aug 3 – Aug 17
Zucchini & Summer Squash	Mar 30 – Apr 6	—	May 4 – May 18	Aug 10 – Aug 24
Winter Squash & Pumpkins	Mar 30 – Apr 6	—	May 4 – May 18	—
Melons & Watermelon	Mar 30 – Apr 6	May 11 – May 25	—	—
Carrots	—	—	Apr 6 – May 4	Jul 27 – Aug 10
Beets	—	—	Apr 6 – May 4	Aug 10 – Aug 24
Potatoes	—	—	Apr 6 – Apr 27	—
Swiss Chard	—	—	Apr 13 – May 11	Aug 10 – Aug 24
Cilantro	—	—	Apr 13 – May 4	Aug 24 – Sep 14
Green Beans	—	—	May 4 – May 25	Aug 3 – Aug 17
Sweet Corn	—	—	May 4 – May 18	—
Sweet Potatoes	—	May 11 – Jun 1	—	—
Garlic	—	—	—	Oct 5 – Nov 9

Wait until after May 9 (only a 10% chance of frost) to plant out the most frost-tender crops: tomatoes, peppers, basil, melons.