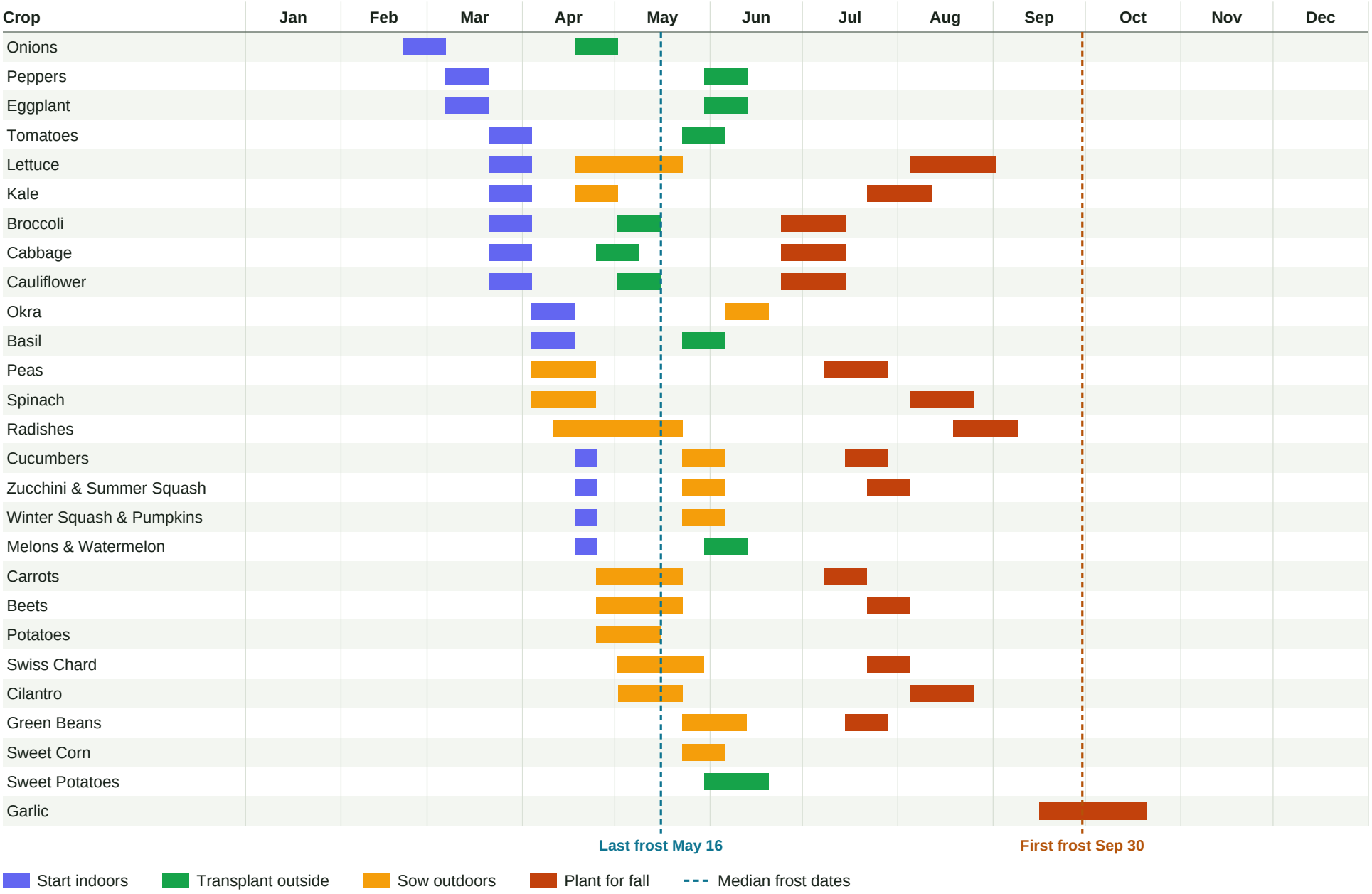
Sanford, ME planting calendar

Median last frost May 16 (10% chance of frost after May 29) · Median first frost Sep 30 · 137-day growing season · Zone 5b



Sanford, ME planting dates

Median last frost May 16 (10% chance of frost after May 29) · Median first frost Sep 30 · 137-day growing season · Zone 5b

Crop	Start indoors	Transplant outside	Sow outdoors	Plant for fall
Onions	Feb 21 – Mar 7	Apr 18 – May 2	—	—
Peppers	Mar 7 – Mar 21	May 30 – Jun 13	—	—
Eggplant	Mar 7 – Mar 21	May 30 – Jun 13	—	—
Tomatoes	Mar 21 – Apr 4	May 23 – Jun 6	—	—
Lettuce	Mar 21 – Apr 4	Apr 25 – May 9	Apr 18 – May 23	Aug 5 – Sep 2
Kale	Mar 21 – Apr 4	Apr 18 – May 2	Apr 18 – May 2	Jul 22 – Aug 12
Broccoli	Mar 21 – Apr 4	May 2 – May 16	—	Jun 24 – Jul 15
Cabbage	Mar 21 – Apr 4	Apr 25 – May 9	—	Jun 24 – Jul 15
Cauliflower	Mar 21 – Apr 4	May 2 – May 16	—	Jun 24 – Jul 15
Okra	Apr 4 – Apr 18	Jun 6 – Jun 20	Jun 6 – Jun 20	—
Basil	Apr 4 – Apr 18	May 23 – Jun 6	—	—
Peas	—	—	Apr 4 – Apr 25	Jul 8 – Jul 29
Spinach	—	—	Apr 4 – Apr 25	Aug 5 – Aug 26
Radishes	—	—	Apr 11 – May 23	Aug 19 – Sep 9
Cucumbers	Apr 18 – Apr 25	May 30 – Jun 6	May 23 – Jun 6	Jul 15 – Jul 29
Zucchini & Summer Squash	Apr 18 – Apr 25	—	May 23 – Jun 6	Jul 22 – Aug 5
Winter Squash & Pumpkins	Apr 18 – Apr 25	—	May 23 – Jun 6	—
Melons & Watermelon	Apr 18 – Apr 25	May 30 – Jun 13	—	—
Carrots	—	—	Apr 25 – May 23	Jul 8 – Jul 22
Beets	—	—	Apr 25 – May 23	Jul 22 – Aug 5
Potatoes	—	—	Apr 25 – May 16	—
Swiss Chard	—	—	May 2 – May 30	Jul 22 – Aug 5
Cilantro	—	—	May 2 – May 23	Aug 5 – Aug 26
Green Beans	—	—	May 23 – Jun 13	Jul 15 – Jul 29
Sweet Corn	—	—	May 23 – Jun 6	—
Sweet Potatoes	—	May 30 – Jun 20	—	—
Garlic	—	—	—	Sep 16 – Oct 21

Wait until after May 29 (only a 10% chance of frost) to plant out the most frost-tender crops: tomatoes, peppers, basil, melons.