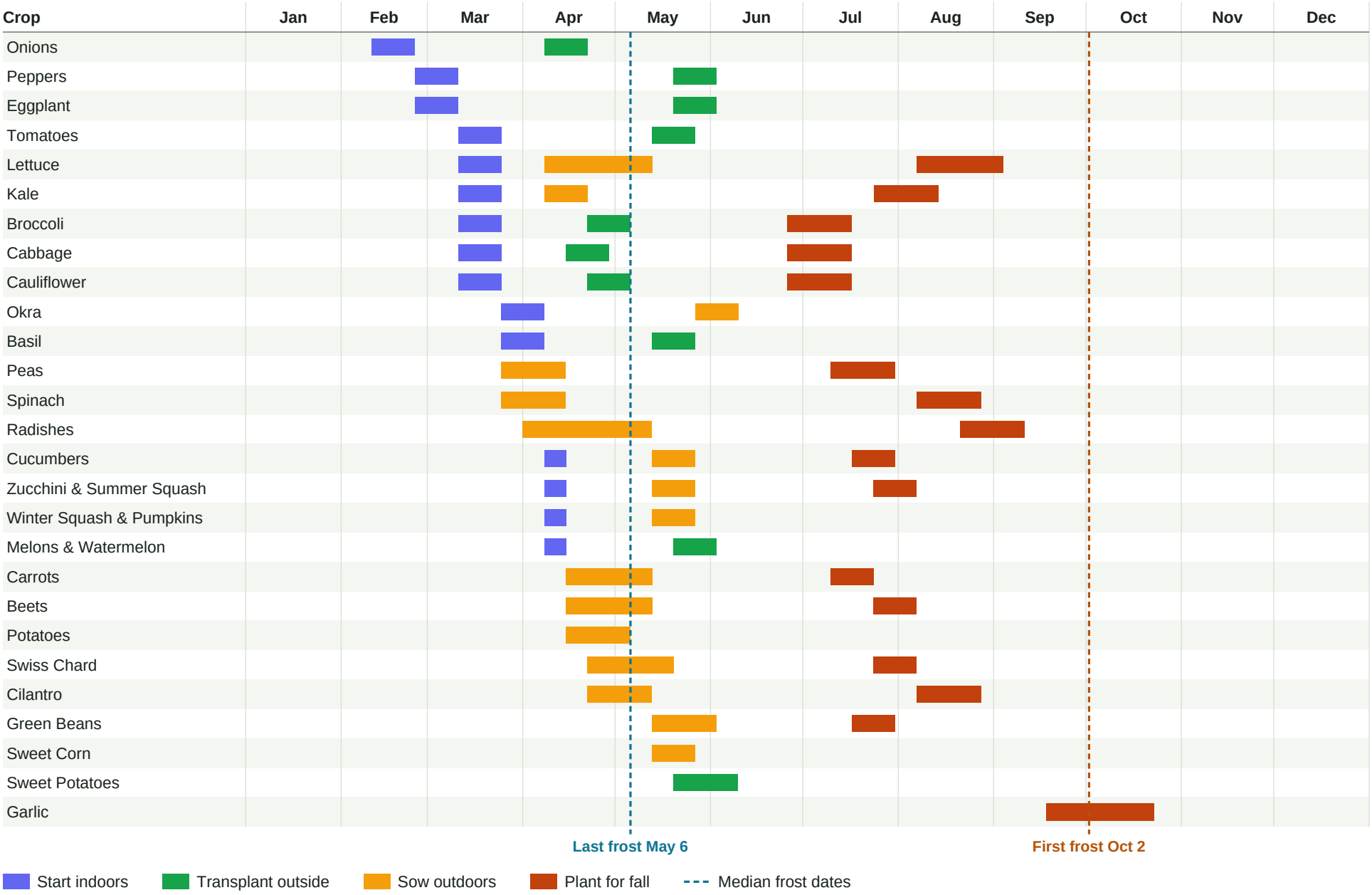
Sinclair, ME planting calendar

Median last frost May 6 (10% chance of frost after May 21) · Median first frost Oct 2 · 149-day growing season · Zone 4a



Sinclair, ME planting dates

Median last frost May 6 (10% chance of frost after May 21) · Median first frost Oct 2 · 149-day growing season · Zone 4a

Crop	Start indoors	Transplant outside	Sow outdoors	Plant for fall
Onions	Feb 11 – Feb 25	Apr 8 – Apr 22	—	—
Peppers	Feb 25 – Mar 11	May 20 – Jun 3	—	—
Eggplant	Feb 25 – Mar 11	May 20 – Jun 3	—	—
Tomatoes	Mar 11 – Mar 25	May 13 – May 27	—	—
Lettuce	Mar 11 – Mar 25	Apr 15 – Apr 29	Apr 8 – May 13	Aug 7 – Sep 4
Kale	Mar 11 – Mar 25	Apr 8 – Apr 22	Apr 8 – Apr 22	Jul 24 – Aug 14
Broccoli	Mar 11 – Mar 25	Apr 22 – May 6	—	Jun 26 – Jul 17
Cabbage	Mar 11 – Mar 25	Apr 15 – Apr 29	—	Jun 26 – Jul 17
Cauliflower	Mar 11 – Mar 25	Apr 22 – May 6	—	Jun 26 – Jul 17
Okra	Mar 25 – Apr 8	May 27 – Jun 10	May 27 – Jun 10	—
Basil	Mar 25 – Apr 8	May 13 – May 27	—	—
Peas	—	—	Mar 25 – Apr 15	Jul 10 – Jul 31
Spinach	—	—	Mar 25 – Apr 15	Aug 7 – Aug 28
Radishes	—	—	Apr 1 – May 13	Aug 21 – Sep 11
Cucumbers	Apr 8 – Apr 15	May 20 – May 27	May 13 – May 27	Jul 17 – Jul 31
Zucchini & Summer Squash	Apr 8 – Apr 15	—	May 13 – May 27	Jul 24 – Aug 7
Winter Squash & Pumpkins	Apr 8 – Apr 15	—	May 13 – May 27	—
Melons & Watermelon	Apr 8 – Apr 15	May 20 – Jun 3	—	—
Carrots	—	—	Apr 15 – May 13	Jul 10 – Jul 24
Beets	—	—	Apr 15 – May 13	Jul 24 – Aug 7
Potatoes	—	—	Apr 15 – May 6	—
Swiss Chard	—	—	Apr 22 – May 20	Jul 24 – Aug 7
Cilantro	—	—	Apr 22 – May 13	Aug 7 – Aug 28
Green Beans	—	—	May 13 – Jun 3	Jul 17 – Jul 31
Sweet Corn	—	—	May 13 – May 27	—
Sweet Potatoes	—	May 20 – Jun 10	—	—
Garlic	—	—	—	Sep 18 – Oct 23

Wait until after May 21 (only a 10% chance of frost) to plant out the most frost-tender crops: tomatoes, peppers, basil, melons.