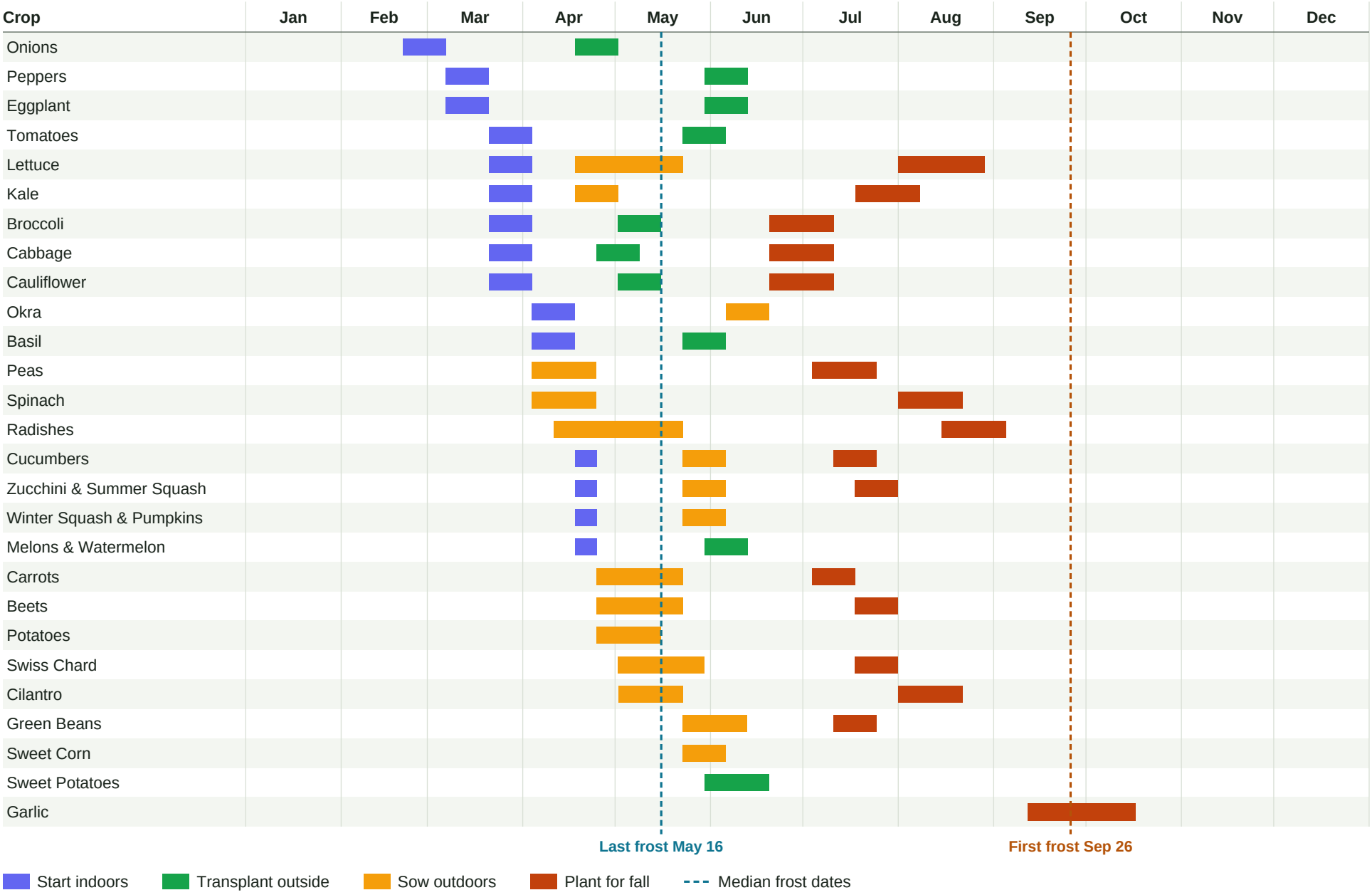
Strong, ME planting calendar

Median last frost May 16 (10% chance of frost after Jun 1) · Median first frost Sep 26 · 133-day growing season · Zone 5a



Strong, ME planting dates

Median last frost May 16 (10% chance of frost after Jun 1) · Median first frost Sep 26 · 133-day growing season · Zone 5a

Crop	Start indoors	Transplant outside	Sow outdoors	Plant for fall
Onions	Feb 21 – Mar 7	Apr 18 – May 2	—	—
Peppers	Mar 7 – Mar 21	May 30 – Jun 13	—	—
Eggplant	Mar 7 – Mar 21	May 30 – Jun 13	—	—
Tomatoes	Mar 21 – Apr 4	May 23 – Jun 6	—	—
Lettuce	Mar 21 – Apr 4	Apr 25 – May 9	Apr 18 – May 23	Aug 1 – Aug 29
Kale	Mar 21 – Apr 4	Apr 18 – May 2	Apr 18 – May 2	Jul 18 – Aug 8
Broccoli	Mar 21 – Apr 4	May 2 – May 16	—	Jun 20 – Jul 11
Cabbage	Mar 21 – Apr 4	Apr 25 – May 9	—	Jun 20 – Jul 11
Cauliflower	Mar 21 – Apr 4	May 2 – May 16	—	Jun 20 – Jul 11
Okra	Apr 4 – Apr 18	Jun 6 – Jun 20	Jun 6 – Jun 20	—
Basil	Apr 4 – Apr 18	May 23 – Jun 6	—	—
Peas	—	—	Apr 4 – Apr 25	Jul 4 – Jul 25
Spinach	—	—	Apr 4 – Apr 25	Aug 1 – Aug 22
Radishes	—	—	Apr 11 – May 23	Aug 15 – Sep 5
Cucumbers	Apr 18 – Apr 25	May 30 – Jun 6	May 23 – Jun 6	Jul 11 – Jul 25
Zucchini & Summer Squash	Apr 18 – Apr 25	—	May 23 – Jun 6	Jul 18 – Aug 1
Winter Squash & Pumpkins	Apr 18 – Apr 25	—	May 23 – Jun 6	—
Melons & Watermelon	Apr 18 – Apr 25	May 30 – Jun 13	—	—
Carrots	—	—	Apr 25 – May 23	Jul 4 – Jul 18
Beets	—	—	Apr 25 – May 23	Jul 18 – Aug 1
Potatoes	—	—	Apr 25 – May 16	—
Swiss Chard	—	—	May 2 – May 30	Jul 18 – Aug 1
Cilantro	—	—	May 2 – May 23	Aug 1 – Aug 22
Green Beans	—	—	May 23 – Jun 13	Jul 11 – Jul 25
Sweet Corn	—	—	May 23 – Jun 6	—
Sweet Potatoes	—	May 30 – Jun 20	—	—
Garlic	—	—	—	Sep 12 – Oct 17

Wait until after Jun 1 (only a 10% chance of frost) to plant out the most frost-tender crops: tomatoes, peppers, basil, melons.