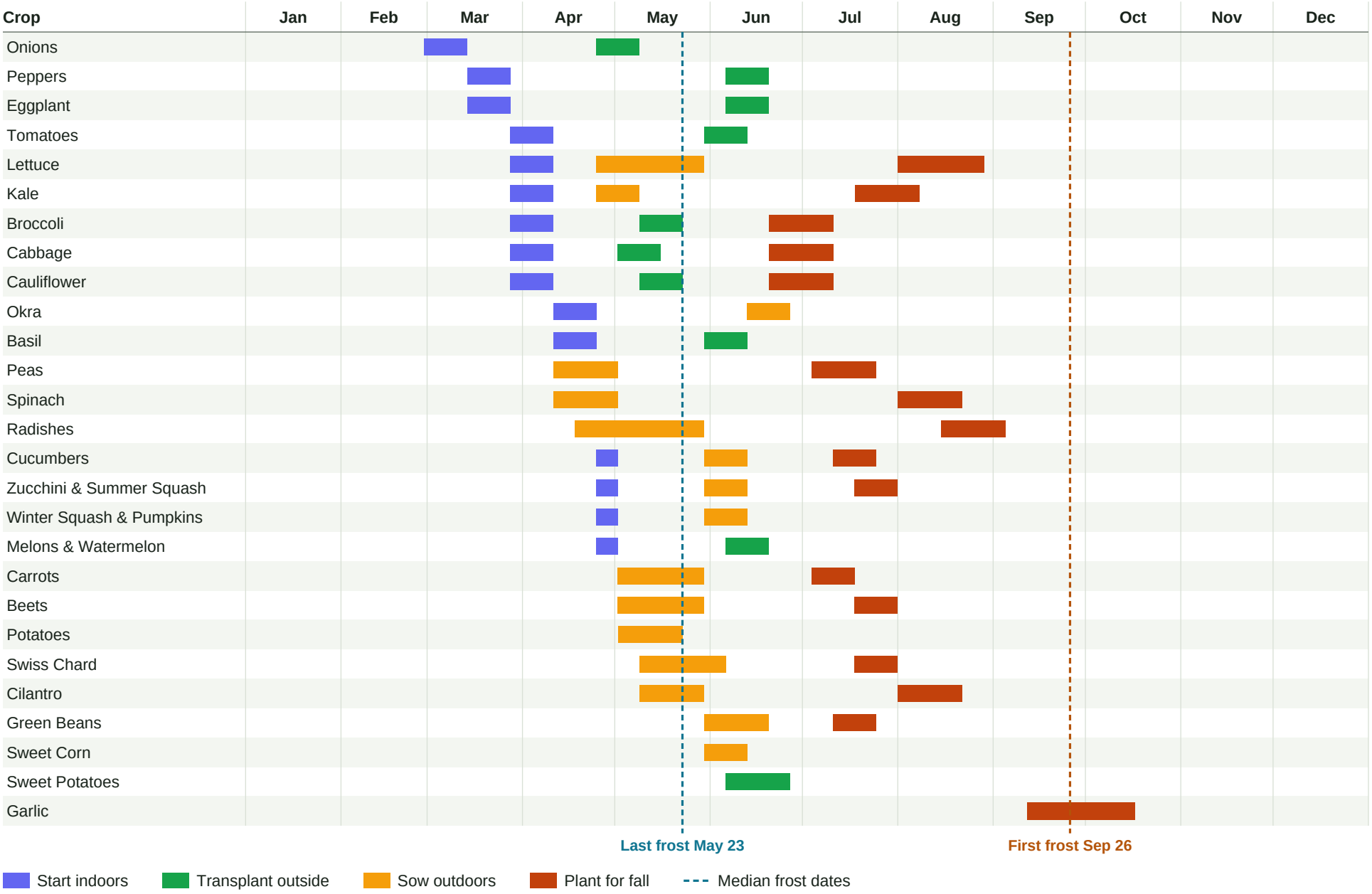
Van Buren, ME planting calendar

Median last frost May 23 (10% chance of frost after Jun 5) · Median first frost Sep 26 · 126-day growing season · Zone 4a



Van Buren, ME planting dates

Median last frost May 23 (10% chance of frost after Jun 5) · Median first frost Sep 26 · 126-day growing season · Zone 4a

Crop	Start indoors	Transplant outside	Sow outdoors	Plant for fall
Onions	Feb 28 – Mar 14	Apr 25 – May 9	—	—
Peppers	Mar 14 – Mar 28	Jun 6 – Jun 20	—	—
Eggplant	Mar 14 – Mar 28	Jun 6 – Jun 20	—	—
Tomatoes	Mar 28 – Apr 11	May 30 – Jun 13	—	—
Lettuce	Mar 28 – Apr 11	May 2 – May 16	Apr 25 – May 30	Aug 1 – Aug 29
Kale	Mar 28 – Apr 11	Apr 25 – May 9	Apr 25 – May 9	Jul 18 – Aug 8
Broccoli	Mar 28 – Apr 11	May 9 – May 23	—	Jun 20 – Jul 11
Cabbage	Mar 28 – Apr 11	May 2 – May 16	—	Jun 20 – Jul 11
Cauliflower	Mar 28 – Apr 11	May 9 – May 23	—	Jun 20 – Jul 11
Okra	Apr 11 – Apr 25	Jun 13 – Jun 27	Jun 13 – Jun 27	—
Basil	Apr 11 – Apr 25	May 30 – Jun 13	—	—
Peas	—	—	Apr 11 – May 2	Jul 4 – Jul 25
Spinach	—	—	Apr 11 – May 2	Aug 1 – Aug 22
Radishes	—	—	Apr 18 – May 30	Aug 15 – Sep 5
Cucumbers	Apr 25 – May 2	Jun 6 – Jun 13	May 30 – Jun 13	Jul 11 – Jul 25
Zucchini & Summer Squash	Apr 25 – May 2	—	May 30 – Jun 13	Jul 18 – Aug 1
Winter Squash & Pumpkins	Apr 25 – May 2	—	May 30 – Jun 13	—
Melons & Watermelon	Apr 25 – May 2	Jun 6 – Jun 20	—	—
Carrots	—	—	May 2 – May 30	Jul 4 – Jul 18
Beets	—	—	May 2 – May 30	Jul 18 – Aug 1
Potatoes	—	—	May 2 – May 23	—
Swiss Chard	—	—	May 9 – Jun 6	Jul 18 – Aug 1
Cilantro	—	—	May 9 – May 30	Aug 1 – Aug 22
Green Beans	—	—	May 30 – Jun 20	Jul 11 – Jul 25
Sweet Corn	—	—	May 30 – Jun 13	—
Sweet Potatoes	—	Jun 6 – Jun 27	—	—
Garlic	—	—	—	Sep 12 – Oct 17

Wait until after Jun 5 (only a 10% chance of frost) to plant out the most frost-tender crops: tomatoes, peppers, basil, melons.