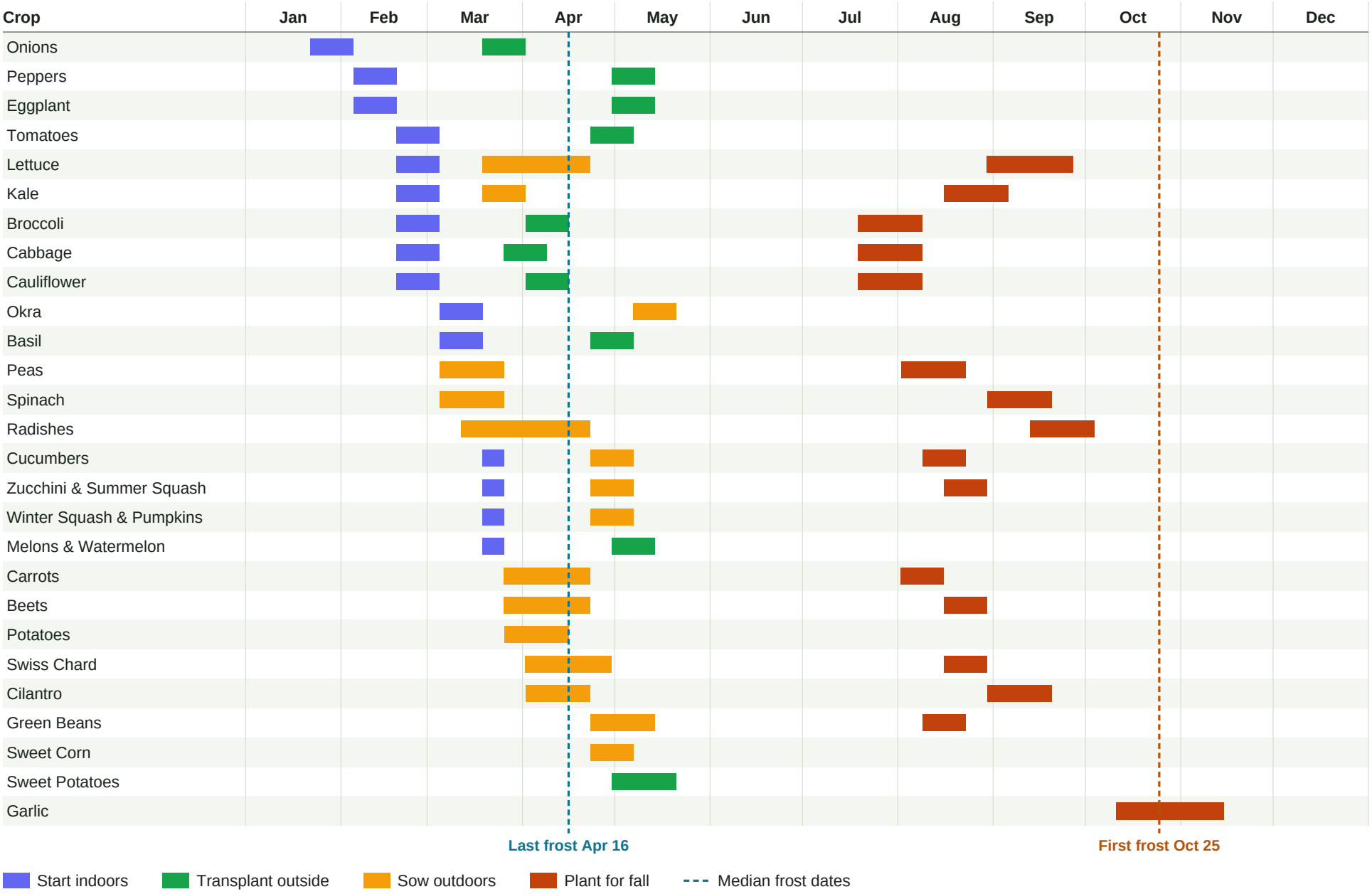
East Bend, NC planting calendar

Median last frost Apr 16 (10% chance of frost after May 3) · Median first frost Oct 25 · 192-day growing season · Zone 7b



East Bend, NC planting dates

Median last frost Apr 16 (10% chance of frost after May 3) · Median first frost Oct 25 · 192-day growing season · Zone 7b

Crop	Start indoors	Transplant outside	Sow outdoors	Plant for fall
Onions	Jan 22 – Feb 5	Mar 19 – Apr 2	—	—
Peppers	Feb 5 – Feb 19	Apr 30 – May 14	—	—
Eggplant	Feb 5 – Feb 19	Apr 30 – May 14	—	—
Tomatoes	Feb 19 – Mar 5	Apr 23 – May 7	—	—
Lettuce	Feb 19 – Mar 5	Mar 26 – Apr 9	Mar 19 – Apr 23	Aug 30 – Sep 27
Kale	Feb 19 – Mar 5	Mar 19 – Apr 2	Mar 19 – Apr 2	Aug 16 – Sep 6
Broccoli	Feb 19 – Mar 5	Apr 2 – Apr 16	—	Jul 19 – Aug 9
Cabbage	Feb 19 – Mar 5	Mar 26 – Apr 9	—	Jul 19 – Aug 9
Cauliflower	Feb 19 – Mar 5	Apr 2 – Apr 16	—	Jul 19 – Aug 9
Okra	Mar 5 – Mar 19	May 7 – May 21	May 7 – May 21	—
Basil	Mar 5 – Mar 19	Apr 23 – May 7	—	—
Peas	—	—	Mar 5 – Mar 26	Aug 2 – Aug 23
Spinach	—	—	Mar 5 – Mar 26	Aug 30 – Sep 20
Radishes	—	—	Mar 12 – Apr 23	Sep 13 – Oct 4
Cucumbers	Mar 19 – Mar 26	Apr 30 – May 7	Apr 23 – May 7	Aug 9 – Aug 23
Zucchini & Summer Squash	Mar 19 – Mar 26	—	Apr 23 – May 7	Aug 16 – Aug 30
Winter Squash & Pumpkins	Mar 19 – Mar 26	—	Apr 23 – May 7	—
Melons & Watermelon	Mar 19 – Mar 26	Apr 30 – May 14	—	—
Carrots	—	—	Mar 26 – Apr 23	Aug 2 – Aug 16
Beets	—	—	Mar 26 – Apr 23	Aug 16 – Aug 30
Potatoes	—	—	Mar 26 – Apr 16	—
Swiss Chard	—	—	Apr 2 – Apr 30	Aug 16 – Aug 30
Cilantro	—	—	Apr 2 – Apr 23	Aug 30 – Sep 20
Green Beans	—	—	Apr 23 – May 14	Aug 9 – Aug 23
Sweet Corn	—	—	Apr 23 – May 7	—
Sweet Potatoes	—	Apr 30 – May 21	—	—
Garlic	—	—	—	Oct 11 – Nov 15

Wait until after May 3 (only a 10% chance of frost) to plant out the most frost-tender crops: tomatoes, peppers, basil, melons.