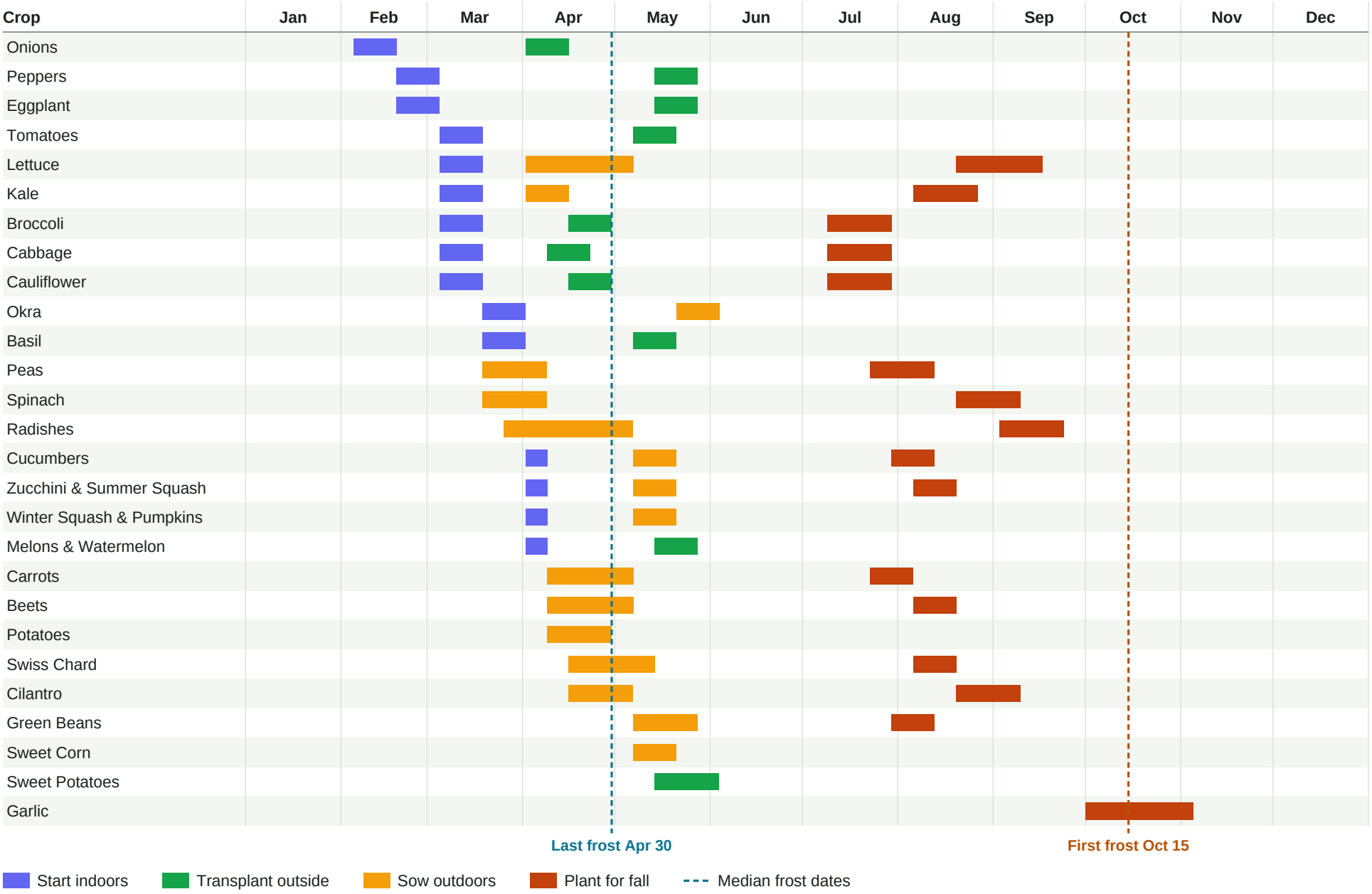
Highlands, NC planting calendar

Median last frost Apr 30 (10% chance of frost after May 17) · Median first frost Oct 15 · 168-day growing season · Zone 7a



Highlands, NC planting dates

Median last frost Apr 30 (10% chance of frost after May 17) · Median first frost Oct 15 · 168-day growing season · Zone 7a

Crop	Start indoors	Transplant outside	Sow outdoors	Plant for fall
Onions	Feb 5 – Feb 19	Apr 2 – Apr 16	—	—
Peppers	Feb 19 – Mar 5	May 14 – May 28	—	—
Eggplant	Feb 19 – Mar 5	May 14 – May 28	—	—
Tomatoes	Mar 5 – Mar 19	May 7 – May 21	—	—
Lettuce	Mar 5 – Mar 19	Apr 9 – Apr 23	Apr 2 – May 7	Aug 20 – Sep 17
Kale	Mar 5 – Mar 19	Apr 2 – Apr 16	Apr 2 – Apr 16	Aug 6 – Aug 27
Broccoli	Mar 5 – Mar 19	Apr 16 – Apr 30	—	Jul 9 – Jul 30
Cabbage	Mar 5 – Mar 19	Apr 9 – Apr 23	—	Jul 9 – Jul 30
Cauliflower	Mar 5 – Mar 19	Apr 16 – Apr 30	—	Jul 9 – Jul 30
Okra	Mar 19 – Apr 2	May 21 – Jun 4	May 21 – Jun 4	—
Basil	Mar 19 – Apr 2	May 7 – May 21	—	—
Peas	—	—	Mar 19 – Apr 9	Jul 23 – Aug 13
Spinach	—	—	Mar 19 – Apr 9	Aug 20 – Sep 10
Radishes	—	—	Mar 26 – May 7	Sep 3 – Sep 24
Cucumbers	Apr 2 – Apr 9	May 14 – May 21	May 7 – May 21	Jul 30 – Aug 13
Zucchini & Summer Squash	Apr 2 – Apr 9	—	May 7 – May 21	Aug 6 – Aug 20
Winter Squash & Pumpkins	Apr 2 – Apr 9	—	May 7 – May 21	—
Melons & Watermelon	Apr 2 – Apr 9	May 14 – May 28	—	—
Carrots	—	—	Apr 9 – May 7	Jul 23 – Aug 6
Beets	—	—	Apr 9 – May 7	Aug 6 – Aug 20
Potatoes	—	—	Apr 9 – Apr 30	—
Swiss Chard	—	—	Apr 16 – May 14	Aug 6 – Aug 20
Cilantro	—	—	Apr 16 – May 7	Aug 20 – Sep 10
Green Beans	—	—	May 7 – May 28	Jul 30 – Aug 13
Sweet Corn	—	—	May 7 – May 21	—
Sweet Potatoes	—	May 14 – Jun 4	—	—
Garlic	—	—	—	Oct 1 – Nov 5

Wait until after May 17 (only a 10% chance of frost) to plant out the most frost-tender crops: tomatoes, peppers, basil, melons.