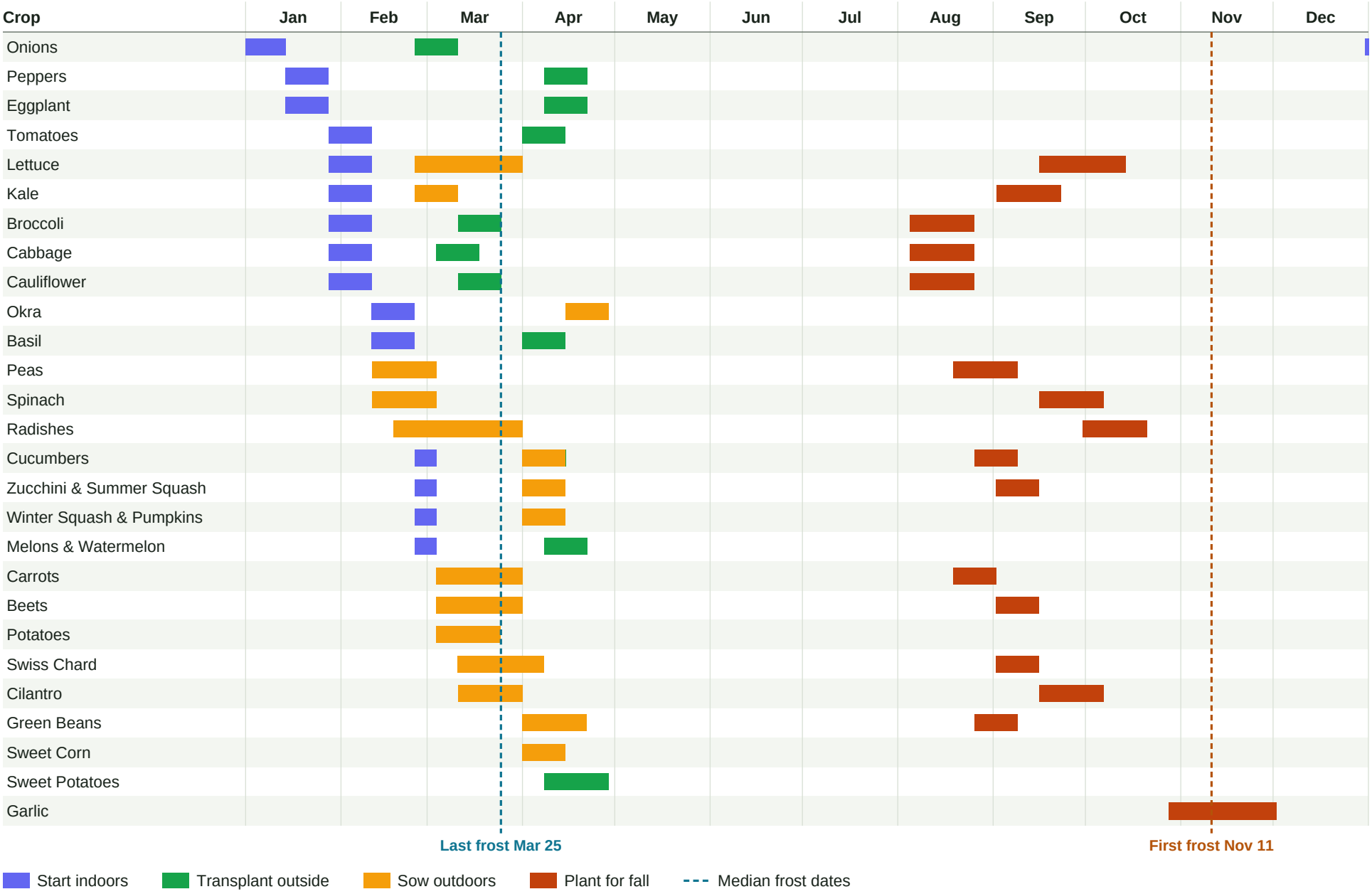
Kinston, NC planting calendar

Median last frost Mar 25 (10% chance of frost after Apr 7) · Median first frost Nov 11 · 231-day growing season · Zone 8a



Kinston, NC planting dates

Median last frost Mar 25 (10% chance of frost after Apr 7) · Median first frost Nov 11 · 231-day growing season · Zone 8a

Crop	Start indoors	Transplant outside	Sow outdoors	Plant for fall
Onions	Dec 31 – Jan 14	Feb 25 – Mar 11	—	—
Peppers	Jan 14 – Jan 28	Apr 8 – Apr 22	—	—
Eggplant	Jan 14 – Jan 28	Apr 8 – Apr 22	—	—
Tomatoes	Jan 28 – Feb 11	Apr 1 – Apr 15	—	—
Lettuce	Jan 28 – Feb 11	Mar 4 – Mar 18	Feb 25 – Apr 1	Sep 16 – Oct 14
Kale	Jan 28 – Feb 11	Feb 25 – Mar 11	Feb 25 – Mar 11	Sep 2 – Sep 23
Broccoli	Jan 28 – Feb 11	Mar 11 – Mar 25	—	Aug 5 – Aug 26
Cabbage	Jan 28 – Feb 11	Mar 4 – Mar 18	—	Aug 5 – Aug 26
Cauliflower	Jan 28 – Feb 11	Mar 11 – Mar 25	—	Aug 5 – Aug 26
Okra	Feb 11 – Feb 25	Apr 15 – Apr 29	Apr 15 – Apr 29	—
Basil	Feb 11 – Feb 25	Apr 1 – Apr 15	—	—
Peas	—	—	Feb 11 – Mar 4	Aug 19 – Sep 9
Spinach	—	—	Feb 11 – Mar 4	Sep 16 – Oct 7
Radishes	—	—	Feb 18 – Apr 1	Sep 30 – Oct 21
Cucumbers	Feb 25 – Mar 4	Apr 8 – Apr 15	Apr 1 – Apr 15	Aug 26 – Sep 9
Zucchini & Summer Squash	Feb 25 – Mar 4	—	Apr 1 – Apr 15	Sep 2 – Sep 16
Winter Squash & Pumpkins	Feb 25 – Mar 4	—	Apr 1 – Apr 15	—
Melons & Watermelon	Feb 25 – Mar 4	Apr 8 – Apr 22	—	—
Carrots	—	—	Mar 4 – Apr 1	Aug 19 – Sep 2
Beets	—	—	Mar 4 – Apr 1	Sep 2 – Sep 16
Potatoes	—	—	Mar 4 – Mar 25	—
Swiss Chard	—	—	Mar 11 – Apr 8	Sep 2 – Sep 16
Cilantro	—	—	Mar 11 – Apr 1	Sep 16 – Oct 7
Green Beans	—	—	Apr 1 – Apr 22	Aug 26 – Sep 9
Sweet Corn	—	—	Apr 1 – Apr 15	—
Sweet Potatoes	—	Apr 8 – Apr 29	—	—
Garlic	—	—	—	Oct 28 – Dec 2

Wait until after Apr 7 (only a 10% chance of frost) to plant out the most frost-tender crops: tomatoes, peppers, basil, melons.