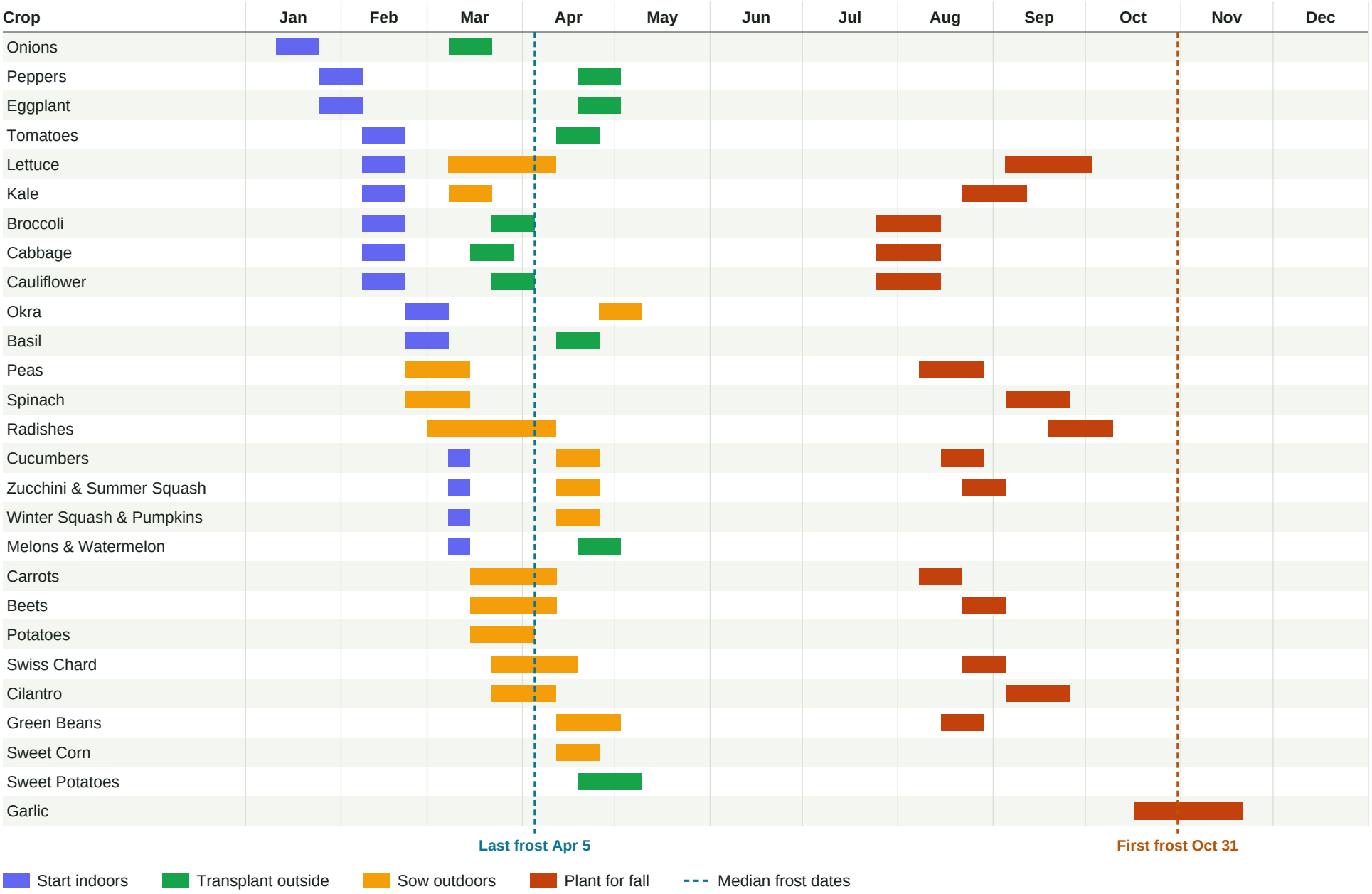
Montreat, NC planting calendar

Median last frost Apr 5 (10% chance of frost after Apr 22) · Median first frost Oct 31 · 209-day growing season · Zone 7a



Montreat, NC planting dates

Median last frost Apr 5 (10% chance of frost after Apr 22) · Median first frost Oct 31 · 209-day growing season · Zone 7a

Crop	Start indoors	Transplant outside	Sow outdoors	Plant for fall
Onions	Jan 11 – Jan 25	Mar 8 – Mar 22	—	—
Peppers	Jan 25 – Feb 8	Apr 19 – May 3	—	—
Eggplant	Jan 25 – Feb 8	Apr 19 – May 3	—	—
Tomatoes	Feb 8 – Feb 22	Apr 12 – Apr 26	—	—
Lettuce	Feb 8 – Feb 22	Mar 15 – Mar 29	Mar 8 – Apr 12	Sep 5 – Oct 3
Kale	Feb 8 – Feb 22	Mar 8 – Mar 22	Mar 8 – Mar 22	Aug 22 – Sep 12
Broccoli	Feb 8 – Feb 22	Mar 22 – Apr 5	—	Jul 25 – Aug 15
Cabbage	Feb 8 – Feb 22	Mar 15 – Mar 29	—	Jul 25 – Aug 15
Cauliflower	Feb 8 – Feb 22	Mar 22 – Apr 5	—	Jul 25 – Aug 15
Okra	Feb 22 – Mar 8	Apr 26 – May 10	Apr 26 – May 10	—
Basil	Feb 22 – Mar 8	Apr 12 – Apr 26	—	—
Peas	—	—	Feb 22 – Mar 15	Aug 8 – Aug 29
Spinach	—	—	Feb 22 – Mar 15	Sep 5 – Sep 26
Radishes	—	—	Mar 1 – Apr 12	Sep 19 – Oct 10
Cucumbers	Mar 8 – Mar 15	Apr 19 – Apr 26	Apr 12 – Apr 26	Aug 15 – Aug 29
Zucchini & Summer Squash	Mar 8 – Mar 15	—	Apr 12 – Apr 26	Aug 22 – Sep 5
Winter Squash & Pumpkins	Mar 8 – Mar 15	—	Apr 12 – Apr 26	—
Melons & Watermelon	Mar 8 – Mar 15	Apr 19 – May 3	—	—
Carrots	—	—	Mar 15 – Apr 12	Aug 8 – Aug 22
Beets	—	—	Mar 15 – Apr 12	Aug 22 – Sep 5
Potatoes	—	—	Mar 15 – Apr 5	—
Swiss Chard	—	—	Mar 22 – Apr 19	Aug 22 – Sep 5
Cilantro	—	—	Mar 22 – Apr 12	Sep 5 – Sep 26
Green Beans	—	—	Apr 12 – May 3	Aug 15 – Aug 29
Sweet Corn	—	—	Apr 12 – Apr 26	—
Sweet Potatoes	—	Apr 19 – May 10	—	—
Garlic	—	—	—	Oct 17 – Nov 21

Wait until after Apr 22 (only a 10% chance of frost) to plant out the most frost-tender crops: tomatoes, peppers, basil, melons.