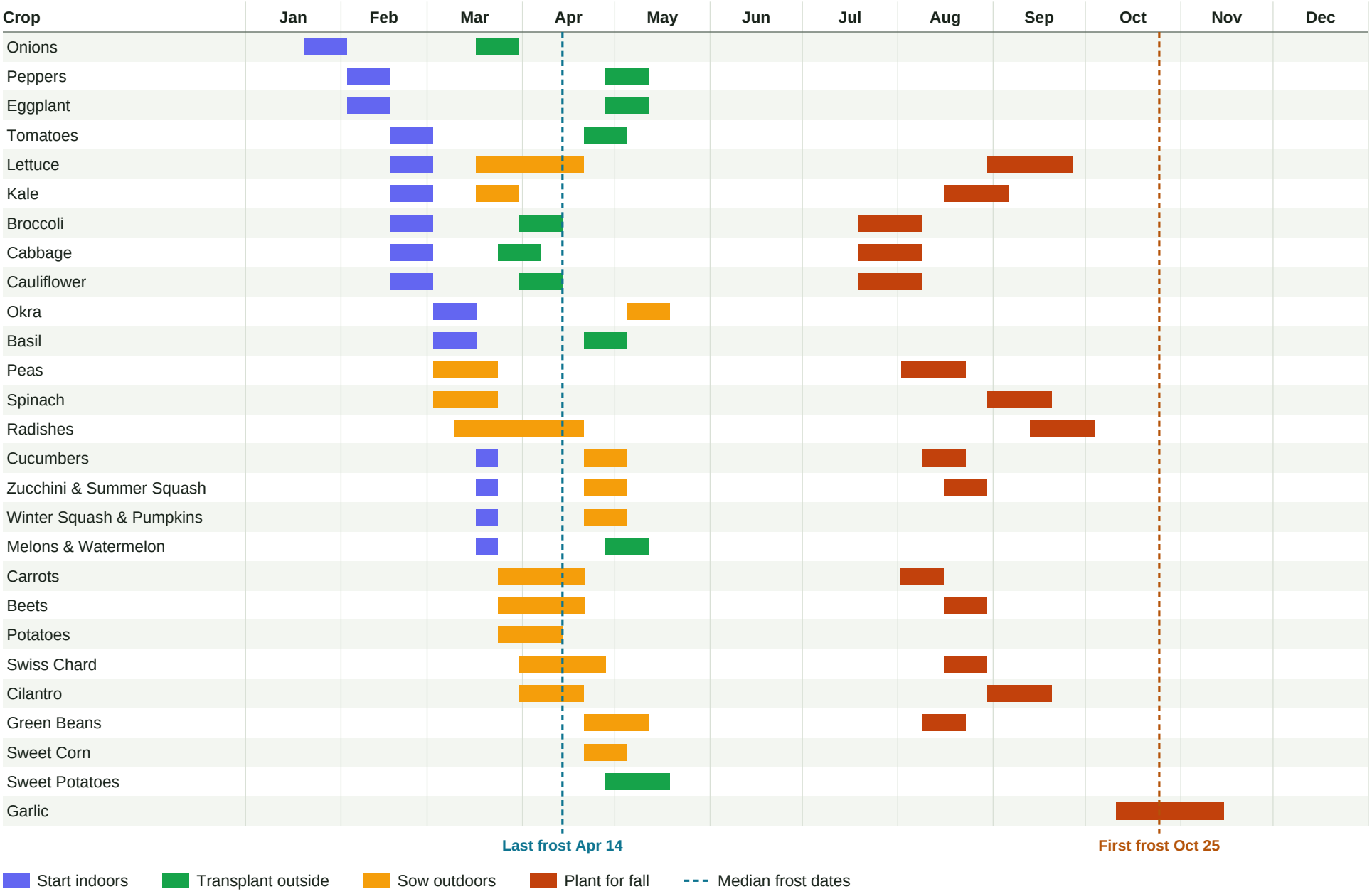
# Mountain Home, NC planting calendar

Median last frost Apr 14 (10% chance of frost after May 1) · Median first frost Oct 25 · 194-day growing season · Zone 7b



# Mountain Home, NC planting dates

Median last frost Apr 14 (10% chance of frost after May 1) · Median first frost Oct 25 · 194-day growing season · Zone 7b

| Crop | Start indoors | Transplant outside | Sow outdoors | Plant for fall |
|---|---|---|---|---|
| Onions | Jan 20 – Feb 3 | Mar 17 – Mar 31 | — | — |
| Peppers | Feb 3 – Feb 17 | Apr 28 – May 12 | — | — |
| Eggplant | Feb 3 – Feb 17 | Apr 28 – May 12 | — | — |
| Tomatoes | Feb 17 – Mar 3 | Apr 21 – May 5 | — | — |
| Lettuce | Feb 17 – Mar 3 | Mar 24 – Apr 7 | Mar 17 – Apr 21 | Aug 30 – Sep 27 |
| Kale | Feb 17 – Mar 3 | Mar 17 – Mar 31 | Mar 17 – Mar 31 | Aug 16 – Sep 6 |
| Broccoli | Feb 17 – Mar 3 | Mar 31 – Apr 14 | — | Jul 19 – Aug 9 |
| Cabbage | Feb 17 – Mar 3 | Mar 24 – Apr 7 | — | Jul 19 – Aug 9 |
| Cauliflower | Feb 17 – Mar 3 | Mar 31 – Apr 14 | — | Jul 19 – Aug 9 |
| Okra | Mar 3 – Mar 17 | May 5 – May 19 | May 5 – May 19 | — |
| Basil | Mar 3 – Mar 17 | Apr 21 – May 5 | — | — |
| Peas | — | — | Mar 3 – Mar 24 | Aug 2 – Aug 23 |
| Spinach | — | — | Mar 3 – Mar 24 | Aug 30 – Sep 20 |
| Radishes | — | — | Mar 10 – Apr 21 | Sep 13 – Oct 4 |
| Cucumbers | Mar 17 – Mar 24 | Apr 28 – May 5 | Apr 21 – May 5 | Aug 9 – Aug 23 |
| Zucchini & Summer Squash | Mar 17 – Mar 24 | — | Apr 21 – May 5 | Aug 16 – Aug 30 |
| Winter Squash & Pumpkins | Mar 17 – Mar 24 | — | Apr 21 – May 5 | — |
| Melons & Watermelon | Mar 17 – Mar 24 | Apr 28 – May 12 | — | — |
| Carrots | — | — | Mar 24 – Apr 21 | Aug 2 – Aug 16 |
| Beets | — | — | Mar 24 – Apr 21 | Aug 16 – Aug 30 |
| Potatoes | — | — | Mar 24 – Apr 14 | — |
| Swiss Chard | — | — | Mar 31 – Apr 28 | Aug 16 – Aug 30 |
| Cilantro | — | — | Mar 31 – Apr 21 | Aug 30 – Sep 20 |
| Green Beans | — | — | Apr 21 – May 12 | Aug 9 – Aug 23 |
| Sweet Corn | — | — | Apr 21 – May 5 | — |
| Sweet Potatoes | — | Apr 28 – May 19 | — | — |
| Garlic | — | — | — | Oct 11 – Nov 15 |

Wait until after May 1 (only a 10% chance of frost) to plant out the most frost-tender crops: tomatoes, peppers, basil, melons.