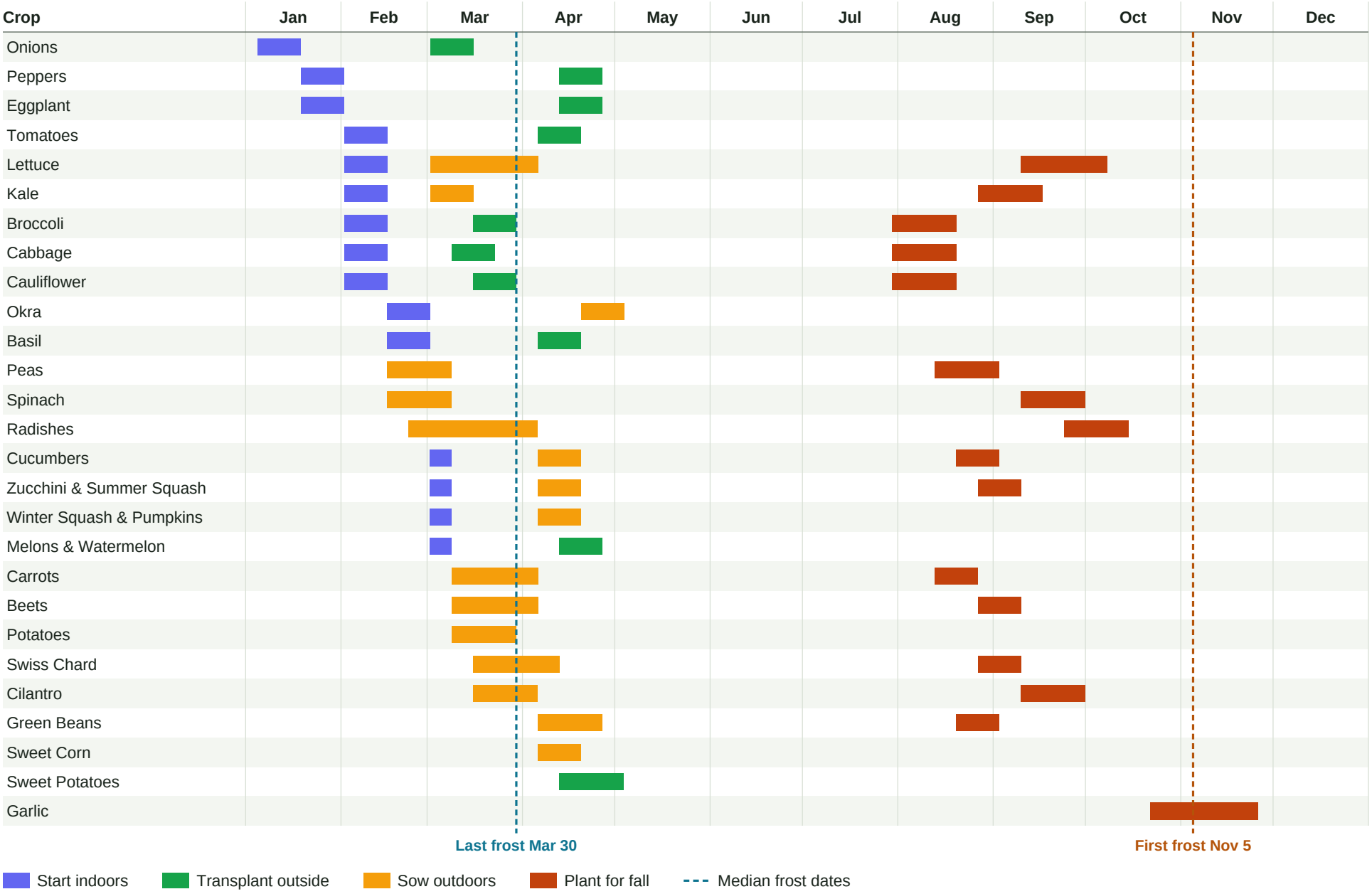
Oak Ridge, NC planting calendar

Median last frost Mar 30 (10% chance of frost after Apr 14) · Median first frost Nov 5 · 220-day growing season · Zone 8a



Oak Ridge, NC planting dates

Median last frost Mar 30 (10% chance of frost after Apr 14) · Median first frost Nov 5 · 220-day growing season · Zone 8a

Crop	Start indoors	Transplant outside	Sow outdoors	Plant for fall
Onions	Jan 5 – Jan 19	Mar 2 – Mar 16	—	—
Peppers	Jan 19 – Feb 2	Apr 13 – Apr 27	—	—
Eggplant	Jan 19 – Feb 2	Apr 13 – Apr 27	—	—
Tomatoes	Feb 2 – Feb 16	Apr 6 – Apr 20	—	—
Lettuce	Feb 2 – Feb 16	Mar 9 – Mar 23	Mar 2 – Apr 6	Sep 10 – Oct 8
Kale	Feb 2 – Feb 16	Mar 2 – Mar 16	Mar 2 – Mar 16	Aug 27 – Sep 17
Broccoli	Feb 2 – Feb 16	Mar 16 – Mar 30	—	Jul 30 – Aug 20
Cabbage	Feb 2 – Feb 16	Mar 9 – Mar 23	—	Jul 30 – Aug 20
Cauliflower	Feb 2 – Feb 16	Mar 16 – Mar 30	—	Jul 30 – Aug 20
Okra	Feb 16 – Mar 2	Apr 20 – May 4	Apr 20 – May 4	—
Basil	Feb 16 – Mar 2	Apr 6 – Apr 20	—	—
Peas	—	—	Feb 16 – Mar 9	Aug 13 – Sep 3
Spinach	—	—	Feb 16 – Mar 9	Sep 10 – Oct 1
Radishes	—	—	Feb 23 – Apr 6	Sep 24 – Oct 15
Cucumbers	Mar 2 – Mar 9	Apr 13 – Apr 20	Apr 6 – Apr 20	Aug 20 – Sep 3
Zucchini & Summer Squash	Mar 2 – Mar 9	—	Apr 6 – Apr 20	Aug 27 – Sep 10
Winter Squash & Pumpkins	Mar 2 – Mar 9	—	Apr 6 – Apr 20	—
Melons & Watermelon	Mar 2 – Mar 9	Apr 13 – Apr 27	—	—
Carrots	—	—	Mar 9 – Apr 6	Aug 13 – Aug 27
Beets	—	—	Mar 9 – Apr 6	Aug 27 – Sep 10
Potatoes	—	—	Mar 9 – Mar 30	—
Swiss Chard	—	—	Mar 16 – Apr 13	Aug 27 – Sep 10
Cilantro	—	—	Mar 16 – Apr 6	Sep 10 – Oct 1
Green Beans	—	—	Apr 6 – Apr 27	Aug 20 – Sep 3
Sweet Corn	—	—	Apr 6 – Apr 20	—
Sweet Potatoes	—	Apr 13 – May 4	—	—
Garlic	—	—	—	Oct 22 – Nov 26

Wait until after Apr 14 (only a 10% chance of frost) to plant out the most frost-tender crops: tomatoes, peppers, basil, melons.