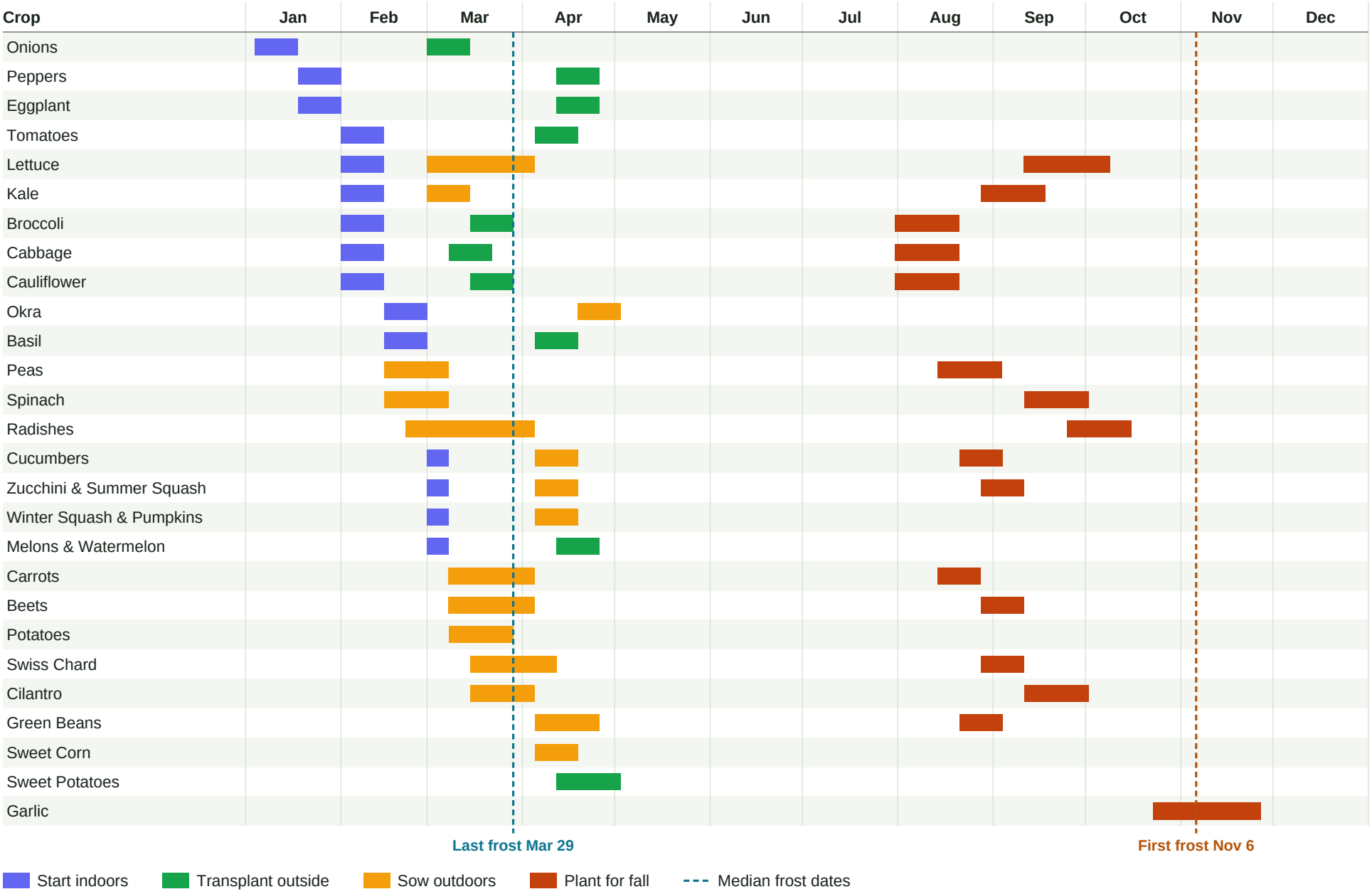
Sophia, NC planting calendar

Median last frost Mar 29 (10% chance of frost after Apr 13) · Median first frost Nov 6 · 222-day growing season · Zone 8a



Sophia, NC planting dates

Median last frost Mar 29 (10% chance of frost after Apr 13) · Median first frost Nov 6 · 222-day growing season · Zone 8a

Crop	Start indoors	Transplant outside	Sow outdoors	Plant for fall
Onions	Jan 4 – Jan 18	Mar 1 – Mar 15	—	—
Peppers	Jan 18 – Feb 1	Apr 12 – Apr 26	—	—
Eggplant	Jan 18 – Feb 1	Apr 12 – Apr 26	—	—
Tomatoes	Feb 1 – Feb 15	Apr 5 – Apr 19	—	—
Lettuce	Feb 1 – Feb 15	Mar 8 – Mar 22	Mar 1 – Apr 5	Sep 11 – Oct 9
Kale	Feb 1 – Feb 15	Mar 1 – Mar 15	Mar 1 – Mar 15	Aug 28 – Sep 18
Broccoli	Feb 1 – Feb 15	Mar 15 – Mar 29	—	Jul 31 – Aug 21
Cabbage	Feb 1 – Feb 15	Mar 8 – Mar 22	—	Jul 31 – Aug 21
Cauliflower	Feb 1 – Feb 15	Mar 15 – Mar 29	—	Jul 31 – Aug 21
Okra	Feb 15 – Mar 1	Apr 19 – May 3	Apr 19 – May 3	—
Basil	Feb 15 – Mar 1	Apr 5 – Apr 19	—	—
Peas	—	—	Feb 15 – Mar 8	Aug 14 – Sep 4
Spinach	—	—	Feb 15 – Mar 8	Sep 11 – Oct 2
Radishes	—	—	Feb 22 – Apr 5	Sep 25 – Oct 16
Cucumbers	Mar 1 – Mar 8	Apr 12 – Apr 19	Apr 5 – Apr 19	Aug 21 – Sep 4
Zucchini & Summer Squash	Mar 1 – Mar 8	—	Apr 5 – Apr 19	Aug 28 – Sep 11
Winter Squash & Pumpkins	Mar 1 – Mar 8	—	Apr 5 – Apr 19	—
Melons & Watermelon	Mar 1 – Mar 8	Apr 12 – Apr 26	—	—
Carrots	—	—	Mar 8 – Apr 5	Aug 14 – Aug 28
Beets	—	—	Mar 8 – Apr 5	Aug 28 – Sep 11
Potatoes	—	—	Mar 8 – Mar 29	—
Swiss Chard	—	—	Mar 15 – Apr 12	Aug 28 – Sep 11
Cilantro	—	—	Mar 15 – Apr 5	Sep 11 – Oct 2
Green Beans	—	—	Apr 5 – Apr 26	Aug 21 – Sep 4
Sweet Corn	—	—	Apr 5 – Apr 19	—
Sweet Potatoes	—	Apr 12 – May 3	—	—
Garlic	—	—	—	Oct 23 – Nov 27

Wait until after Apr 13 (only a 10% chance of frost) to plant out the most frost-tender crops: tomatoes, peppers, basil, melons.