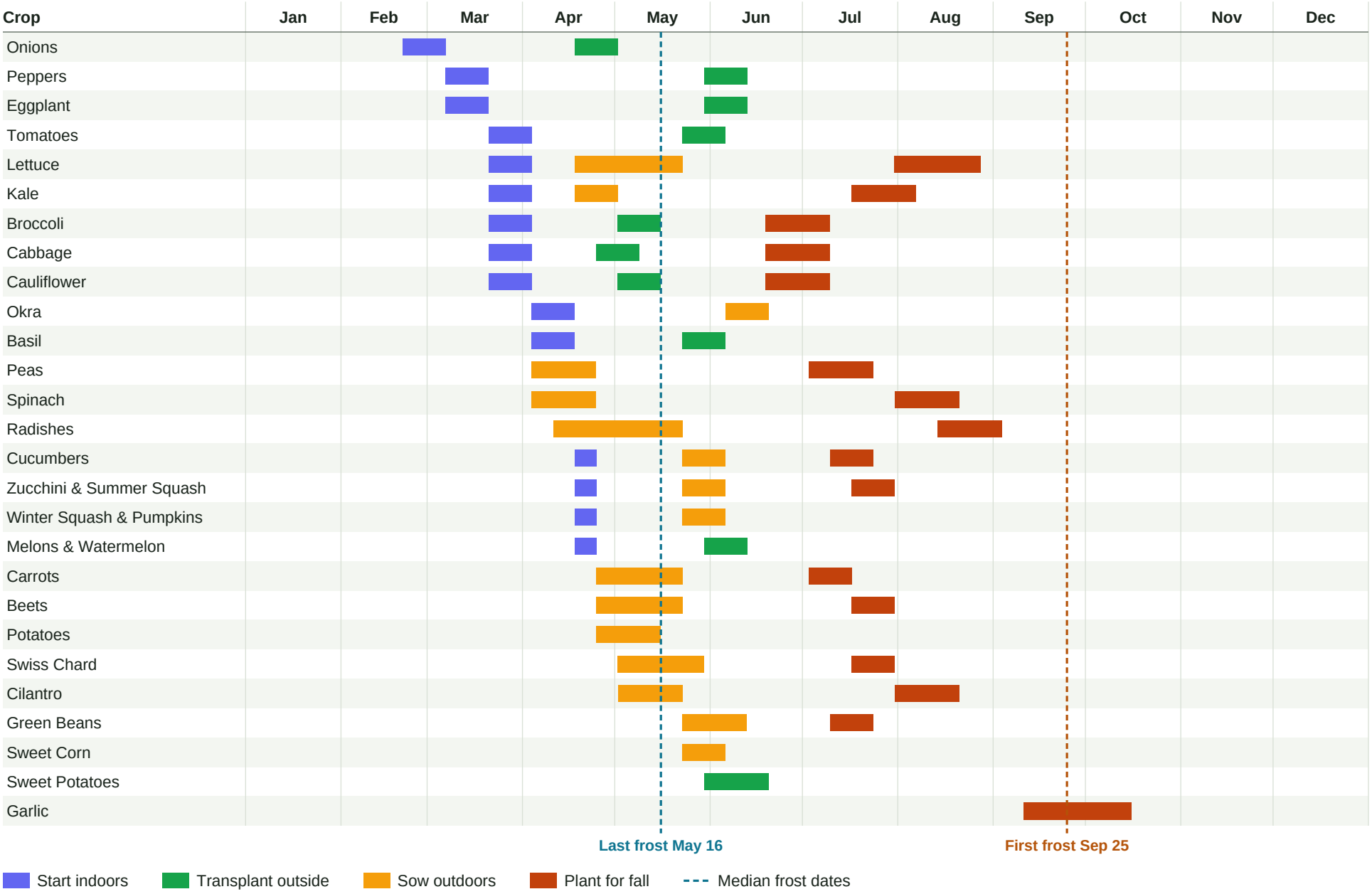
# Regent, ND planting calendar

Median last frost May 16 (10% chance of frost after May 30) · Median first frost Sep 25 · 132-day growing season · Zone 4a



# Regent, ND planting dates

Median last frost May 16 (10% chance of frost after May 30) · Median first frost Sep 25 · 132-day growing season · Zone 4a

| Crop | Start indoors | Transplant outside | Sow outdoors | Plant for fall |
|---|---|---|---|---|
| Onions | Feb 21 – Mar 7 | Apr 18 – May 2 | — | — |
| Peppers | Mar 7 – Mar 21 | May 30 – Jun 13 | — | — |
| Eggplant | Mar 7 – Mar 21 | May 30 – Jun 13 | — | — |
| Tomatoes | Mar 21 – Apr 4 | May 23 – Jun 6 | — | — |
| Lettuce | Mar 21 – Apr 4 | Apr 25 – May 9 | Apr 18 – May 23 | Jul 31 – Aug 28 |
| Kale | Mar 21 – Apr 4 | Apr 18 – May 2 | Apr 18 – May 2 | Jul 17 – Aug 7 |
| Broccoli | Mar 21 – Apr 4 | May 2 – May 16 | — | Jun 19 – Jul 10 |
| Cabbage | Mar 21 – Apr 4 | Apr 25 – May 9 | — | Jun 19 – Jul 10 |
| Cauliflower | Mar 21 – Apr 4 | May 2 – May 16 | — | Jun 19 – Jul 10 |
| Okra | Apr 4 – Apr 18 | Jun 6 – Jun 20 | Jun 6 – Jun 20 | — |
| Basil | Apr 4 – Apr 18 | May 23 – Jun 6 | — | — |
| Peas | — | — | Apr 4 – Apr 25 | Jul 3 – Jul 24 |
| Spinach | — | — | Apr 4 – Apr 25 | Jul 31 – Aug 21 |
| Radishes | — | — | Apr 11 – May 23 | Aug 14 – Sep 4 |
| Cucumbers | Apr 18 – Apr 25 | May 30 – Jun 6 | May 23 – Jun 6 | Jul 10 – Jul 24 |
| Zucchini & Summer Squash | Apr 18 – Apr 25 | — | May 23 – Jun 6 | Jul 17 – Jul 31 |
| Winter Squash & Pumpkins | Apr 18 – Apr 25 | — | May 23 – Jun 6 | — |
| Melons & Watermelon | Apr 18 – Apr 25 | May 30 – Jun 13 | — | — |
| Carrots | — | — | Apr 25 – May 23 | Jul 3 – Jul 17 |
| Beets | — | — | Apr 25 – May 23 | Jul 17 – Jul 31 |
| Potatoes | — | — | Apr 25 – May 16 | — |
| Swiss Chard | — | — | May 2 – May 30 | Jul 17 – Jul 31 |
| Cilantro | — | — | May 2 – May 23 | Jul 31 – Aug 21 |
| Green Beans | — | — | May 23 – Jun 13 | Jul 10 – Jul 24 |
| Sweet Corn | — | — | May 23 – Jun 6 | — |
| Sweet Potatoes | — | May 30 – Jun 20 | — | — |
| Garlic | — | — | — | Sep 11 – Oct 16 |

Wait until after May 30 (only a 10% chance of frost) to plant out the most frost-tender crops: tomatoes, peppers, basil, melons.