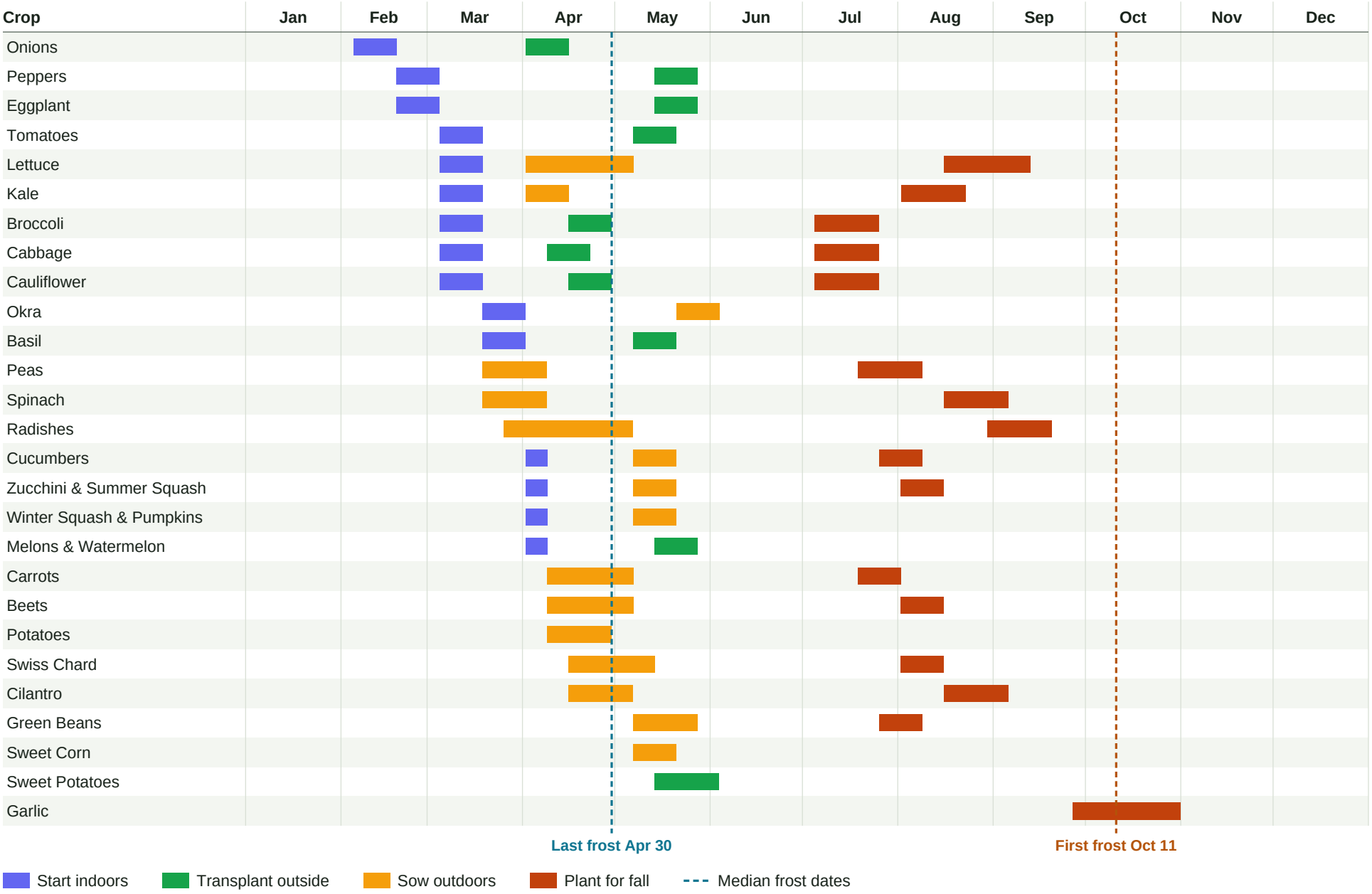
East Hampstead, NH planting calendar

Median last frost Apr 30 (10% chance of frost after May 14) · Median first frost Oct 11 · 164-day growing season · Zone 6a



East Hampstead, NH planting dates

Median last frost Apr 30 (10% chance of frost after May 14) · Median first frost Oct 11 · 164-day growing season · Zone 6a

Crop	Start indoors	Transplant outside	Sow outdoors	Plant for fall
Onions	Feb 5 – Feb 19	Apr 2 – Apr 16	—	—
Peppers	Feb 19 – Mar 5	May 14 – May 28	—	—
Eggplant	Feb 19 – Mar 5	May 14 – May 28	—	—
Tomatoes	Mar 5 – Mar 19	May 7 – May 21	—	—
Lettuce	Mar 5 – Mar 19	Apr 9 – Apr 23	Apr 2 – May 7	Aug 16 – Sep 13
Kale	Mar 5 – Mar 19	Apr 2 – Apr 16	Apr 2 – Apr 16	Aug 2 – Aug 23
Broccoli	Mar 5 – Mar 19	Apr 16 – Apr 30	—	Jul 5 – Jul 26
Cabbage	Mar 5 – Mar 19	Apr 9 – Apr 23	—	Jul 5 – Jul 26
Cauliflower	Mar 5 – Mar 19	Apr 16 – Apr 30	—	Jul 5 – Jul 26
Okra	Mar 19 – Apr 2	May 21 – Jun 4	May 21 – Jun 4	—
Basil	Mar 19 – Apr 2	May 7 – May 21	—	—
Peas	—	—	Mar 19 – Apr 9	Jul 19 – Aug 9
Spinach	—	—	Mar 19 – Apr 9	Aug 16 – Sep 6
Radishes	—	—	Mar 26 – May 7	Aug 30 – Sep 20
Cucumbers	Apr 2 – Apr 9	May 14 – May 21	May 7 – May 21	Jul 26 – Aug 9
Zucchini & Summer Squash	Apr 2 – Apr 9	—	May 7 – May 21	Aug 2 – Aug 16
Winter Squash & Pumpkins	Apr 2 – Apr 9	—	May 7 – May 21	—
Melons & Watermelon	Apr 2 – Apr 9	May 14 – May 28	—	—
Carrots	—	—	Apr 9 – May 7	Jul 19 – Aug 2
Beets	—	—	Apr 9 – May 7	Aug 2 – Aug 16
Potatoes	—	—	Apr 9 – Apr 30	—
Swiss Chard	—	—	Apr 16 – May 14	Aug 2 – Aug 16
Cilantro	—	—	Apr 16 – May 7	Aug 16 – Sep 6
Green Beans	—	—	May 7 – May 28	Jul 26 – Aug 9
Sweet Corn	—	—	May 7 – May 21	—
Sweet Potatoes	—	May 14 – Jun 4	—	—
Garlic	—	—	—	Sep 27 – Nov 1

Wait until after May 14 (only a 10% chance of frost) to plant out the most frost-tender crops: tomatoes, peppers, basil, melons.