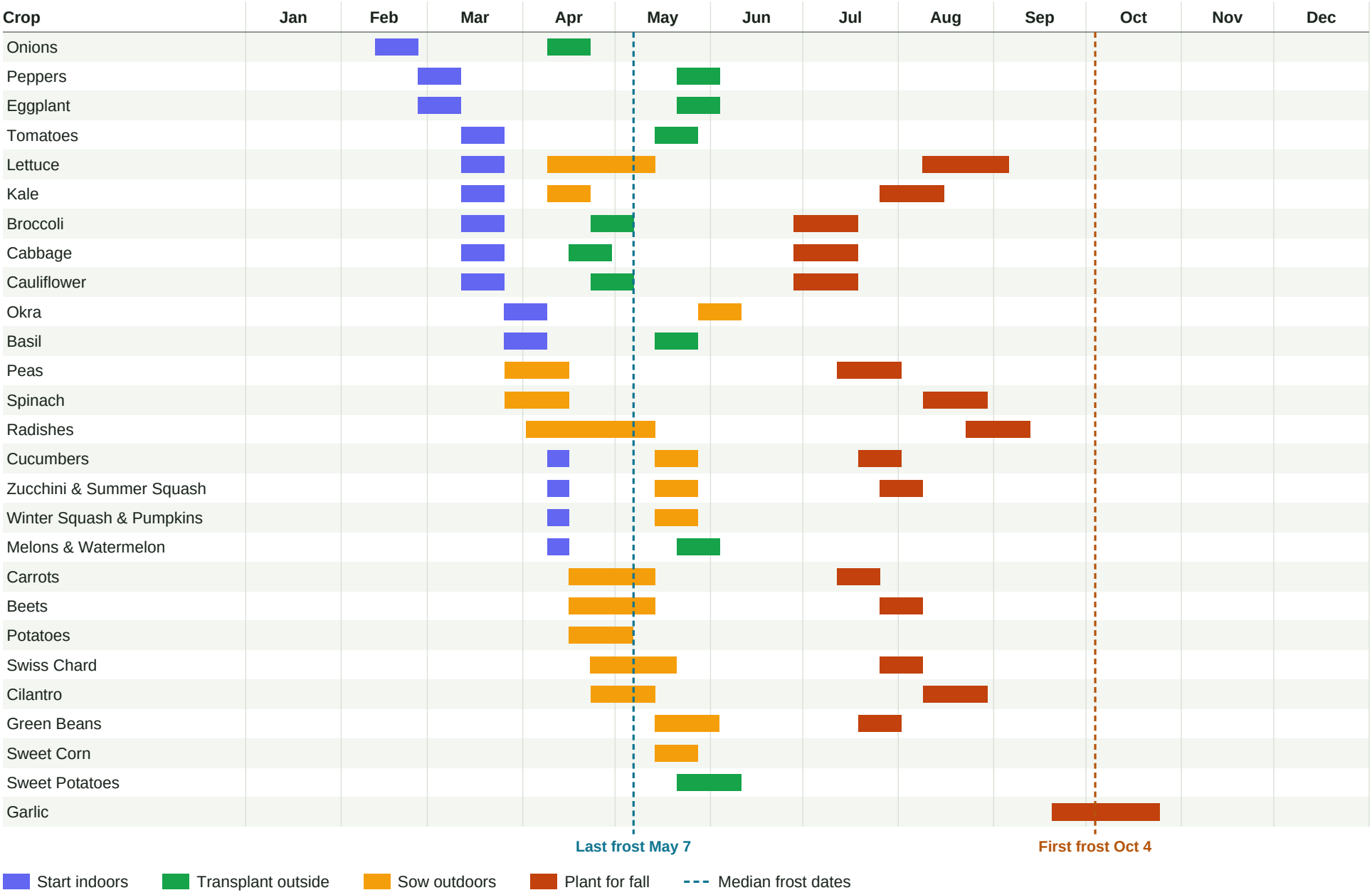
East Kingston, NH planting calendar

Median last frost May 7 (10% chance of frost after May 21) · Median first frost Oct 4 · 150-day growing season · Zone 6a



East Kingston, NH planting dates

Median last frost May 7 (10% chance of frost after May 21) · Median first frost Oct 4 · 150-day growing season · Zone 6a

Crop	Start indoors	Transplant outside	Sow outdoors	Plant for fall
Onions	Feb 12 – Feb 26	Apr 9 – Apr 23	—	—
Peppers	Feb 26 – Mar 12	May 21 – Jun 4	—	—
Eggplant	Feb 26 – Mar 12	May 21 – Jun 4	—	—
Tomatoes	Mar 12 – Mar 26	May 14 – May 28	—	—
Lettuce	Mar 12 – Mar 26	Apr 16 – Apr 30	Apr 9 – May 14	Aug 9 – Sep 6
Kale	Mar 12 – Mar 26	Apr 9 – Apr 23	Apr 9 – Apr 23	Jul 26 – Aug 16
Broccoli	Mar 12 – Mar 26	Apr 23 – May 7	—	Jun 28 – Jul 19
Cabbage	Mar 12 – Mar 26	Apr 16 – Apr 30	—	Jun 28 – Jul 19
Cauliflower	Mar 12 – Mar 26	Apr 23 – May 7	—	Jun 28 – Jul 19
Okra	Mar 26 – Apr 9	May 28 – Jun 11	May 28 – Jun 11	—
Basil	Mar 26 – Apr 9	May 14 – May 28	—	—
Peas	—	—	Mar 26 – Apr 16	Jul 12 – Aug 2
Spinach	—	—	Mar 26 – Apr 16	Aug 9 – Aug 30
Radishes	—	—	Apr 2 – May 14	Aug 23 – Sep 13
Cucumbers	Apr 9 – Apr 16	May 21 – May 28	May 14 – May 28	Jul 19 – Aug 2
Zucchini & Summer Squash	Apr 9 – Apr 16	—	May 14 – May 28	Jul 26 – Aug 9
Winter Squash & Pumpkins	Apr 9 – Apr 16	—	May 14 – May 28	—
Melons & Watermelon	Apr 9 – Apr 16	May 21 – Jun 4	—	—
Carrots	—	—	Apr 16 – May 14	Jul 12 – Jul 26
Beets	—	—	Apr 16 – May 14	Jul 26 – Aug 9
Potatoes	—	—	Apr 16 – May 7	—
Swiss Chard	—	—	Apr 23 – May 21	Jul 26 – Aug 9
Cilantro	—	—	Apr 23 – May 14	Aug 9 – Aug 30
Green Beans	—	—	May 14 – Jun 4	Jul 19 – Aug 2
Sweet Corn	—	—	May 14 – May 28	—
Sweet Potatoes	—	May 21 – Jun 11	—	—
Garlic	—	—	—	Sep 20 – Oct 25

Wait until after May 21 (only a 10% chance of frost) to plant out the most frost-tender crops: tomatoes, peppers, basil, melons.