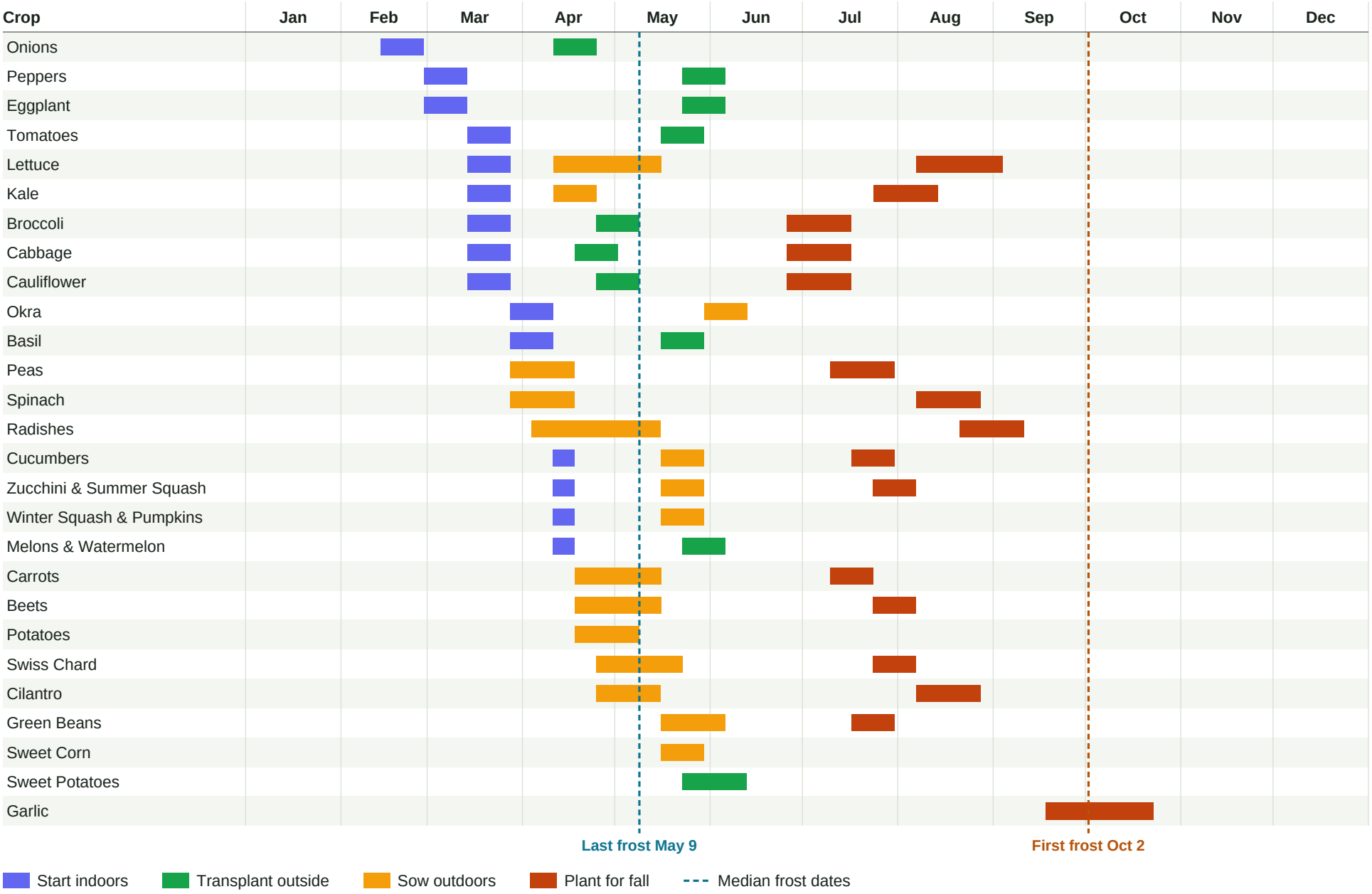
Lyme Center, NH planting calendar

Median last frost May 9 (10% chance of frost after May 22) · Median first frost Oct 2 · 146-day growing season · Zone 5a



whenisthelastfrost.com/frost-dates/nh/lyme-center/ · Frost dates: NOAA 1991–2020 climate normals. These are 30-year averages, not forecasts: check the forecast before planting.

Lyme Center, NH planting dates

Median last frost May 9 (10% chance of frost after May 22) · Median first frost Oct 2 · 146-day growing season · Zone 5a

Crop	Start indoors	Transplant outside	Sow outdoors	Plant for fall
Onions	Feb 14 – Feb 28	Apr 11 – Apr 25	—	—
Peppers	Feb 28 – Mar 14	May 23 – Jun 6	—	—
Eggplant	Feb 28 – Mar 14	May 23 – Jun 6	—	—
Tomatoes	Mar 14 – Mar 28	May 16 – May 30	—	—
Lettuce	Mar 14 – Mar 28	Apr 18 – May 2	Apr 11 – May 16	Aug 7 – Sep 4
Kale	Mar 14 – Mar 28	Apr 11 – Apr 25	Apr 11 – Apr 25	Jul 24 – Aug 14
Broccoli	Mar 14 – Mar 28	Apr 25 – May 9	—	Jun 26 – Jul 17
Cabbage	Mar 14 – Mar 28	Apr 18 – May 2	—	Jun 26 – Jul 17
Cauliflower	Mar 14 – Mar 28	Apr 25 – May 9	—	Jun 26 – Jul 17
Okra	Mar 28 – Apr 11	May 30 – Jun 13	May 30 – Jun 13	—
Basil	Mar 28 – Apr 11	May 16 – May 30	—	—
Peas	—	—	Mar 28 – Apr 18	Jul 10 – Jul 31
Spinach	—	—	Mar 28 – Apr 18	Aug 7 – Aug 28
Radishes	—	—	Apr 4 – May 16	Aug 21 – Sep 11
Cucumbers	Apr 11 – Apr 18	May 23 – May 30	May 16 – May 30	Jul 17 – Jul 31
Zucchini & Summer Squash	Apr 11 – Apr 18	—	May 16 – May 30	Jul 24 – Aug 7
Winter Squash & Pumpkins	Apr 11 – Apr 18	—	May 16 – May 30	—
Melons & Watermelon	Apr 11 – Apr 18	May 23 – Jun 6	—	—
Carrots	—	—	Apr 18 – May 16	Jul 10 – Jul 24
Beets	—	—	Apr 18 – May 16	Jul 24 – Aug 7
Potatoes	—	—	Apr 18 – May 9	—
Swiss Chard	—	—	Apr 25 – May 23	Jul 24 – Aug 7
Cilantro	—	—	Apr 25 – May 16	Aug 7 – Aug 28
Green Beans	—	—	May 16 – Jun 6	Jul 17 – Jul 31
Sweet Corn	—	—	May 16 – May 30	—
Sweet Potatoes	—	May 23 – Jun 13	—	—
Garlic	—	—	—	Sep 18 – Oct 23

Wait until after May 22 (only a 10% chance of frost) to plant out the most frost-tender crops: tomatoes, peppers, basil, melons.