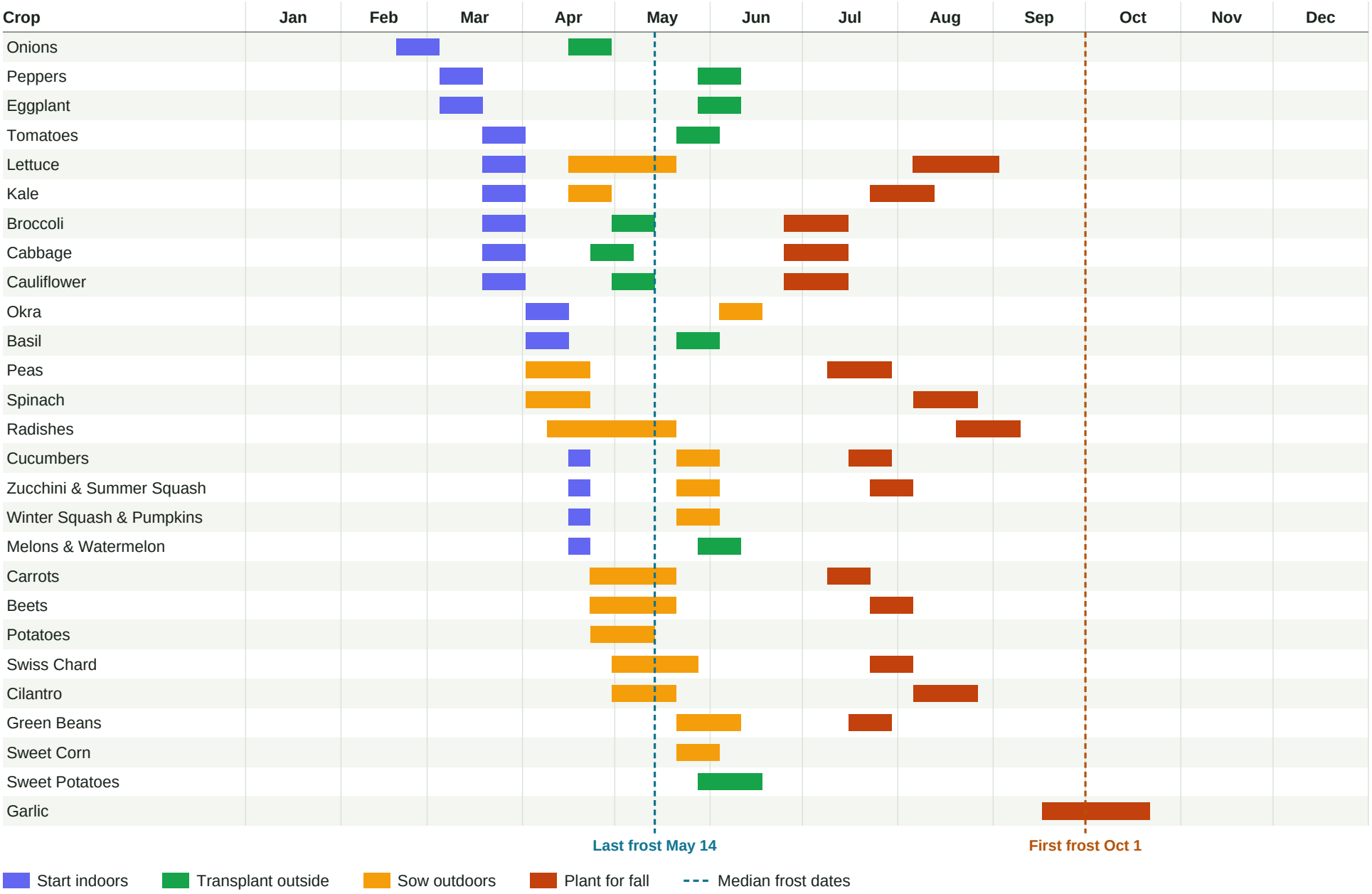
Newport, NH planting calendar

Median last frost May 14 (10% chance of frost after May 29) · Median first frost Oct 1 · 140-day growing season · Zone 5a



Newport, NH planting dates

Median last frost May 14 (10% chance of frost after May 29) · Median first frost Oct 1 · 140-day growing season · Zone 5a

Crop	Start indoors	Transplant outside	Sow outdoors	Plant for fall
Onions	Feb 19 – Mar 5	Apr 16 – Apr 30	—	—
Peppers	Mar 5 – Mar 19	May 28 – Jun 11	—	—
Eggplant	Mar 5 – Mar 19	May 28 – Jun 11	—	—
Tomatoes	Mar 19 – Apr 2	May 21 – Jun 4	—	—
Lettuce	Mar 19 – Apr 2	Apr 23 – May 7	Apr 16 – May 21	Aug 6 – Sep 3
Kale	Mar 19 – Apr 2	Apr 16 – Apr 30	Apr 16 – Apr 30	Jul 23 – Aug 13
Broccoli	Mar 19 – Apr 2	Apr 30 – May 14	—	Jun 25 – Jul 16
Cabbage	Mar 19 – Apr 2	Apr 23 – May 7	—	Jun 25 – Jul 16
Cauliflower	Mar 19 – Apr 2	Apr 30 – May 14	—	Jun 25 – Jul 16
Okra	Apr 2 – Apr 16	Jun 4 – Jun 18	Jun 4 – Jun 18	—
Basil	Apr 2 – Apr 16	May 21 – Jun 4	—	—
Peas	—	—	Apr 2 – Apr 23	Jul 9 – Jul 30
Spinach	—	—	Apr 2 – Apr 23	Aug 6 – Aug 27
Radishes	—	—	Apr 9 – May 21	Aug 20 – Sep 10
Cucumbers	Apr 16 – Apr 23	May 28 – Jun 4	May 21 – Jun 4	Jul 16 – Jul 30
Zucchini & Summer Squash	Apr 16 – Apr 23	—	May 21 – Jun 4	Jul 23 – Aug 6
Winter Squash & Pumpkins	Apr 16 – Apr 23	—	May 21 – Jun 4	—
Melons & Watermelon	Apr 16 – Apr 23	May 28 – Jun 11	—	—
Carrots	—	—	Apr 23 – May 21	Jul 9 – Jul 23
Beets	—	—	Apr 23 – May 21	Jul 23 – Aug 6
Potatoes	—	—	Apr 23 – May 14	—
Swiss Chard	—	—	Apr 30 – May 28	Jul 23 – Aug 6
Cilantro	—	—	Apr 30 – May 21	Aug 6 – Aug 27
Green Beans	—	—	May 21 – Jun 11	Jul 16 – Jul 30
Sweet Corn	—	—	May 21 – Jun 4	—
Sweet Potatoes	—	May 28 – Jun 18	—	—
Garlic	—	—	—	Sep 17 – Oct 22

Wait until after May 29 (only a 10% chance of frost) to plant out the most frost-tender crops: tomatoes, peppers, basil, melons.