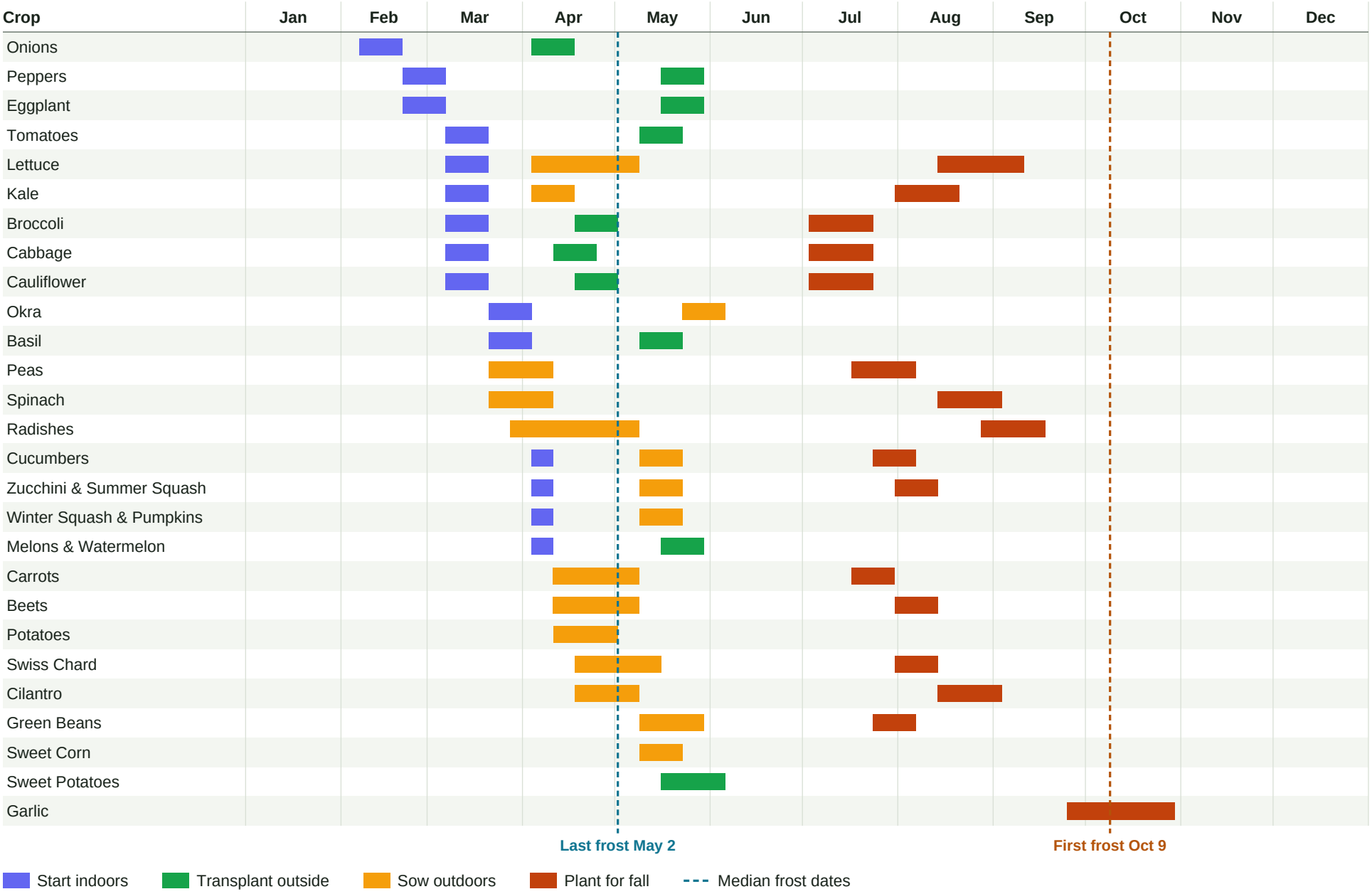
# Sunapee, NH planting calendar

Median last frost May 2 (10% chance of frost after May 17) · Median first frost Oct 9 · 160-day growing season · Zone 5b



# Sunapee, NH planting dates

Median last frost May 2 (10% chance of frost after May 17) · Median first frost Oct 9 · 160-day growing season · Zone 5b

| Crop | Start indoors | Transplant outside | Sow outdoors | Plant for fall |
|---|---|---|---|---|
| Onions | Feb 7 – Feb 21 | Apr 4 – Apr 18 | — | — |
| Peppers | Feb 21 – Mar 7 | May 16 – May 30 | — | — |
| Eggplant | Feb 21 – Mar 7 | May 16 – May 30 | — | — |
| Tomatoes | Mar 7 – Mar 21 | May 9 – May 23 | — | — |
| Lettuce | Mar 7 – Mar 21 | Apr 11 – Apr 25 | Apr 4 – May 9 | Aug 14 – Sep 11 |
| Kale | Mar 7 – Mar 21 | Apr 4 – Apr 18 | Apr 4 – Apr 18 | Jul 31 – Aug 21 |
| Broccoli | Mar 7 – Mar 21 | Apr 18 – May 2 | — | Jul 3 – Jul 24 |
| Cabbage | Mar 7 – Mar 21 | Apr 11 – Apr 25 | — | Jul 3 – Jul 24 |
| Cauliflower | Mar 7 – Mar 21 | Apr 18 – May 2 | — | Jul 3 – Jul 24 |
| Okra | Mar 21 – Apr 4 | May 23 – Jun 6 | May 23 – Jun 6 | — |
| Basil | Mar 21 – Apr 4 | May 9 – May 23 | — | — |
| Peas | — | — | Mar 21 – Apr 11 | Jul 17 – Aug 7 |
| Spinach | — | — | Mar 21 – Apr 11 | Aug 14 – Sep 4 |
| Radishes | — | — | Mar 28 – May 9 | Aug 28 – Sep 18 |
| Cucumbers | Apr 4 – Apr 11 | May 16 – May 23 | May 9 – May 23 | Jul 24 – Aug 7 |
| Zucchini & Summer Squash | Apr 4 – Apr 11 | — | May 9 – May 23 | Jul 31 – Aug 14 |
| Winter Squash & Pumpkins | Apr 4 – Apr 11 | — | May 9 – May 23 | — |
| Melons & Watermelon | Apr 4 – Apr 11 | May 16 – May 30 | — | — |
| Carrots | — | — | Apr 11 – May 9 | Jul 17 – Jul 31 |
| Beets | — | — | Apr 11 – May 9 | Jul 31 – Aug 14 |
| Potatoes | — | — | Apr 11 – May 2 | — |
| Swiss Chard | — | — | Apr 18 – May 16 | Jul 31 – Aug 14 |
| Cilantro | — | — | Apr 18 – May 9 | Aug 14 – Sep 4 |
| Green Beans | — | — | May 9 – May 30 | Jul 24 – Aug 7 |
| Sweet Corn | — | — | May 9 – May 23 | — |
| Sweet Potatoes | — | May 16 – Jun 6 | — | — |
| Garlic | — | — | — | Sep 25 – Oct 30 |

Wait until after May 17 (only a 10% chance of frost) to plant out the most frost-tender crops: tomatoes, peppers, basil, melons.