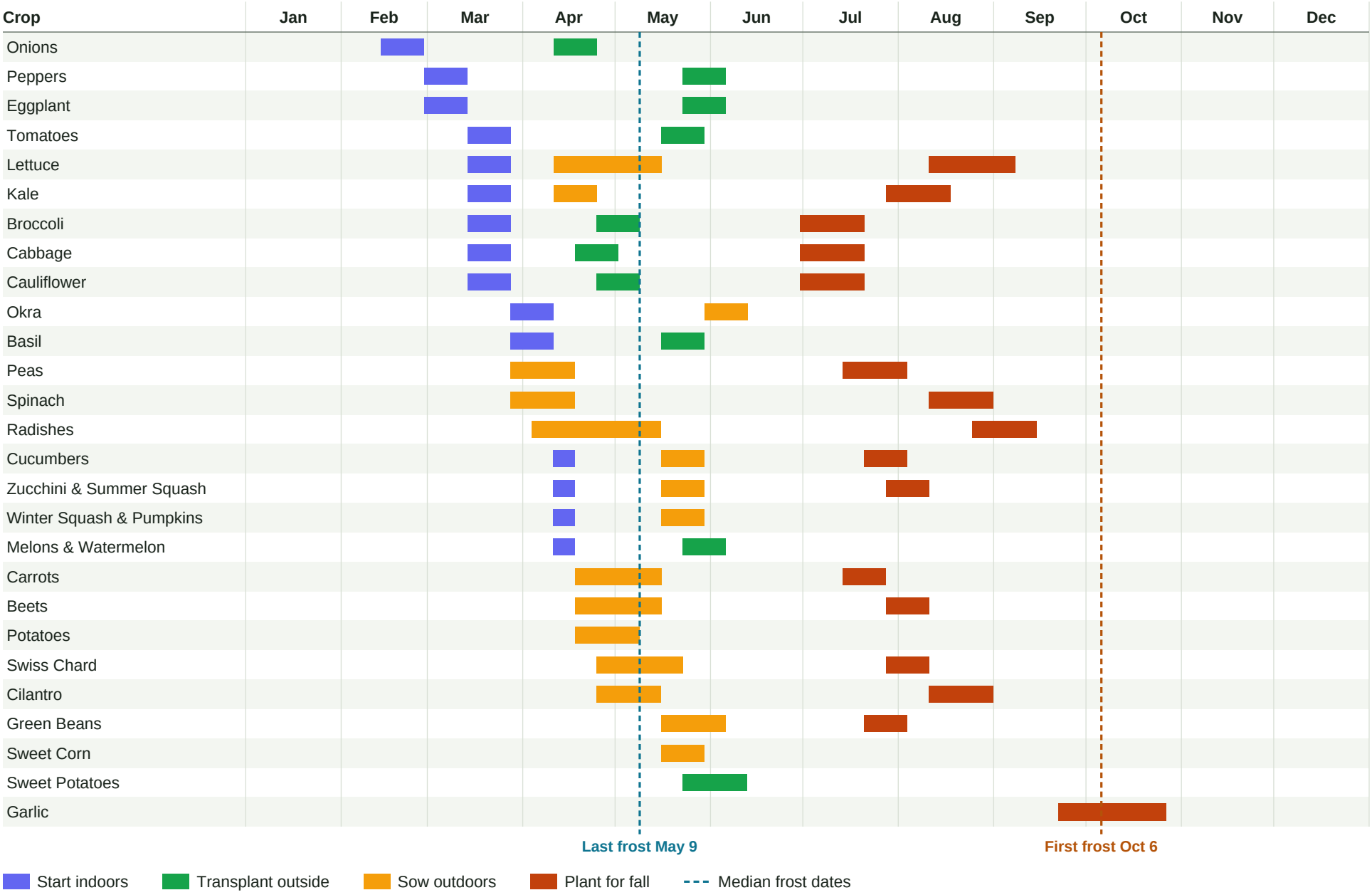
West Lebanon, NH planting calendar

Median last frost May 9 (10% chance of frost after May 24) · Median first frost Oct 6 · 150-day growing season · Zone 5a



West Lebanon, NH planting dates

Median last frost May 9 (10% chance of frost after May 24) · Median first frost Oct 6 · 150-day growing season · Zone 5a

Crop	Start indoors	Transplant outside	Sow outdoors	Plant for fall
Onions	Feb 14 – Feb 28	Apr 11 – Apr 25	—	—
Peppers	Feb 28 – Mar 14	May 23 – Jun 6	—	—
Eggplant	Feb 28 – Mar 14	May 23 – Jun 6	—	—
Tomatoes	Mar 14 – Mar 28	May 16 – May 30	—	—
Lettuce	Mar 14 – Mar 28	Apr 18 – May 2	Apr 11 – May 16	Aug 11 – Sep 8
Kale	Mar 14 – Mar 28	Apr 11 – Apr 25	Apr 11 – Apr 25	Jul 28 – Aug 18
Broccoli	Mar 14 – Mar 28	Apr 25 – May 9	—	Jun 30 – Jul 21
Cabbage	Mar 14 – Mar 28	Apr 18 – May 2	—	Jun 30 – Jul 21
Cauliflower	Mar 14 – Mar 28	Apr 25 – May 9	—	Jun 30 – Jul 21
Okra	Mar 28 – Apr 11	May 30 – Jun 13	May 30 – Jun 13	—
Basil	Mar 28 – Apr 11	May 16 – May 30	—	—
Peas	—	—	Mar 28 – Apr 18	Jul 14 – Aug 4
Spinach	—	—	Mar 28 – Apr 18	Aug 11 – Sep 1
Radishes	—	—	Apr 4 – May 16	Aug 25 – Sep 15
Cucumbers	Apr 11 – Apr 18	May 23 – May 30	May 16 – May 30	Jul 21 – Aug 4
Zucchini & Summer Squash	Apr 11 – Apr 18	—	May 16 – May 30	Jul 28 – Aug 11
Winter Squash & Pumpkins	Apr 11 – Apr 18	—	May 16 – May 30	—
Melons & Watermelon	Apr 11 – Apr 18	May 23 – Jun 6	—	—
Carrots	—	—	Apr 18 – May 16	Jul 14 – Jul 28
Beets	—	—	Apr 18 – May 16	Jul 28 – Aug 11
Potatoes	—	—	Apr 18 – May 9	—
Swiss Chard	—	—	Apr 25 – May 23	Jul 28 – Aug 11
Cilantro	—	—	Apr 25 – May 16	Aug 11 – Sep 1
Green Beans	—	—	May 16 – Jun 6	Jul 21 – Aug 4
Sweet Corn	—	—	May 16 – May 30	—
Sweet Potatoes	—	May 23 – Jun 13	—	—
Garlic	—	—	—	Sep 22 – Oct 27

Wait until after May 24 (only a 10% chance of frost) to plant out the most frost-tender crops: tomatoes, peppers, basil, melons.