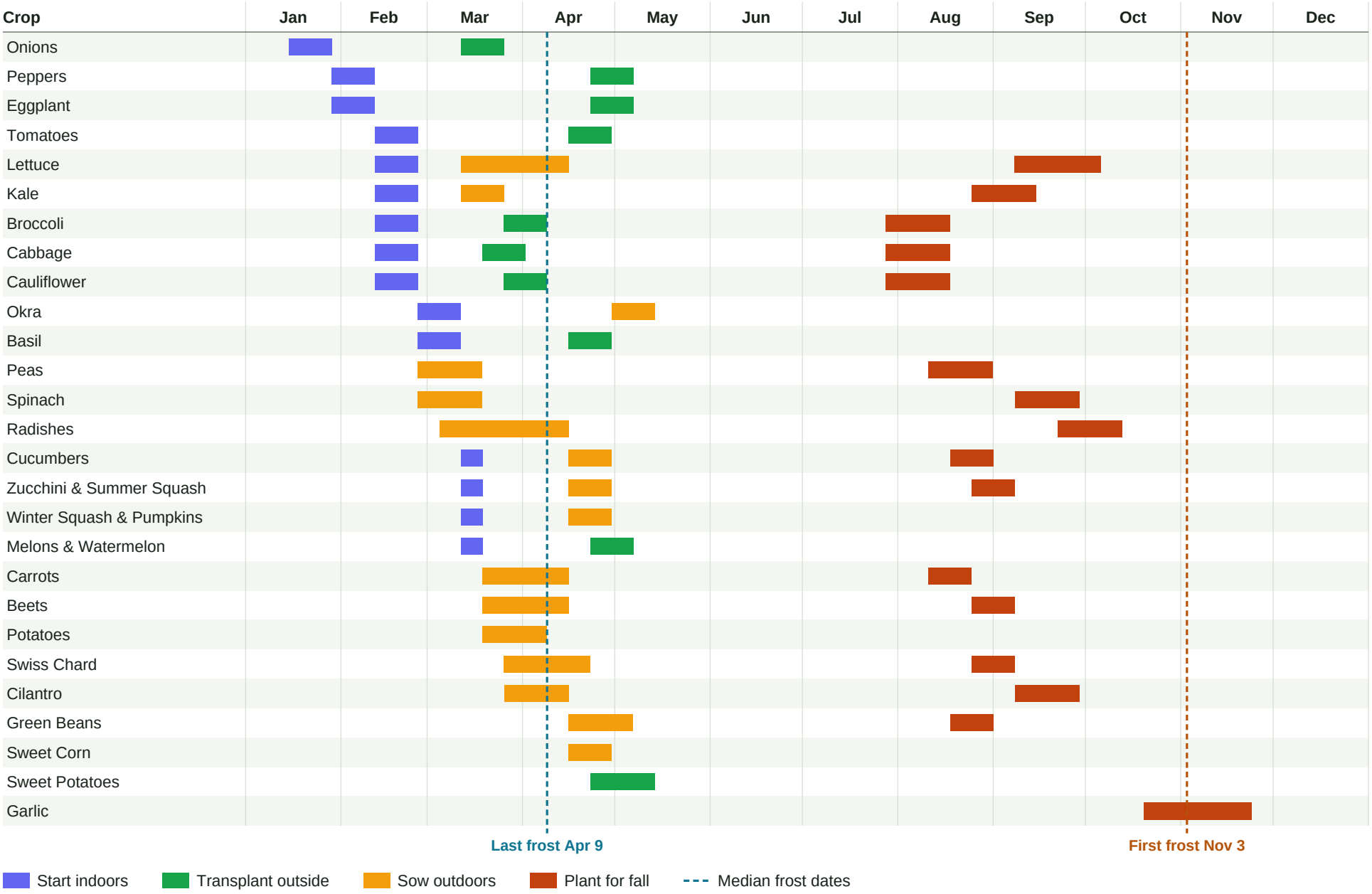
Spring Lake, NJ planting calendar

Median last frost Apr 9 (10% chance of frost after Apr 23) · Median first frost Nov 3 · 208-day growing season · Zone 7b



Spring Lake, NJ planting dates

Median last frost Apr 9 (10% chance of frost after Apr 23) · Median first frost Nov 3 · 208-day growing season · Zone 7b

Crop	Start indoors	Transplant outside	Sow outdoors	Plant for fall
Onions	Jan 15 – Jan 29	Mar 12 – Mar 26	—	—
Peppers	Jan 29 – Feb 12	Apr 23 – May 7	—	—
Eggplant	Jan 29 – Feb 12	Apr 23 – May 7	—	—
Tomatoes	Feb 12 – Feb 26	Apr 16 – Apr 30	—	—
Lettuce	Feb 12 – Feb 26	Mar 19 – Apr 2	Mar 12 – Apr 16	Sep 8 – Oct 6
Kale	Feb 12 – Feb 26	Mar 12 – Mar 26	Mar 12 – Mar 26	Aug 25 – Sep 15
Broccoli	Feb 12 – Feb 26	Mar 26 – Apr 9	—	Jul 28 – Aug 18
Cabbage	Feb 12 – Feb 26	Mar 19 – Apr 2	—	Jul 28 – Aug 18
Cauliflower	Feb 12 – Feb 26	Mar 26 – Apr 9	—	Jul 28 – Aug 18
Okra	Feb 26 – Mar 12	Apr 30 – May 14	Apr 30 – May 14	—
Basil	Feb 26 – Mar 12	Apr 16 – Apr 30	—	—
Peas	—	—	Feb 26 – Mar 19	Aug 11 – Sep 1
Spinach	—	—	Feb 26 – Mar 19	Sep 8 – Sep 29
Radishes	—	—	Mar 5 – Apr 16	Sep 22 – Oct 13
Cucumbers	Mar 12 – Mar 19	Apr 23 – Apr 30	Apr 16 – Apr 30	Aug 18 – Sep 1
Zucchini & Summer Squash	Mar 12 – Mar 19	—	Apr 16 – Apr 30	Aug 25 – Sep 8
Winter Squash & Pumpkins	Mar 12 – Mar 19	—	Apr 16 – Apr 30	—
Melons & Watermelon	Mar 12 – Mar 19	Apr 23 – May 7	—	—
Carrots	—	—	Mar 19 – Apr 16	Aug 11 – Aug 25
Beets	—	—	Mar 19 – Apr 16	Aug 25 – Sep 8
Potatoes	—	—	Mar 19 – Apr 9	—
Swiss Chard	—	—	Mar 26 – Apr 23	Aug 25 – Sep 8
Cilantro	—	—	Mar 26 – Apr 16	Sep 8 – Sep 29
Green Beans	—	—	Apr 16 – May 7	Aug 18 – Sep 1
Sweet Corn	—	—	Apr 16 – Apr 30	—
Sweet Potatoes	—	Apr 23 – May 14	—	—
Garlic	—	—	—	Oct 20 – Nov 24

Wait until after Apr 23 (only a 10% chance of frost) to plant out the most frost-tender crops: tomatoes, peppers, basil, melons.