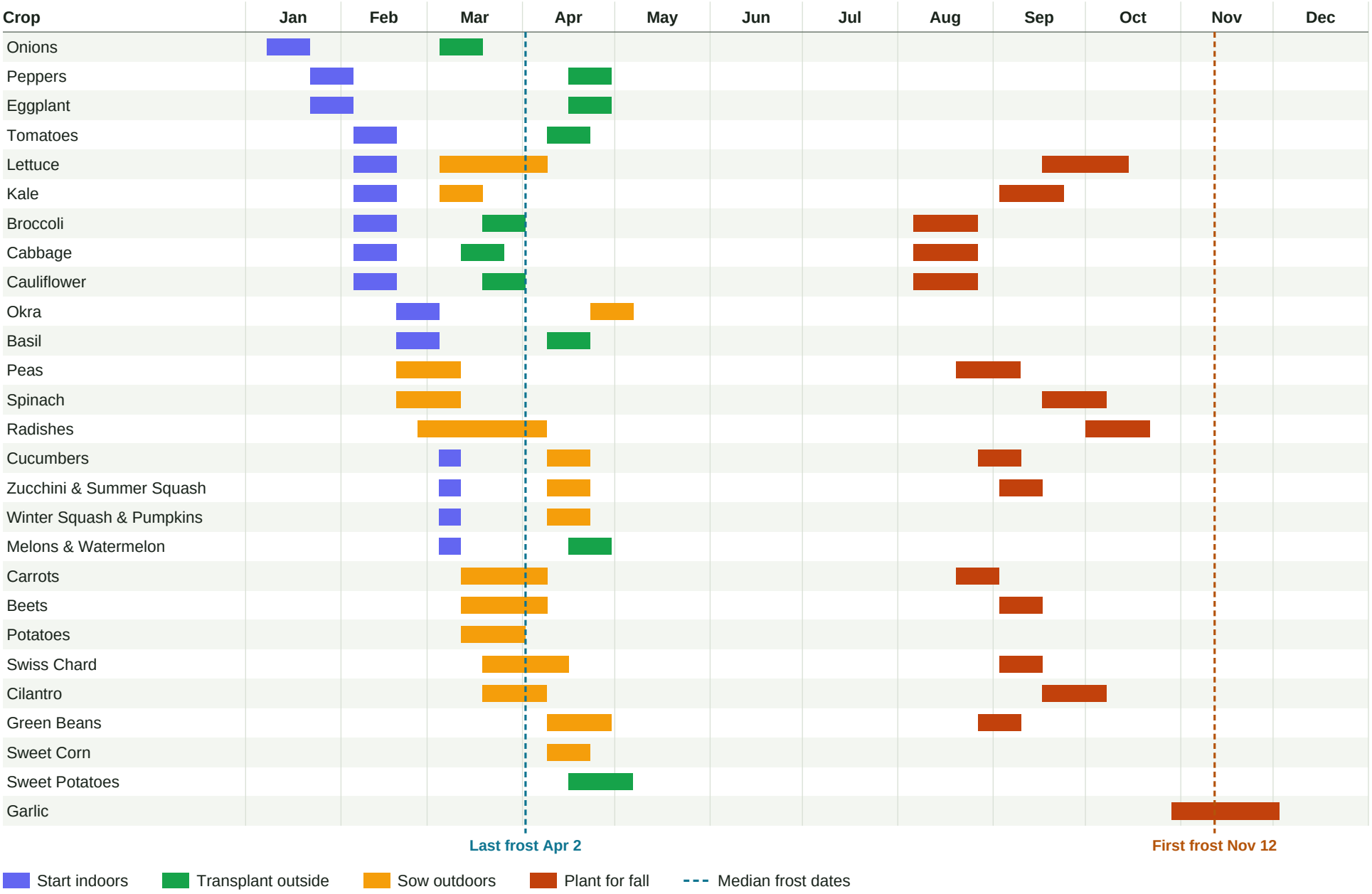
East Meadow, NY planting calendar

Median last frost Apr 2 (10% chance of frost after Apr 16) · Median first frost Nov 12 · 224-day growing season · Zone 7b



East Meadow, NY planting dates

Median last frost Apr 2 (10% chance of frost after Apr 16) · Median first frost Nov 12 · 224-day growing season · Zone 7b

Crop	Start indoors	Transplant outside	Sow outdoors	Plant for fall
Onions	Jan 8 – Jan 22	Mar 5 – Mar 19	—	—
Peppers	Jan 22 – Feb 5	Apr 16 – Apr 30	—	—
Eggplant	Jan 22 – Feb 5	Apr 16 – Apr 30	—	—
Tomatoes	Feb 5 – Feb 19	Apr 9 – Apr 23	—	—
Lettuce	Feb 5 – Feb 19	Mar 12 – Mar 26	Mar 5 – Apr 9	Sep 17 – Oct 15
Kale	Feb 5 – Feb 19	Mar 5 – Mar 19	Mar 5 – Mar 19	Sep 3 – Sep 24
Broccoli	Feb 5 – Feb 19	Mar 19 – Apr 2	—	Aug 6 – Aug 27
Cabbage	Feb 5 – Feb 19	Mar 12 – Mar 26	—	Aug 6 – Aug 27
Cauliflower	Feb 5 – Feb 19	Mar 19 – Apr 2	—	Aug 6 – Aug 27
Okra	Feb 19 – Mar 5	Apr 23 – May 7	Apr 23 – May 7	—
Basil	Feb 19 – Mar 5	Apr 9 – Apr 23	—	—
Peas	—	—	Feb 19 – Mar 12	Aug 20 – Sep 10
Spinach	—	—	Feb 19 – Mar 12	Sep 17 – Oct 8
Radishes	—	—	Feb 26 – Apr 9	Oct 1 – Oct 22
Cucumbers	Mar 5 – Mar 12	Apr 16 – Apr 23	Apr 9 – Apr 23	Aug 27 – Sep 10
Zucchini & Summer Squash	Mar 5 – Mar 12	—	Apr 9 – Apr 23	Sep 3 – Sep 17
Winter Squash & Pumpkins	Mar 5 – Mar 12	—	Apr 9 – Apr 23	—
Melons & Watermelon	Mar 5 – Mar 12	Apr 16 – Apr 30	—	—
Carrots	—	—	Mar 12 – Apr 9	Aug 20 – Sep 3
Beets	—	—	Mar 12 – Apr 9	Sep 3 – Sep 17
Potatoes	—	—	Mar 12 – Apr 2	—
Swiss Chard	—	—	Mar 19 – Apr 16	Sep 3 – Sep 17
Cilantro	—	—	Mar 19 – Apr 9	Sep 17 – Oct 8
Green Beans	—	—	Apr 9 – Apr 30	Aug 27 – Sep 10
Sweet Corn	—	—	Apr 9 – Apr 23	—
Sweet Potatoes	—	Apr 16 – May 7	—	—
Garlic	—	—	—	Oct 29 – Dec 3

Wait until after Apr 16 (only a 10% chance of frost) to plant out the most frost-tender crops: tomatoes, peppers, basil, melons.