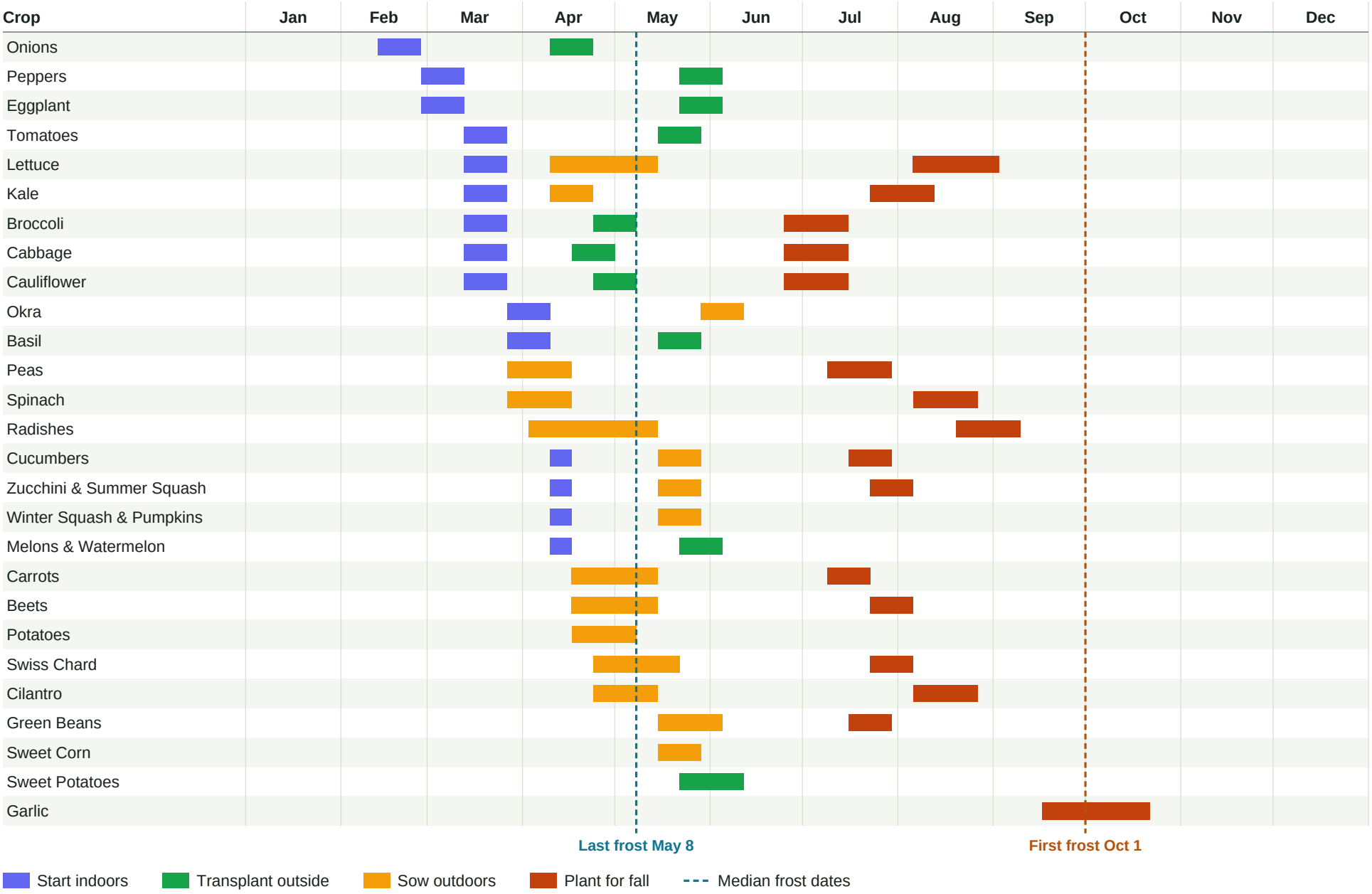
Helena, NY planting calendar

Median last frost May 8 (10% chance of frost after May 23) · Median first frost Oct 1 · 146-day growing season · Zone 5a



Helena, NY planting dates

Median last frost May 8 (10% chance of frost after May 23) · Median first frost Oct 1 · 146-day growing season · Zone 5a

Crop	Start indoors	Transplant outside	Sow outdoors	Plant for fall
Onions	Feb 13 – Feb 27	Apr 10 – Apr 24	—	—
Peppers	Feb 27 – Mar 13	May 22 – Jun 5	—	—
Eggplant	Feb 27 – Mar 13	May 22 – Jun 5	—	—
Tomatoes	Mar 13 – Mar 27	May 15 – May 29	—	—
Lettuce	Mar 13 – Mar 27	Apr 17 – May 1	Apr 10 – May 15	Aug 6 – Sep 3
Kale	Mar 13 – Mar 27	Apr 10 – Apr 24	Apr 10 – Apr 24	Jul 23 – Aug 13
Broccoli	Mar 13 – Mar 27	Apr 24 – May 8	—	Jun 25 – Jul 16
Cabbage	Mar 13 – Mar 27	Apr 17 – May 1	—	Jun 25 – Jul 16
Cauliflower	Mar 13 – Mar 27	Apr 24 – May 8	—	Jun 25 – Jul 16
Okra	Mar 27 – Apr 10	May 29 – Jun 12	May 29 – Jun 12	—
Basil	Mar 27 – Apr 10	May 15 – May 29	—	—
Peas	—	—	Mar 27 – Apr 17	Jul 9 – Jul 30
Spinach	—	—	Mar 27 – Apr 17	Aug 6 – Aug 27
Radishes	—	—	Apr 3 – May 15	Aug 20 – Sep 10
Cucumbers	Apr 10 – Apr 17	May 22 – May 29	May 15 – May 29	Jul 16 – Jul 30
Zucchini & Summer Squash	Apr 10 – Apr 17	—	May 15 – May 29	Jul 23 – Aug 6
Winter Squash & Pumpkins	Apr 10 – Apr 17	—	May 15 – May 29	—
Melons & Watermelon	Apr 10 – Apr 17	May 22 – Jun 5	—	—
Carrots	—	—	Apr 17 – May 15	Jul 9 – Jul 23
Beets	—	—	Apr 17 – May 15	Jul 23 – Aug 6
Potatoes	—	—	Apr 17 – May 8	—
Swiss Chard	—	—	Apr 24 – May 22	Jul 23 – Aug 6
Cilantro	—	—	Apr 24 – May 15	Aug 6 – Aug 27
Green Beans	—	—	May 15 – Jun 5	Jul 16 – Jul 30
Sweet Corn	—	—	May 15 – May 29	—
Sweet Potatoes	—	May 22 – Jun 12	—	—
Garlic	—	—	—	Sep 17 – Oct 22

Wait until after May 23 (only a 10% chance of frost) to plant out the most frost-tender crops: tomatoes, peppers, basil, melons.