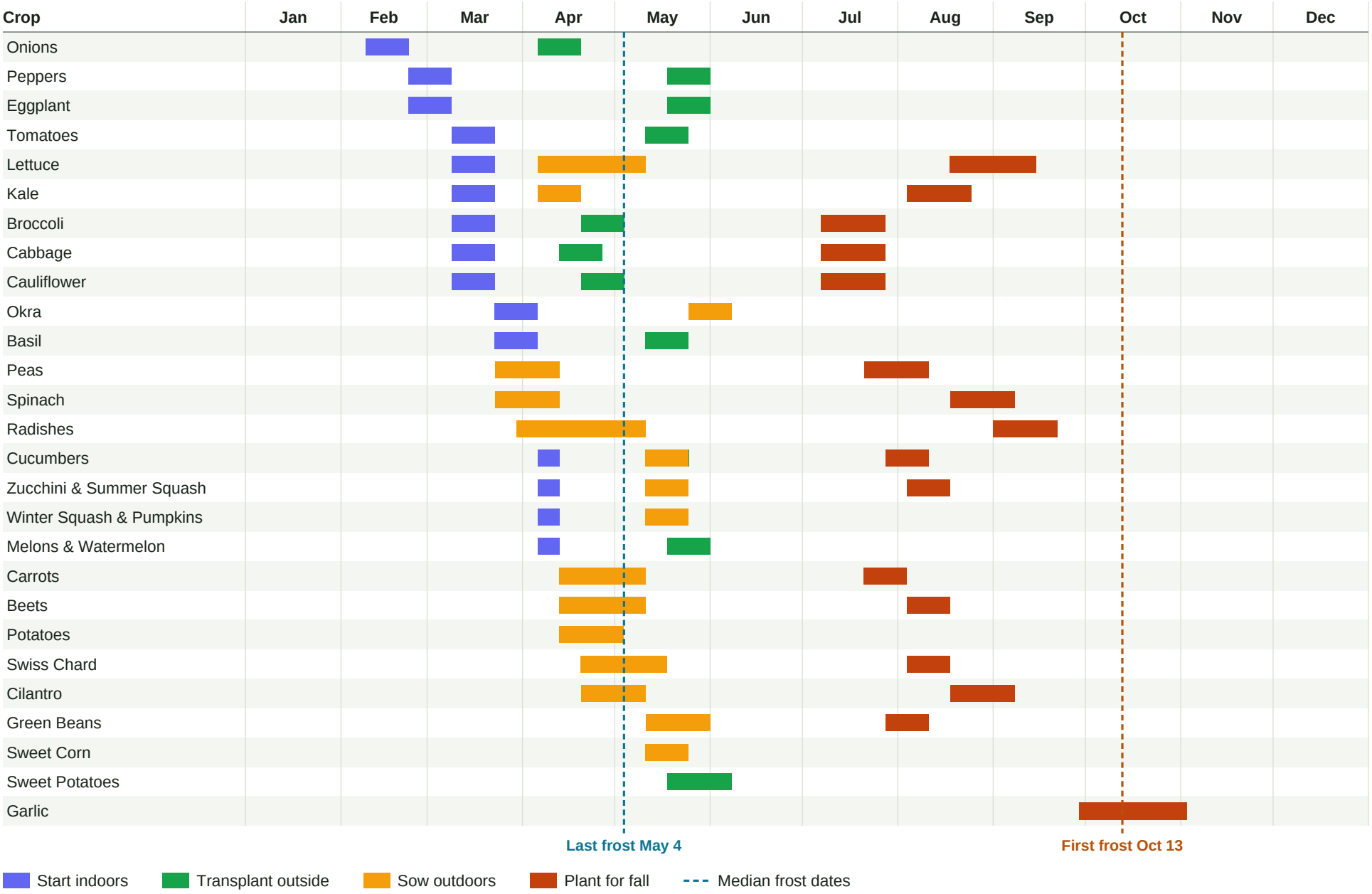
Poland, NY planting calendar

Median last frost May 4 (10% chance of frost after May 23) · Median first frost Oct 13 · 162-day growing season · Zone 5a



Poland, NY planting dates

Median last frost May 4 (10% chance of frost after May 23) · Median first frost Oct 13 · 162-day growing season · Zone 5a

Crop	Start indoors	Transplant outside	Sow outdoors	Plant for fall
Onions	Feb 9 – Feb 23	Apr 6 – Apr 20	—	—
Peppers	Feb 23 – Mar 9	May 18 – Jun 1	—	—
Eggplant	Feb 23 – Mar 9	May 18 – Jun 1	—	—
Tomatoes	Mar 9 – Mar 23	May 11 – May 25	—	—
Lettuce	Mar 9 – Mar 23	Apr 13 – Apr 27	Apr 6 – May 11	Aug 18 – Sep 15
Kale	Mar 9 – Mar 23	Apr 6 – Apr 20	Apr 6 – Apr 20	Aug 4 – Aug 25
Broccoli	Mar 9 – Mar 23	Apr 20 – May 4	—	Jul 7 – Jul 28
Cabbage	Mar 9 – Mar 23	Apr 13 – Apr 27	—	Jul 7 – Jul 28
Cauliflower	Mar 9 – Mar 23	Apr 20 – May 4	—	Jul 7 – Jul 28
Okra	Mar 23 – Apr 6	May 25 – Jun 8	May 25 – Jun 8	—
Basil	Mar 23 – Apr 6	May 11 – May 25	—	—
Peas	—	—	Mar 23 – Apr 13	Jul 21 – Aug 11
Spinach	—	—	Mar 23 – Apr 13	Aug 18 – Sep 8
Radishes	—	—	Mar 30 – May 11	Sep 1 – Sep 22
Cucumbers	Apr 6 – Apr 13	May 18 – May 25	May 11 – May 25	Jul 28 – Aug 11
Zucchini & Summer Squash	Apr 6 – Apr 13	—	May 11 – May 25	Aug 4 – Aug 18
Winter Squash & Pumpkins	Apr 6 – Apr 13	—	May 11 – May 25	—
Melons & Watermelon	Apr 6 – Apr 13	May 18 – Jun 1	—	—
Carrots	—	—	Apr 13 – May 11	Jul 21 – Aug 4
Beets	—	—	Apr 13 – May 11	Aug 4 – Aug 18
Potatoes	—	—	Apr 13 – May 4	—
Swiss Chard	—	—	Apr 20 – May 18	Aug 4 – Aug 18
Cilantro	—	—	Apr 20 – May 11	Aug 18 – Sep 8
Green Beans	—	—	May 11 – Jun 1	Jul 28 – Aug 11
Sweet Corn	—	—	May 11 – May 25	—
Sweet Potatoes	—	May 18 – Jun 8	—	—
Garlic	—	—	—	Sep 29 – Nov 3

Wait until after May 23 (only a 10% chance of frost) to plant out the most frost-tender crops: tomatoes, peppers, basil, melons.