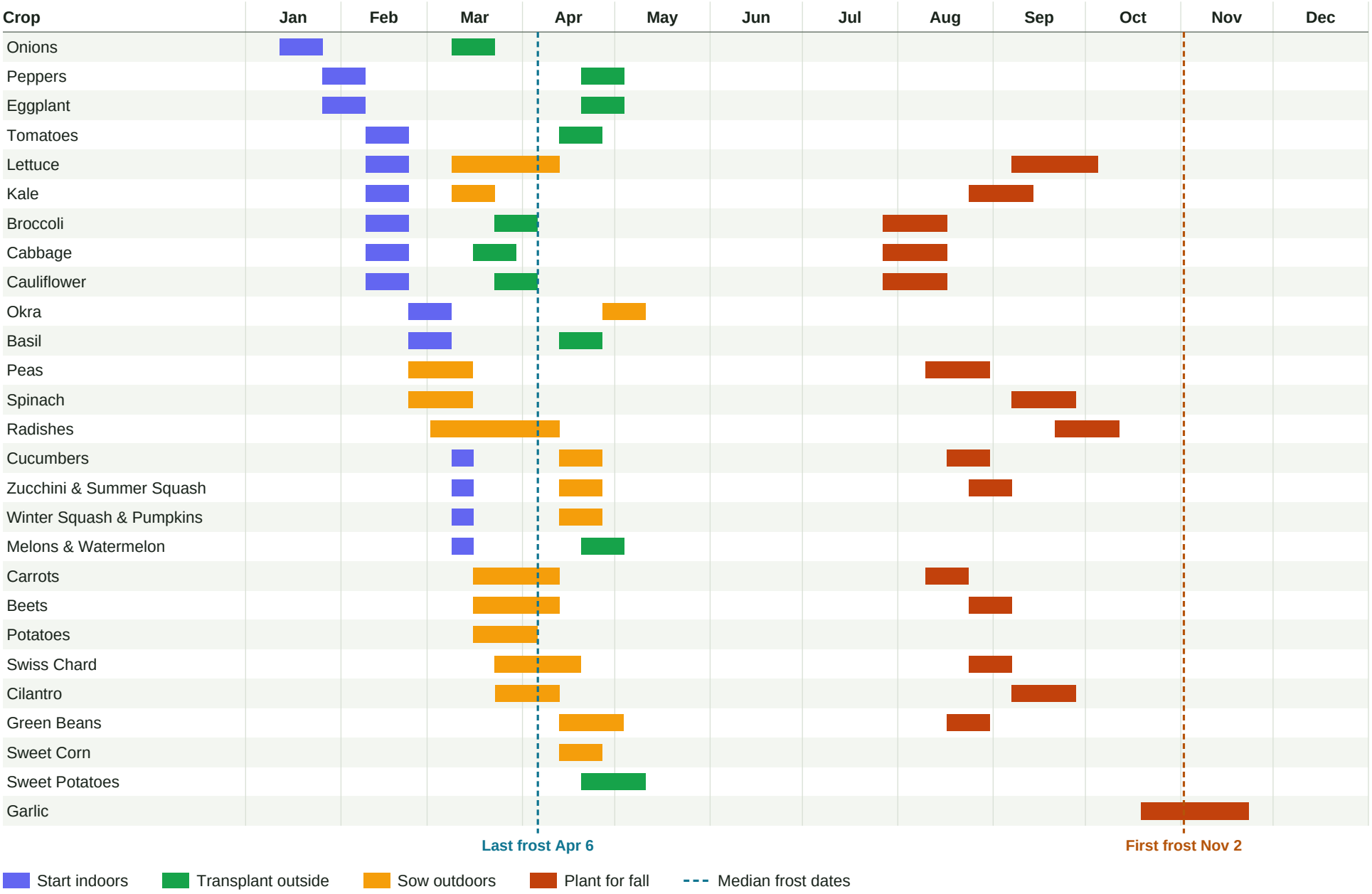
Panama, OK planting calendar

Median last frost Apr 6 (10% chance of frost after Apr 24) · Median first frost Nov 2 · 210-day growing season · Zone 7b



Panama, OK planting dates

Median last frost Apr 6 (10% chance of frost after Apr 24) · Median first frost Nov 2 · 210-day growing season · Zone 7b

Crop	Start indoors	Transplant outside	Sow outdoors	Plant for fall
Onions	Jan 12 – Jan 26	Mar 9 – Mar 23	—	—
Peppers	Jan 26 – Feb 9	Apr 20 – May 4	—	—
Eggplant	Jan 26 – Feb 9	Apr 20 – May 4	—	—
Tomatoes	Feb 9 – Feb 23	Apr 13 – Apr 27	—	—
Lettuce	Feb 9 – Feb 23	Mar 16 – Mar 30	Mar 9 – Apr 13	Sep 7 – Oct 5
Kale	Feb 9 – Feb 23	Mar 9 – Mar 23	Mar 9 – Mar 23	Aug 24 – Sep 14
Broccoli	Feb 9 – Feb 23	Mar 23 – Apr 6	—	Jul 27 – Aug 17
Cabbage	Feb 9 – Feb 23	Mar 16 – Mar 30	—	Jul 27 – Aug 17
Cauliflower	Feb 9 – Feb 23	Mar 23 – Apr 6	—	Jul 27 – Aug 17
Okra	Feb 23 – Mar 9	Apr 27 – May 11	Apr 27 – May 11	—
Basil	Feb 23 – Mar 9	Apr 13 – Apr 27	—	—
Peas	—	—	Feb 23 – Mar 16	Aug 10 – Aug 31
Spinach	—	—	Feb 23 – Mar 16	Sep 7 – Sep 28
Radishes	—	—	Mar 2 – Apr 13	Sep 21 – Oct 12
Cucumbers	Mar 9 – Mar 16	Apr 20 – Apr 27	Apr 13 – Apr 27	Aug 17 – Aug 31
Zucchini & Summer Squash	Mar 9 – Mar 16	—	Apr 13 – Apr 27	Aug 24 – Sep 7
Winter Squash & Pumpkins	Mar 9 – Mar 16	—	Apr 13 – Apr 27	—
Melons & Watermelon	Mar 9 – Mar 16	Apr 20 – May 4	—	—
Carrots	—	—	Mar 16 – Apr 13	Aug 10 – Aug 24
Beets	—	—	Mar 16 – Apr 13	Aug 24 – Sep 7
Potatoes	—	—	Mar 16 – Apr 6	—
Swiss Chard	—	—	Mar 23 – Apr 20	Aug 24 – Sep 7
Cilantro	—	—	Mar 23 – Apr 13	Sep 7 – Sep 28
Green Beans	—	—	Apr 13 – May 4	Aug 17 – Aug 31
Sweet Corn	—	—	Apr 13 – Apr 27	—
Sweet Potatoes	—	Apr 20 – May 11	—	—
Garlic	—	—	—	Oct 19 – Nov 23

Wait until after Apr 24 (only a 10% chance of frost) to plant out the most frost-tender crops: tomatoes, peppers, basil, melons.