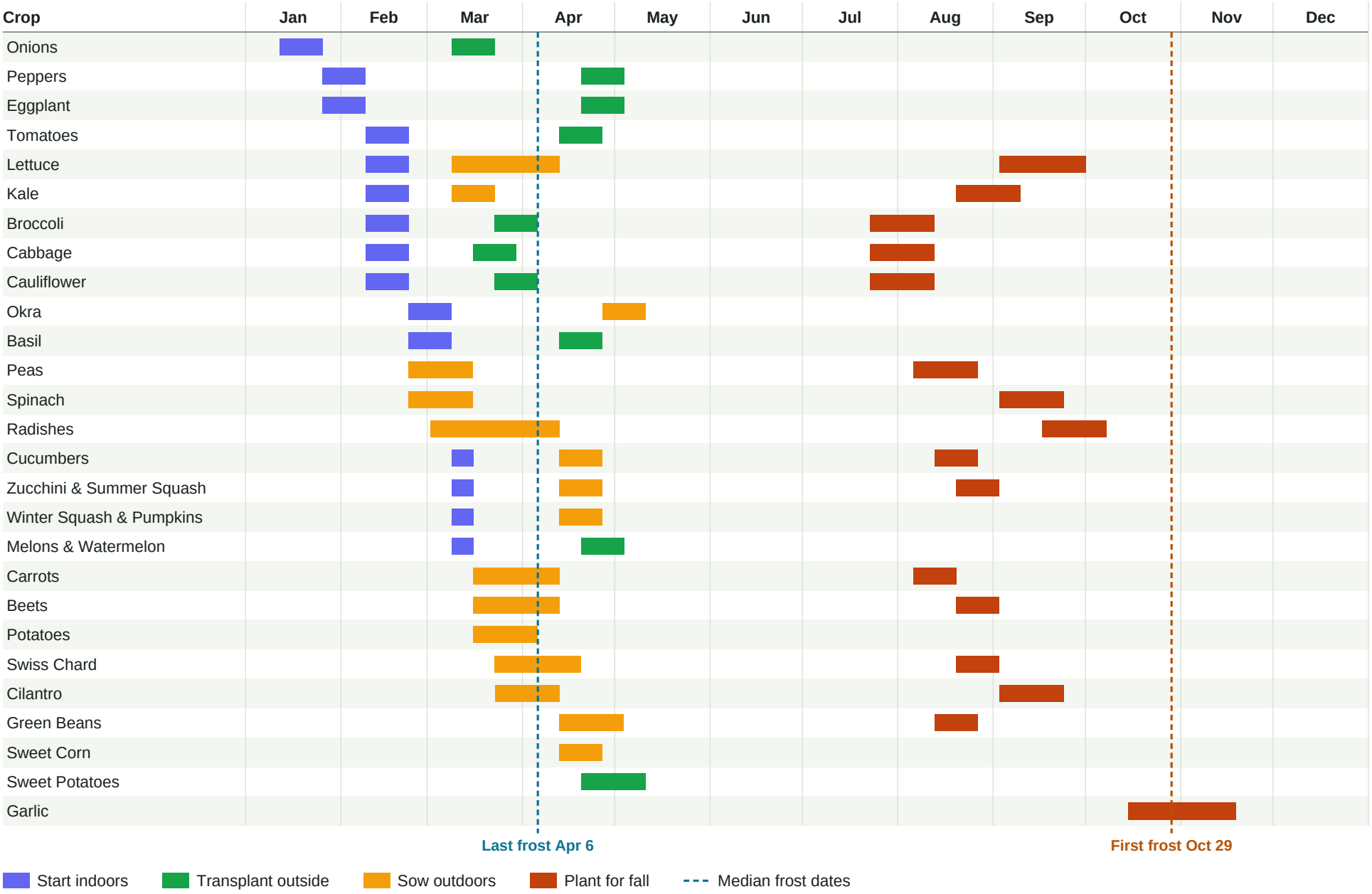
Cowan, TN planting calendar

Median last frost Apr 6 (10% chance of frost after Apr 25) · Median first frost Oct 29 · 206-day growing season · Zone 7b



Cowan, TN planting dates

Median last frost Apr 6 (10% chance of frost after Apr 25) · Median first frost Oct 29 · 206-day growing season · Zone 7b

Crop	Start indoors	Transplant outside	Sow outdoors	Plant for fall
Onions	Jan 12 – Jan 26	Mar 9 – Mar 23	—	—
Peppers	Jan 26 – Feb 9	Apr 20 – May 4	—	—
Eggplant	Jan 26 – Feb 9	Apr 20 – May 4	—	—
Tomatoes	Feb 9 – Feb 23	Apr 13 – Apr 27	—	—
Lettuce	Feb 9 – Feb 23	Mar 16 – Mar 30	Mar 9 – Apr 13	Sep 3 – Oct 1
Kale	Feb 9 – Feb 23	Mar 9 – Mar 23	Mar 9 – Mar 23	Aug 20 – Sep 10
Broccoli	Feb 9 – Feb 23	Mar 23 – Apr 6	—	Jul 23 – Aug 13
Cabbage	Feb 9 – Feb 23	Mar 16 – Mar 30	—	Jul 23 – Aug 13
Cauliflower	Feb 9 – Feb 23	Mar 23 – Apr 6	—	Jul 23 – Aug 13
Okra	Feb 23 – Mar 9	Apr 27 – May 11	Apr 27 – May 11	—
Basil	Feb 23 – Mar 9	Apr 13 – Apr 27	—	—
Peas	—	—	Feb 23 – Mar 16	Aug 6 – Aug 27
Spinach	—	—	Feb 23 – Mar 16	Sep 3 – Sep 24
Radishes	—	—	Mar 2 – Apr 13	Sep 17 – Oct 8
Cucumbers	Mar 9 – Mar 16	Apr 20 – Apr 27	Apr 13 – Apr 27	Aug 13 – Aug 27
Zucchini & Summer Squash	Mar 9 – Mar 16	—	Apr 13 – Apr 27	Aug 20 – Sep 3
Winter Squash & Pumpkins	Mar 9 – Mar 16	—	Apr 13 – Apr 27	—
Melons & Watermelon	Mar 9 – Mar 16	Apr 20 – May 4	—	—
Carrots	—	—	Mar 16 – Apr 13	Aug 6 – Aug 20
Beets	—	—	Mar 16 – Apr 13	Aug 20 – Sep 3
Potatoes	—	—	Mar 16 – Apr 6	—
Swiss Chard	—	—	Mar 23 – Apr 20	Aug 20 – Sep 3
Cilantro	—	—	Mar 23 – Apr 13	Sep 3 – Sep 24
Green Beans	—	—	Apr 13 – May 4	Aug 13 – Aug 27
Sweet Corn	—	—	Apr 13 – Apr 27	—
Sweet Potatoes	—	Apr 20 – May 11	—	—
Garlic	—	—	—	Oct 15 – Nov 19

Wait until after Apr 25 (only a 10% chance of frost) to plant out the most frost-tender crops: tomatoes, peppers, basil, melons.