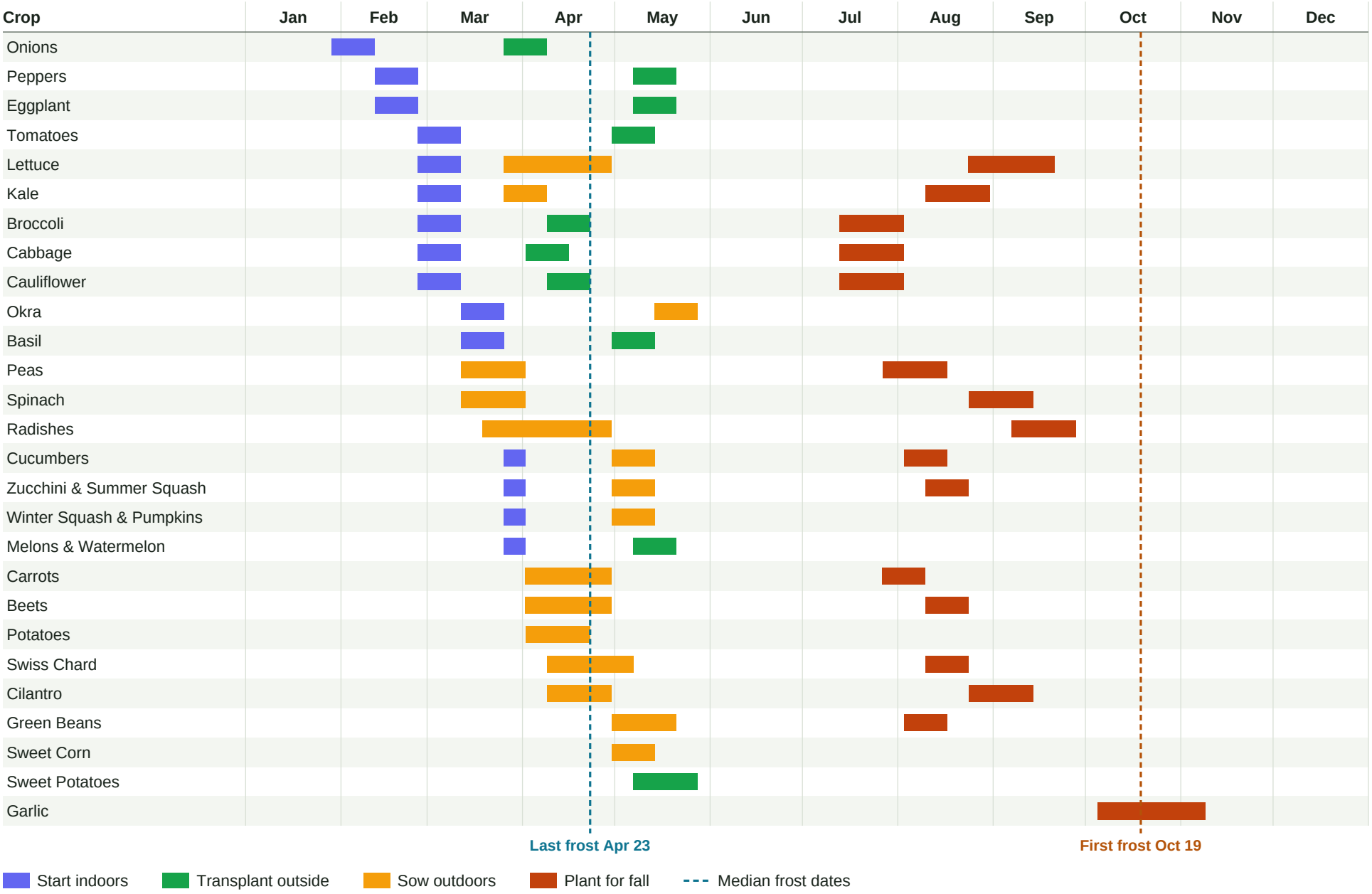
# Lone Mountain, TN planting calendar

Median last frost Apr 23 (10% chance of frost after May 11) · Median first frost Oct 19 · 179-day growing season · Zone 7a



# Lone Mountain, TN planting dates

Median last frost Apr 23 (10% chance of frost after May 11) · Median first frost Oct 19 · 179-day growing season · Zone 7a

| Crop | Start indoors | Transplant outside | Sow outdoors | Plant for fall |
|---|---|---|---|---|
| Onions | Jan 29 – Feb 12 | Mar 26 – Apr 9 | — | — |
| Peppers | Feb 12 – Feb 26 | May 7 – May 21 | — | — |
| Eggplant | Feb 12 – Feb 26 | May 7 – May 21 | — | — |
| Tomatoes | Feb 26 – Mar 12 | Apr 30 – May 14 | — | — |
| Lettuce | Feb 26 – Mar 12 | Apr 2 – Apr 16 | Mar 26 – Apr 30 | Aug 24 – Sep 21 |
| Kale | Feb 26 – Mar 12 | Mar 26 – Apr 9 | Mar 26 – Apr 9 | Aug 10 – Aug 31 |
| Broccoli | Feb 26 – Mar 12 | Apr 9 – Apr 23 | — | Jul 13 – Aug 3 |
| Cabbage | Feb 26 – Mar 12 | Apr 2 – Apr 16 | — | Jul 13 – Aug 3 |
| Cauliflower | Feb 26 – Mar 12 | Apr 9 – Apr 23 | — | Jul 13 – Aug 3 |
| Okra | Mar 12 – Mar 26 | May 14 – May 28 | May 14 – May 28 | — |
| Basil | Mar 12 – Mar 26 | Apr 30 – May 14 | — | — |
| Peas | — | — | Mar 12 – Apr 2 | Jul 27 – Aug 17 |
| Spinach | — | — | Mar 12 – Apr 2 | Aug 24 – Sep 14 |
| Radishes | — | — | Mar 19 – Apr 30 | Sep 7 – Sep 28 |
| Cucumbers | Mar 26 – Apr 2 | May 7 – May 14 | Apr 30 – May 14 | Aug 3 – Aug 17 |
| Zucchini & Summer Squash | Mar 26 – Apr 2 | — | Apr 30 – May 14 | Aug 10 – Aug 24 |
| Winter Squash & Pumpkins | Mar 26 – Apr 2 | — | Apr 30 – May 14 | — |
| Melons & Watermelon | Mar 26 – Apr 2 | May 7 – May 21 | — | — |
| Carrots | — | — | Apr 2 – Apr 30 | Jul 27 – Aug 10 |
| Beets | — | — | Apr 2 – Apr 30 | Aug 10 – Aug 24 |
| Potatoes | — | — | Apr 2 – Apr 23 | — |
| Swiss Chard | — | — | Apr 9 – May 7 | Aug 10 – Aug 24 |
| Cilantro | — | — | Apr 9 – Apr 30 | Aug 24 – Sep 14 |
| Green Beans | — | — | Apr 30 – May 21 | Aug 3 – Aug 17 |
| Sweet Corn | — | — | Apr 30 – May 14 | — |
| Sweet Potatoes | — | May 7 – May 28 | — | — |
| Garlic | — | — | — | Oct 5 – Nov 9 |

Wait until after May 11 (only a 10% chance of frost) to plant out the most frost-tender crops: tomatoes, peppers, basil, melons.