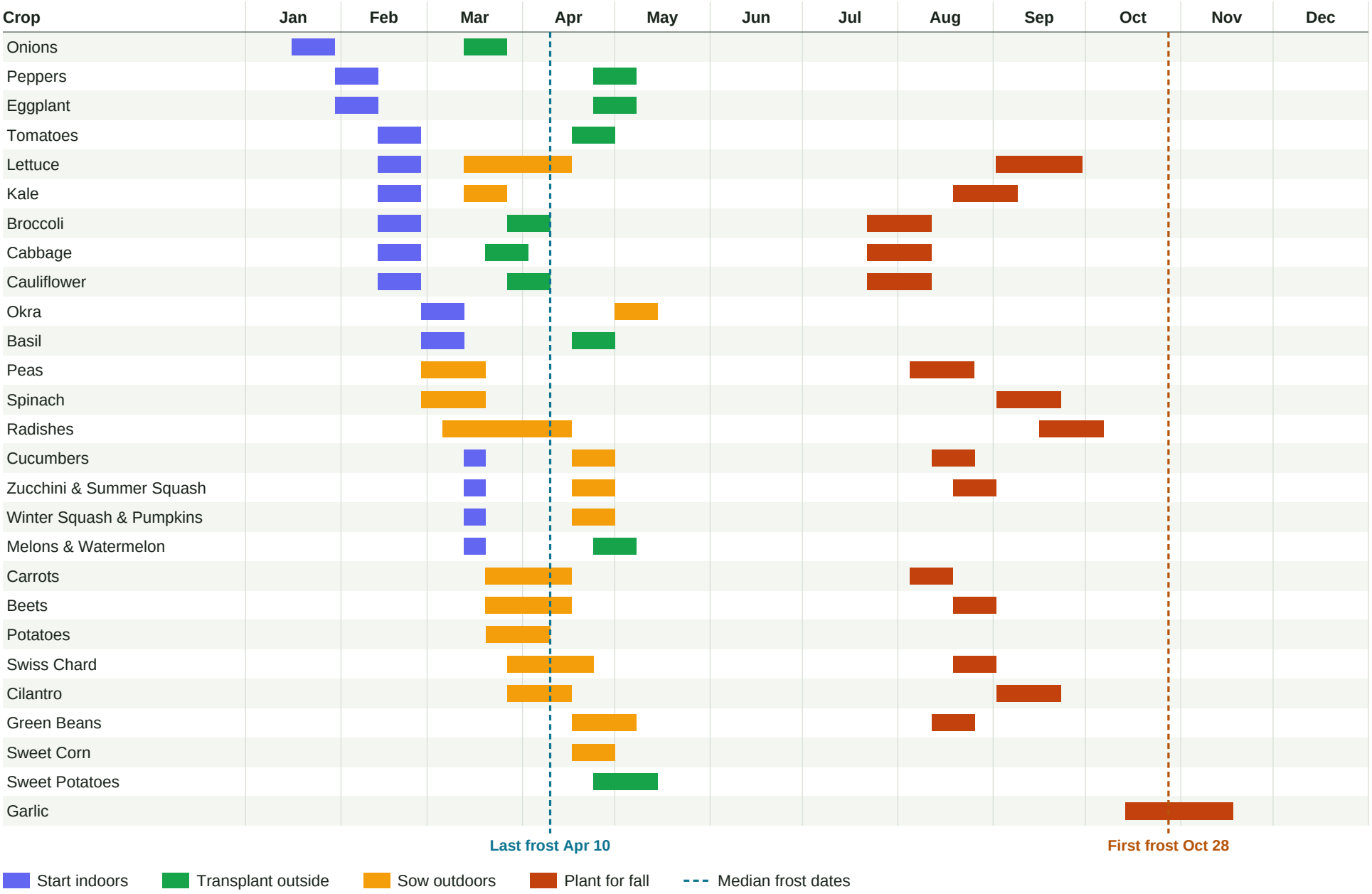
Lowland, TN planting calendar

Median last frost Apr 10 (10% chance of frost after Apr 26) · Median first frost Oct 28 · 201-day growing season · Zone 7b



Lowland, TN planting dates

Median last frost Apr 10 (10% chance of frost after Apr 26) · Median first frost Oct 28 · 201-day growing season · Zone 7b

Crop	Start indoors	Transplant outside	Sow outdoors	Plant for fall
Onions	Jan 16 – Jan 30	Mar 13 – Mar 27	—	—
Peppers	Jan 30 – Feb 13	Apr 24 – May 8	—	—
Eggplant	Jan 30 – Feb 13	Apr 24 – May 8	—	—
Tomatoes	Feb 13 – Feb 27	Apr 17 – May 1	—	—
Lettuce	Feb 13 – Feb 27	Mar 20 – Apr 3	Mar 13 – Apr 17	Sep 2 – Sep 30
Kale	Feb 13 – Feb 27	Mar 13 – Mar 27	Mar 13 – Mar 27	Aug 19 – Sep 9
Broccoli	Feb 13 – Feb 27	Mar 27 – Apr 10	—	Jul 22 – Aug 12
Cabbage	Feb 13 – Feb 27	Mar 20 – Apr 3	—	Jul 22 – Aug 12
Cauliflower	Feb 13 – Feb 27	Mar 27 – Apr 10	—	Jul 22 – Aug 12
Okra	Feb 27 – Mar 13	May 1 – May 15	May 1 – May 15	—
Basil	Feb 27 – Mar 13	Apr 17 – May 1	—	—
Peas	—	—	Feb 27 – Mar 20	Aug 5 – Aug 26
Spinach	—	—	Feb 27 – Mar 20	Sep 2 – Sep 23
Radishes	—	—	Mar 6 – Apr 17	Sep 16 – Oct 7
Cucumbers	Mar 13 – Mar 20	Apr 24 – May 1	Apr 17 – May 1	Aug 12 – Aug 26
Zucchini & Summer Squash	Mar 13 – Mar 20	—	Apr 17 – May 1	Aug 19 – Sep 2
Winter Squash & Pumpkins	Mar 13 – Mar 20	—	Apr 17 – May 1	—
Melons & Watermelon	Mar 13 – Mar 20	Apr 24 – May 8	—	—
Carrots	—	—	Mar 20 – Apr 17	Aug 5 – Aug 19
Beets	—	—	Mar 20 – Apr 17	Aug 19 – Sep 2
Potatoes	—	—	Mar 20 – Apr 10	—
Swiss Chard	—	—	Mar 27 – Apr 24	Aug 19 – Sep 2
Cilantro	—	—	Mar 27 – Apr 17	Sep 2 – Sep 23
Green Beans	—	—	Apr 17 – May 8	Aug 12 – Aug 26
Sweet Corn	—	—	Apr 17 – May 1	—
Sweet Potatoes	—	Apr 24 – May 15	—	—
Garlic	—	—	—	Oct 14 – Nov 18

Wait until after Apr 26 (only a 10% chance of frost) to plant out the most frost-tender crops: tomatoes, peppers, basil, melons.