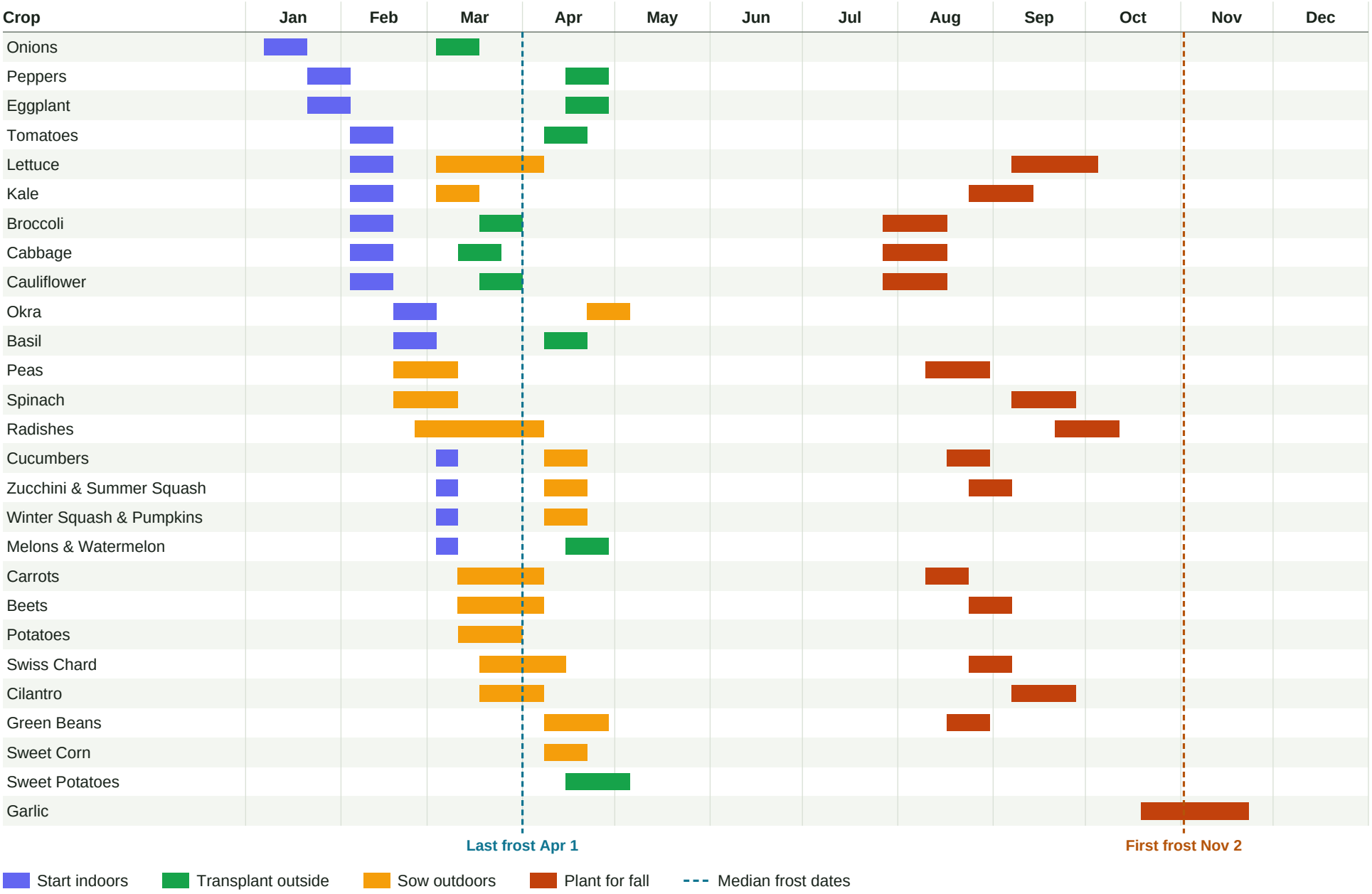
Rockford, TN planting calendar

Median last frost Apr 1 (10% chance of frost after Apr 17) · Median first frost Nov 2 · 215-day growing season · Zone 7b



Rockford, TN planting dates

Median last frost Apr 1 (10% chance of frost after Apr 17) · Median first frost Nov 2 · 215-day growing season · Zone 7b

Crop	Start indoors	Transplant outside	Sow outdoors	Plant for fall
Onions	Jan 7 – Jan 21	Mar 4 – Mar 18	—	—
Peppers	Jan 21 – Feb 4	Apr 15 – Apr 29	—	—
Eggplant	Jan 21 – Feb 4	Apr 15 – Apr 29	—	—
Tomatoes	Feb 4 – Feb 18	Apr 8 – Apr 22	—	—
Lettuce	Feb 4 – Feb 18	Mar 11 – Mar 25	Mar 4 – Apr 8	Sep 7 – Oct 5
Kale	Feb 4 – Feb 18	Mar 4 – Mar 18	Mar 4 – Mar 18	Aug 24 – Sep 14
Broccoli	Feb 4 – Feb 18	Mar 18 – Apr 1	—	Jul 27 – Aug 17
Cabbage	Feb 4 – Feb 18	Mar 11 – Mar 25	—	Jul 27 – Aug 17
Cauliflower	Feb 4 – Feb 18	Mar 18 – Apr 1	—	Jul 27 – Aug 17
Okra	Feb 18 – Mar 4	Apr 22 – May 6	Apr 22 – May 6	—
Basil	Feb 18 – Mar 4	Apr 8 – Apr 22	—	—
Peas	—	—	Feb 18 – Mar 11	Aug 10 – Aug 31
Spinach	—	—	Feb 18 – Mar 11	Sep 7 – Sep 28
Radishes	—	—	Feb 25 – Apr 8	Sep 21 – Oct 12
Cucumbers	Mar 4 – Mar 11	Apr 15 – Apr 22	Apr 8 – Apr 22	Aug 17 – Aug 31
Zucchini & Summer Squash	Mar 4 – Mar 11	—	Apr 8 – Apr 22	Aug 24 – Sep 7
Winter Squash & Pumpkins	Mar 4 – Mar 11	—	Apr 8 – Apr 22	—
Melons & Watermelon	Mar 4 – Mar 11	Apr 15 – Apr 29	—	—
Carrots	—	—	Mar 11 – Apr 8	Aug 10 – Aug 24
Beets	—	—	Mar 11 – Apr 8	Aug 24 – Sep 7
Potatoes	—	—	Mar 11 – Apr 1	—
Swiss Chard	—	—	Mar 18 – Apr 15	Aug 24 – Sep 7
Cilantro	—	—	Mar 18 – Apr 8	Sep 7 – Sep 28
Green Beans	—	—	Apr 8 – Apr 29	Aug 17 – Aug 31
Sweet Corn	—	—	Apr 8 – Apr 22	—
Sweet Potatoes	—	Apr 15 – May 6	—	—
Garlic	—	—	—	Oct 19 – Nov 23

Wait until after Apr 17 (only a 10% chance of frost) to plant out the most frost-tender crops: tomatoes, peppers, basil, melons.