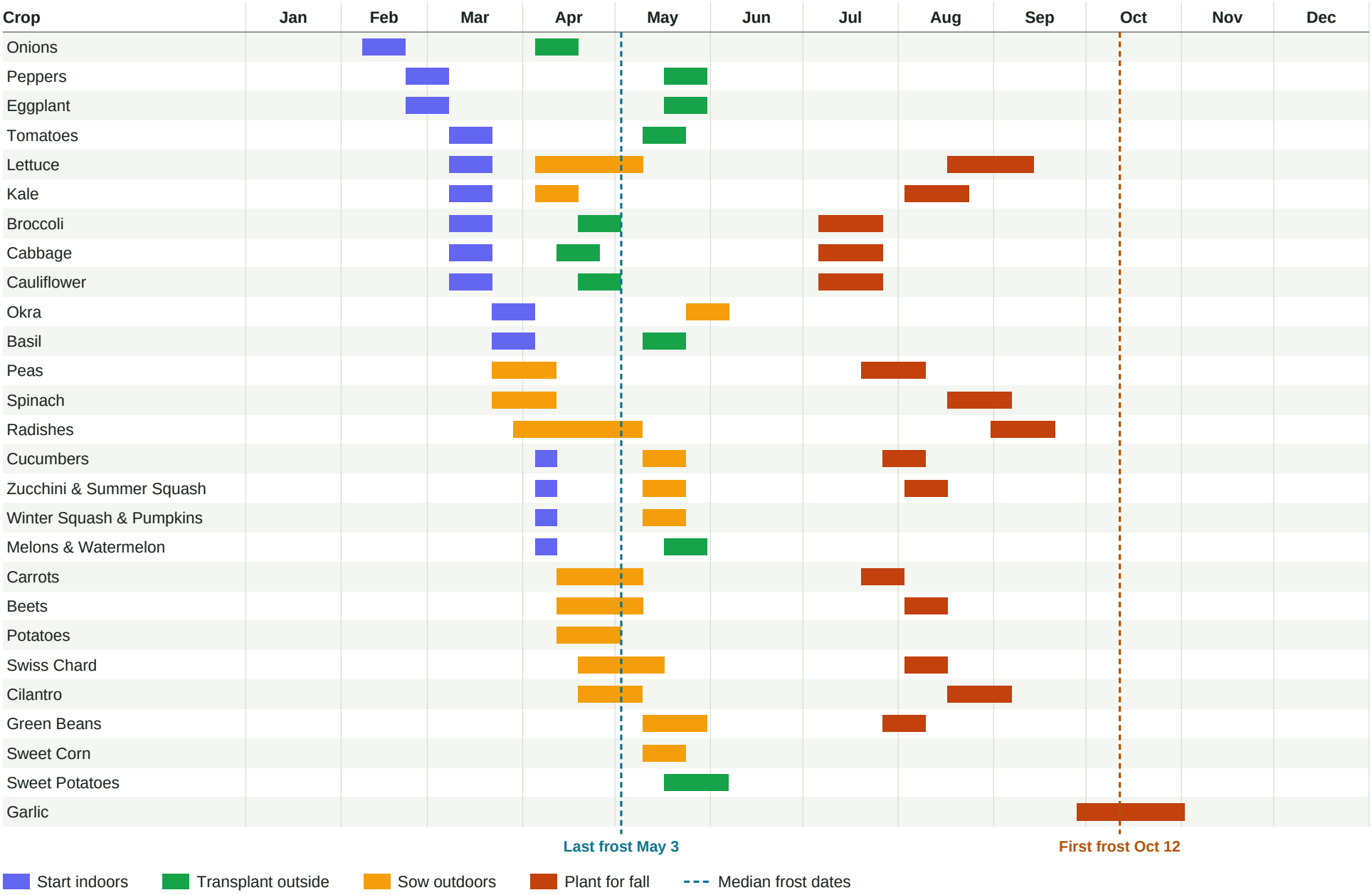
Helper, UT planting calendar

Median last frost May 3 (10% chance of frost after May 21) · Median first frost Oct 12 · 162-day growing season · Zone 6a



Helper, UT planting dates

Median last frost May 3 (10% chance of frost after May 21) · Median first frost Oct 12 · 162-day growing season · Zone 6a

Crop	Start indoors	Transplant outside	Sow outdoors	Plant for fall
Onions	Feb 8 – Feb 22	Apr 5 – Apr 19	—	—
Peppers	Feb 22 – Mar 8	May 17 – May 31	—	—
Eggplant	Feb 22 – Mar 8	May 17 – May 31	—	—
Tomatoes	Mar 8 – Mar 22	May 10 – May 24	—	—
Lettuce	Mar 8 – Mar 22	Apr 12 – Apr 26	Apr 5 – May 10	Aug 17 – Sep 14
Kale	Mar 8 – Mar 22	Apr 5 – Apr 19	Apr 5 – Apr 19	Aug 3 – Aug 24
Broccoli	Mar 8 – Mar 22	Apr 19 – May 3	—	Jul 6 – Jul 27
Cabbage	Mar 8 – Mar 22	Apr 12 – Apr 26	—	Jul 6 – Jul 27
Cauliflower	Mar 8 – Mar 22	Apr 19 – May 3	—	Jul 6 – Jul 27
Okra	Mar 22 – Apr 5	May 24 – Jun 7	May 24 – Jun 7	—
Basil	Mar 22 – Apr 5	May 10 – May 24	—	—
Peas	—	—	Mar 22 – Apr 12	Jul 20 – Aug 10
Spinach	—	—	Mar 22 – Apr 12	Aug 17 – Sep 7
Radishes	—	—	Mar 29 – May 10	Aug 31 – Sep 21
Cucumbers	Apr 5 – Apr 12	May 17 – May 24	May 10 – May 24	Jul 27 – Aug 10
Zucchini & Summer Squash	Apr 5 – Apr 12	—	May 10 – May 24	Aug 3 – Aug 17
Winter Squash & Pumpkins	Apr 5 – Apr 12	—	May 10 – May 24	—
Melons & Watermelon	Apr 5 – Apr 12	May 17 – May 31	—	—
Carrots	—	—	Apr 12 – May 10	Jul 20 – Aug 3
Beets	—	—	Apr 12 – May 10	Aug 3 – Aug 17
Potatoes	—	—	Apr 12 – May 3	—
Swiss Chard	—	—	Apr 19 – May 17	Aug 3 – Aug 17
Cilantro	—	—	Apr 19 – May 10	Aug 17 – Sep 7
Green Beans	—	—	May 10 – May 31	Jul 27 – Aug 10
Sweet Corn	—	—	May 10 – May 24	—
Sweet Potatoes	—	May 17 – Jun 7	—	—
Garlic	—	—	—	Sep 28 – Nov 2

Wait until after May 21 (only a 10% chance of frost) to plant out the most frost-tender crops: tomatoes, peppers, basil, melons.