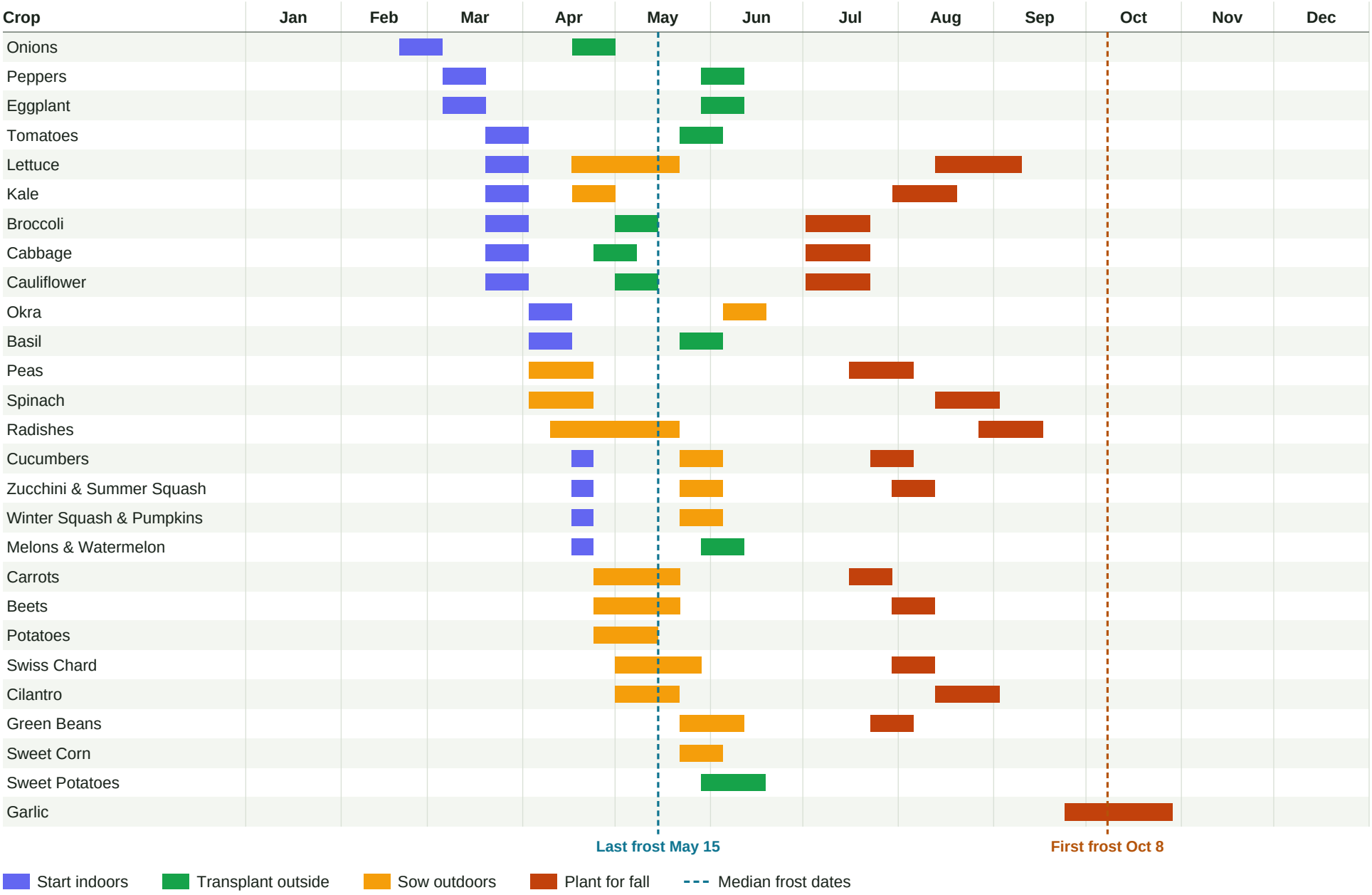
Mount Carmel, UT planting calendar

Median last frost May 15 (10% chance of frost after Jun 4) · Median first frost Oct 8 · 146-day growing season · Zone 7a



Mount Carmel, UT planting dates

Median last frost May 15 (10% chance of frost after Jun 4) · Median first frost Oct 8 · 146-day growing season · Zone 7a

Crop	Start indoors	Transplant outside	Sow outdoors	Plant for fall
Onions	Feb 20 – Mar 6	Apr 17 – May 1	—	—
Peppers	Mar 6 – Mar 20	May 29 – Jun 12	—	—
Eggplant	Mar 6 – Mar 20	May 29 – Jun 12	—	—
Tomatoes	Mar 20 – Apr 3	May 22 – Jun 5	—	—
Lettuce	Mar 20 – Apr 3	Apr 24 – May 8	Apr 17 – May 22	Aug 13 – Sep 10
Kale	Mar 20 – Apr 3	Apr 17 – May 1	Apr 17 – May 1	Jul 30 – Aug 20
Broccoli	Mar 20 – Apr 3	May 1 – May 15	—	Jul 2 – Jul 23
Cabbage	Mar 20 – Apr 3	Apr 24 – May 8	—	Jul 2 – Jul 23
Cauliflower	Mar 20 – Apr 3	May 1 – May 15	—	Jul 2 – Jul 23
Okra	Apr 3 – Apr 17	Jun 5 – Jun 19	Jun 5 – Jun 19	—
Basil	Apr 3 – Apr 17	May 22 – Jun 5	—	—
Peas	—	—	Apr 3 – Apr 24	Jul 16 – Aug 6
Spinach	—	—	Apr 3 – Apr 24	Aug 13 – Sep 3
Radishes	—	—	Apr 10 – May 22	Aug 27 – Sep 17
Cucumbers	Apr 17 – Apr 24	May 29 – Jun 5	May 22 – Jun 5	Jul 23 – Aug 6
Zucchini & Summer Squash	Apr 17 – Apr 24	—	May 22 – Jun 5	Jul 30 – Aug 13
Winter Squash & Pumpkins	Apr 17 – Apr 24	—	May 22 – Jun 5	—
Melons & Watermelon	Apr 17 – Apr 24	May 29 – Jun 12	—	—
Carrots	—	—	Apr 24 – May 22	Jul 16 – Jul 30
Beets	—	—	Apr 24 – May 22	Jul 30 – Aug 13
Potatoes	—	—	Apr 24 – May 15	—
Swiss Chard	—	—	May 1 – May 29	Jul 30 – Aug 13
Cilantro	—	—	May 1 – May 22	Aug 13 – Sep 3
Green Beans	—	—	May 22 – Jun 12	Jul 23 – Aug 6
Sweet Corn	—	—	May 22 – Jun 5	—
Sweet Potatoes	—	May 29 – Jun 19	—	—
Garlic	—	—	—	Sep 24 – Oct 29

Wait until after Jun 4 (only a 10% chance of frost) to plant out the most frost-tender crops: tomatoes, peppers, basil, melons.