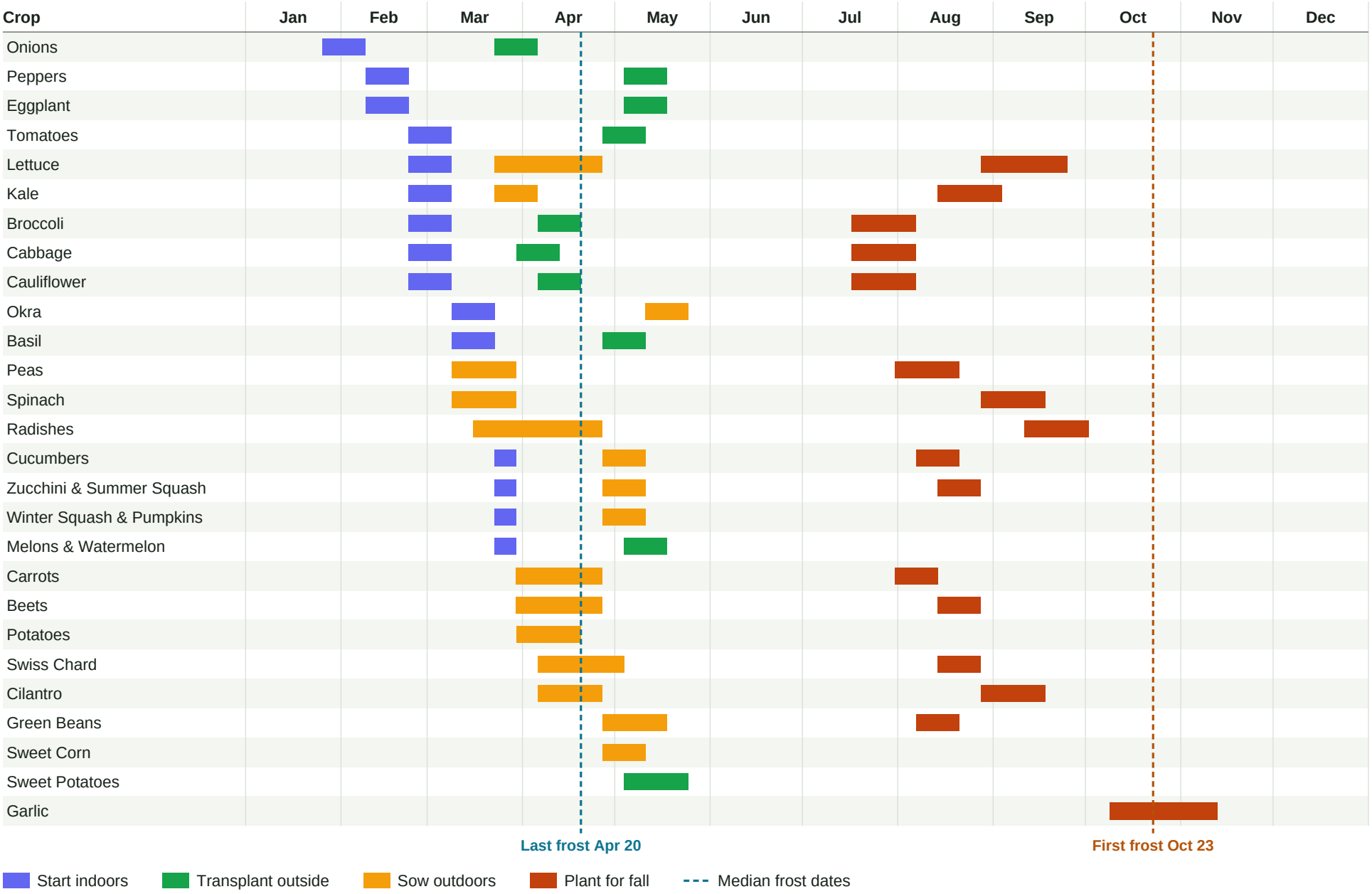
Appalachia, VA planting calendar

Median last frost Apr 20 (10% chance of frost after May 5) · Median first frost Oct 23 · 186-day growing season · Zone 7a



Appalachia, VA planting dates

Median last frost Apr 20 (10% chance of frost after May 5) · Median first frost Oct 23 · 186-day growing season · Zone 7a

Crop	Start indoors	Transplant outside	Sow outdoors	Plant for fall
Onions	Jan 26 – Feb 9	Mar 23 – Apr 6	—	—
Peppers	Feb 9 – Feb 23	May 4 – May 18	—	—
Eggplant	Feb 9 – Feb 23	May 4 – May 18	—	—
Tomatoes	Feb 23 – Mar 9	Apr 27 – May 11	—	—
Lettuce	Feb 23 – Mar 9	Mar 30 – Apr 13	Mar 23 – Apr 27	Aug 28 – Sep 25
Kale	Feb 23 – Mar 9	Mar 23 – Apr 6	Mar 23 – Apr 6	Aug 14 – Sep 4
Broccoli	Feb 23 – Mar 9	Apr 6 – Apr 20	—	Jul 17 – Aug 7
Cabbage	Feb 23 – Mar 9	Mar 30 – Apr 13	—	Jul 17 – Aug 7
Cauliflower	Feb 23 – Mar 9	Apr 6 – Apr 20	—	Jul 17 – Aug 7
Okra	Mar 9 – Mar 23	May 11 – May 25	May 11 – May 25	—
Basil	Mar 9 – Mar 23	Apr 27 – May 11	—	—
Peas	—	—	Mar 9 – Mar 30	Jul 31 – Aug 21
Spinach	—	—	Mar 9 – Mar 30	Aug 28 – Sep 18
Radishes	—	—	Mar 16 – Apr 27	Sep 11 – Oct 2
Cucumbers	Mar 23 – Mar 30	May 4 – May 11	Apr 27 – May 11	Aug 7 – Aug 21
Zucchini & Summer Squash	Mar 23 – Mar 30	—	Apr 27 – May 11	Aug 14 – Aug 28
Winter Squash & Pumpkins	Mar 23 – Mar 30	—	Apr 27 – May 11	—
Melons & Watermelon	Mar 23 – Mar 30	May 4 – May 18	—	—
Carrots	—	—	Mar 30 – Apr 27	Jul 31 – Aug 14
Beets	—	—	Mar 30 – Apr 27	Aug 14 – Aug 28
Potatoes	—	—	Mar 30 – Apr 20	—
Swiss Chard	—	—	Apr 6 – May 4	Aug 14 – Aug 28
Cilantro	—	—	Apr 6 – Apr 27	Aug 28 – Sep 18
Green Beans	—	—	Apr 27 – May 18	Aug 7 – Aug 21
Sweet Corn	—	—	Apr 27 – May 11	—
Sweet Potatoes	—	May 4 – May 25	—	—
Garlic	—	—	—	Oct 9 – Nov 13

Wait until after May 5 (only a 10% chance of frost) to plant out the most frost-tender crops: tomatoes, peppers, basil, melons.