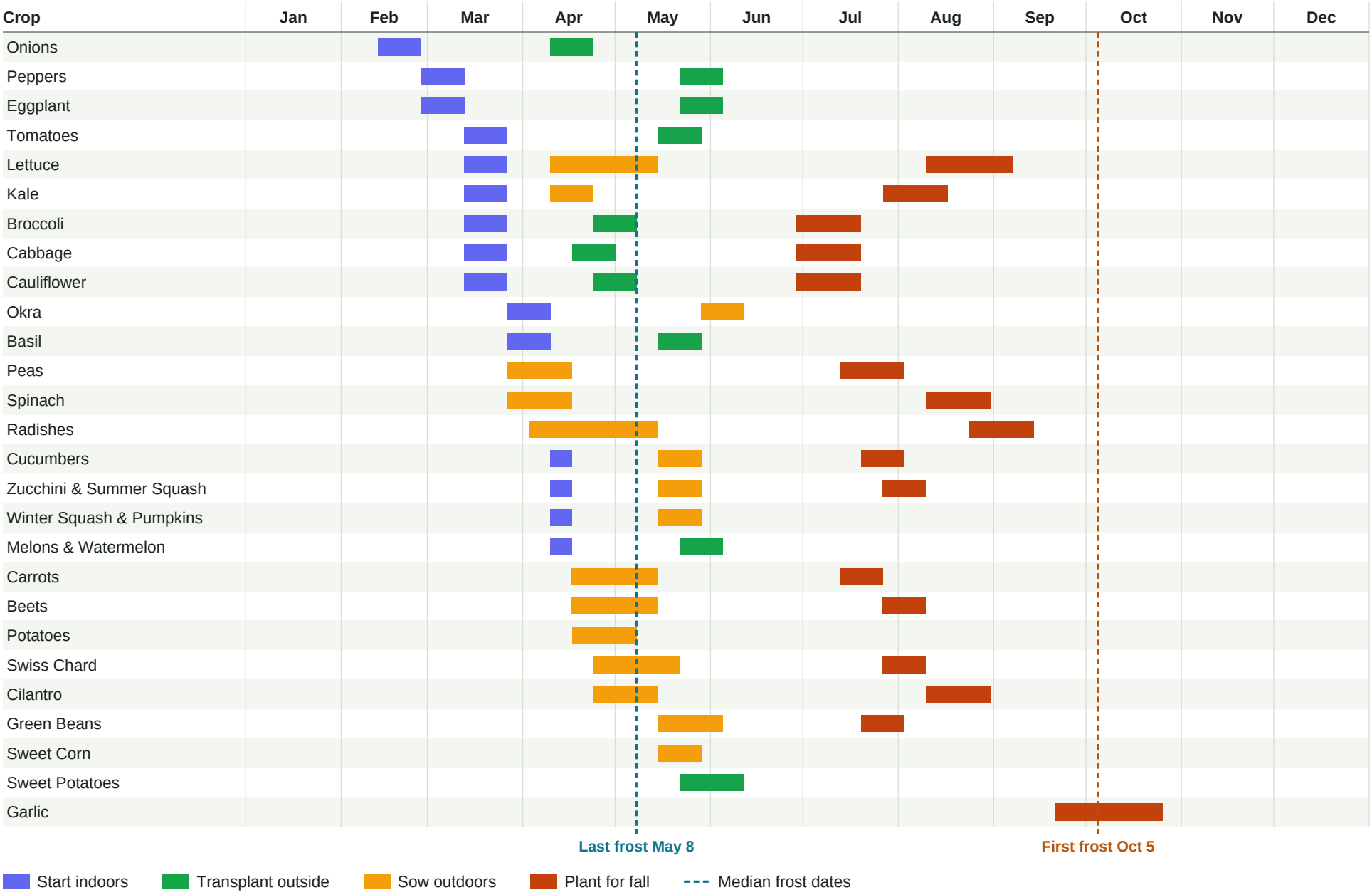
Head Waters, VA planting calendar

Median last frost May 8 (10% chance of frost after May 26) · Median first frost Oct 5 · 150-day growing season · Zone 6b



whenisthelastfrost.com/frost-dates/va/head-waters/ · Frost dates: NOAA 1991–2020 climate normals. These are 30-year averages, not forecasts: check the forecast before planting.

Head Waters, VA planting dates

Median last frost May 8 (10% chance of frost after May 26) · Median first frost Oct 5 · 150-day growing season · Zone 6b

Crop	Start indoors	Transplant outside	Sow outdoors	Plant for fall
Onions	Feb 13 – Feb 27	Apr 10 – Apr 24	—	—
Peppers	Feb 27 – Mar 13	May 22 – Jun 5	—	—
Eggplant	Feb 27 – Mar 13	May 22 – Jun 5	—	—
Tomatoes	Mar 13 – Mar 27	May 15 – May 29	—	—
Lettuce	Mar 13 – Mar 27	Apr 17 – May 1	Apr 10 – May 15	Aug 10 – Sep 7
Kale	Mar 13 – Mar 27	Apr 10 – Apr 24	Apr 10 – Apr 24	Jul 27 – Aug 17
Broccoli	Mar 13 – Mar 27	Apr 24 – May 8	—	Jun 29 – Jul 20
Cabbage	Mar 13 – Mar 27	Apr 17 – May 1	—	Jun 29 – Jul 20
Cauliflower	Mar 13 – Mar 27	Apr 24 – May 8	—	Jun 29 – Jul 20
Okra	Mar 27 – Apr 10	May 29 – Jun 12	May 29 – Jun 12	—
Basil	Mar 27 – Apr 10	May 15 – May 29	—	—
Peas	—	—	Mar 27 – Apr 17	Jul 13 – Aug 3
Spinach	—	—	Mar 27 – Apr 17	Aug 10 – Aug 31
Radishes	—	—	Apr 3 – May 15	Aug 24 – Sep 14
Cucumbers	Apr 10 – Apr 17	May 22 – May 29	May 15 – May 29	Jul 20 – Aug 3
Zucchini & Summer Squash	Apr 10 – Apr 17	—	May 15 – May 29	Jul 27 – Aug 10
Winter Squash & Pumpkins	Apr 10 – Apr 17	—	May 15 – May 29	—
Melons & Watermelon	Apr 10 – Apr 17	May 22 – Jun 5	—	—
Carrots	—	—	Apr 17 – May 15	Jul 13 – Jul 27
Beets	—	—	Apr 17 – May 15	Jul 27 – Aug 10
Potatoes	—	—	Apr 17 – May 8	—
Swiss Chard	—	—	Apr 24 – May 22	Jul 27 – Aug 10
Cilantro	—	—	Apr 24 – May 15	Aug 10 – Aug 31
Green Beans	—	—	May 15 – Jun 5	Jul 20 – Aug 3
Sweet Corn	—	—	May 15 – May 29	—
Sweet Potatoes	—	May 22 – Jun 12	—	—
Garlic	—	—	—	Sep 21 – Oct 26

Wait until after May 26 (only a 10% chance of frost) to plant out the most frost-tender crops: tomatoes, peppers, basil, melons.