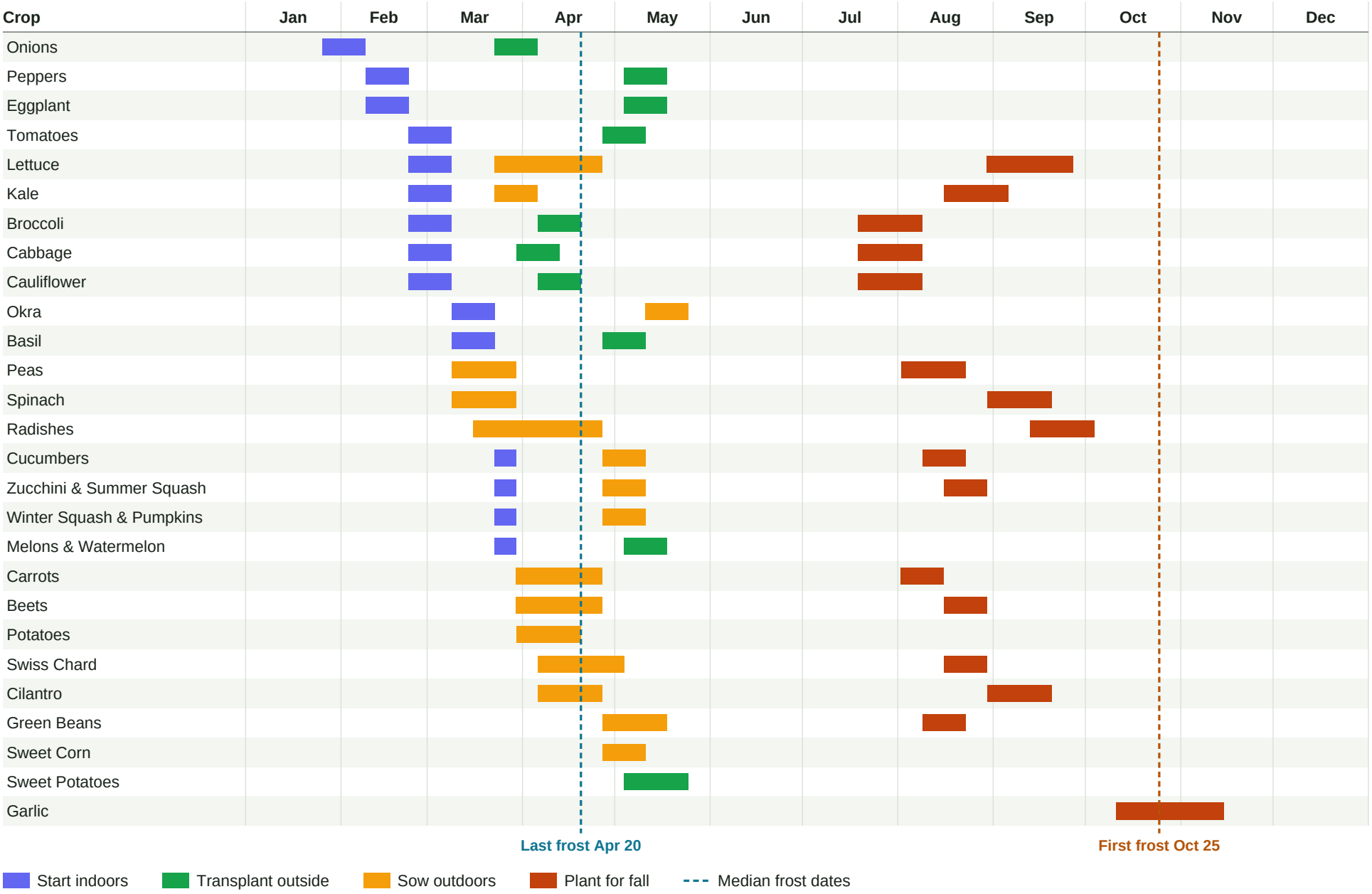
Rocky Mount, VA planting calendar

Median last frost Apr 20 (10% chance of frost after May 8) · Median first frost Oct 25 · 188-day growing season · Zone 7b



Rocky Mount, VA planting dates

Median last frost Apr 20 (10% chance of frost after May 8) · Median first frost Oct 25 · 188-day growing season · Zone 7b

Crop	Start indoors	Transplant outside	Sow outdoors	Plant for fall
Onions	Jan 26 – Feb 9	Mar 23 – Apr 6	—	—
Peppers	Feb 9 – Feb 23	May 4 – May 18	—	—
Eggplant	Feb 9 – Feb 23	May 4 – May 18	—	—
Tomatoes	Feb 23 – Mar 9	Apr 27 – May 11	—	—
Lettuce	Feb 23 – Mar 9	Mar 30 – Apr 13	Mar 23 – Apr 27	Aug 30 – Sep 27
Kale	Feb 23 – Mar 9	Mar 23 – Apr 6	Mar 23 – Apr 6	Aug 16 – Sep 6
Broccoli	Feb 23 – Mar 9	Apr 6 – Apr 20	—	Jul 19 – Aug 9
Cabbage	Feb 23 – Mar 9	Mar 30 – Apr 13	—	Jul 19 – Aug 9
Cauliflower	Feb 23 – Mar 9	Apr 6 – Apr 20	—	Jul 19 – Aug 9
Okra	Mar 9 – Mar 23	May 11 – May 25	May 11 – May 25	—
Basil	Mar 9 – Mar 23	Apr 27 – May 11	—	—
Peas	—	—	Mar 9 – Mar 30	Aug 2 – Aug 23
Spinach	—	—	Mar 9 – Mar 30	Aug 30 – Sep 20
Radishes	—	—	Mar 16 – Apr 27	Sep 13 – Oct 4
Cucumbers	Mar 23 – Mar 30	May 4 – May 11	Apr 27 – May 11	Aug 9 – Aug 23
Zucchini & Summer Squash	Mar 23 – Mar 30	—	Apr 27 – May 11	Aug 16 – Aug 30
Winter Squash & Pumpkins	Mar 23 – Mar 30	—	Apr 27 – May 11	—
Melons & Watermelon	Mar 23 – Mar 30	May 4 – May 18	—	—
Carrots	—	—	Mar 30 – Apr 27	Aug 2 – Aug 16
Beets	—	—	Mar 30 – Apr 27	Aug 16 – Aug 30
Potatoes	—	—	Mar 30 – Apr 20	—
Swiss Chard	—	—	Apr 6 – May 4	Aug 16 – Aug 30
Cilantro	—	—	Apr 6 – Apr 27	Aug 30 – Sep 20
Green Beans	—	—	Apr 27 – May 18	Aug 9 – Aug 23
Sweet Corn	—	—	Apr 27 – May 11	—
Sweet Potatoes	—	May 4 – May 25	—	—
Garlic	—	—	—	Oct 11 – Nov 15

Wait until after May 8 (only a 10% chance of frost) to plant out the most frost-tender crops: tomatoes, peppers, basil, melons.