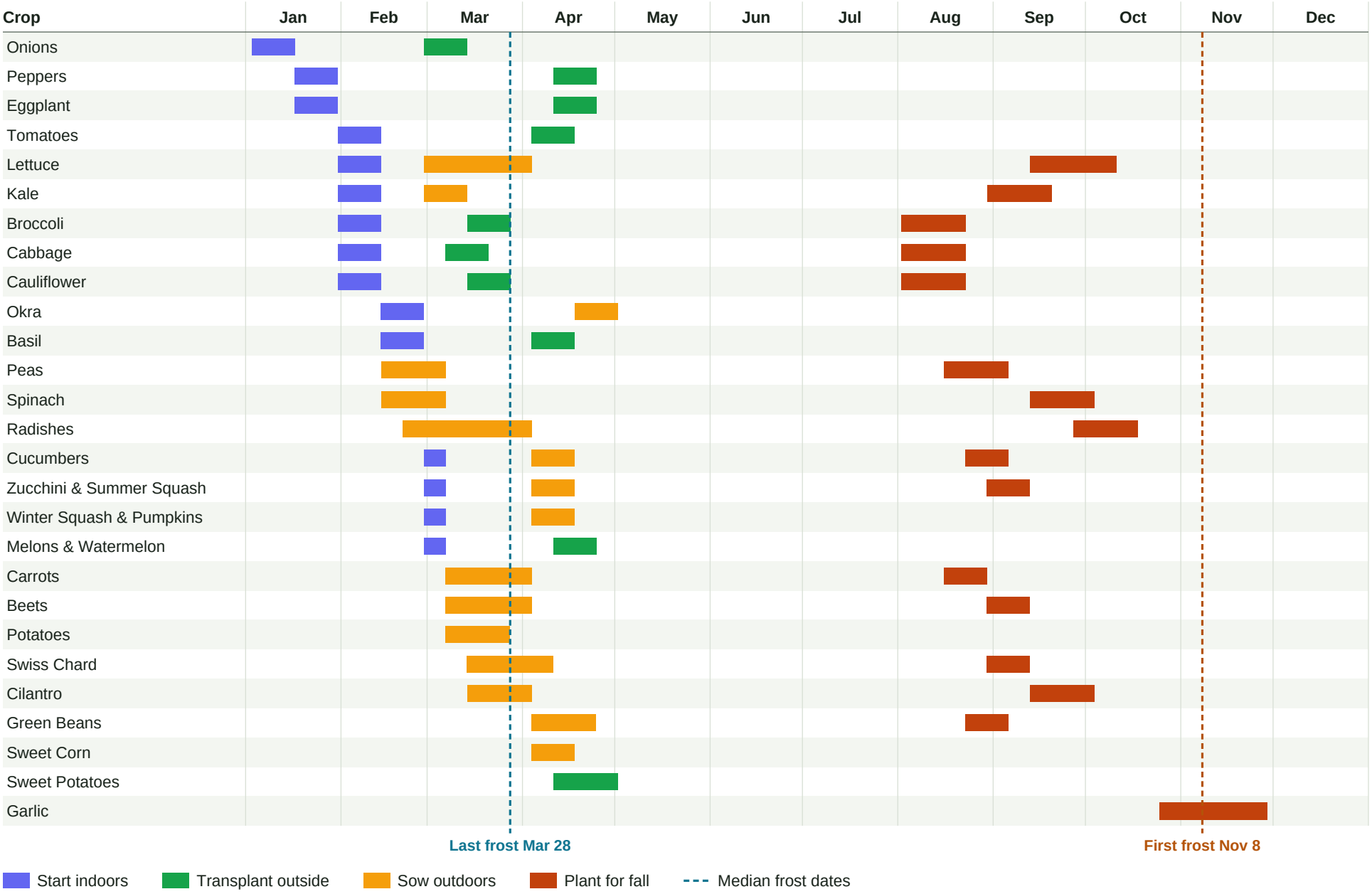
Triangle, VA planting calendar

Median last frost Mar 28 (10% chance of frost after Apr 8) · Median first frost Nov 8 · 225-day growing season · Zone 7a



Triangle, VA planting dates

Median last frost Mar 28 (10% chance of frost after Apr 8) · Median first frost Nov 8 · 225-day growing season · Zone 7a

Crop	Start indoors	Transplant outside	Sow outdoors	Plant for fall
Onions	Jan 3 – Jan 17	Feb 28 – Mar 14	—	—
Peppers	Jan 17 – Jan 31	Apr 11 – Apr 25	—	—
Eggplant	Jan 17 – Jan 31	Apr 11 – Apr 25	—	—
Tomatoes	Jan 31 – Feb 14	Apr 4 – Apr 18	—	—
Lettuce	Jan 31 – Feb 14	Mar 7 – Mar 21	Feb 28 – Apr 4	Sep 13 – Oct 11
Kale	Jan 31 – Feb 14	Feb 28 – Mar 14	Feb 28 – Mar 14	Aug 30 – Sep 20
Broccoli	Jan 31 – Feb 14	Mar 14 – Mar 28	—	Aug 2 – Aug 23
Cabbage	Jan 31 – Feb 14	Mar 7 – Mar 21	—	Aug 2 – Aug 23
Cauliflower	Jan 31 – Feb 14	Mar 14 – Mar 28	—	Aug 2 – Aug 23
Okra	Feb 14 – Feb 28	Apr 18 – May 2	Apr 18 – May 2	—
Basil	Feb 14 – Feb 28	Apr 4 – Apr 18	—	—
Peas	—	—	Feb 14 – Mar 7	Aug 16 – Sep 6
Spinach	—	—	Feb 14 – Mar 7	Sep 13 – Oct 4
Radishes	—	—	Feb 21 – Apr 4	Sep 27 – Oct 18
Cucumbers	Feb 28 – Mar 7	Apr 11 – Apr 18	Apr 4 – Apr 18	Aug 23 – Sep 6
Zucchini & Summer Squash	Feb 28 – Mar 7	—	Apr 4 – Apr 18	Aug 30 – Sep 13
Winter Squash & Pumpkins	Feb 28 – Mar 7	—	Apr 4 – Apr 18	—
Melons & Watermelon	Feb 28 – Mar 7	Apr 11 – Apr 25	—	—
Carrots	—	—	Mar 7 – Apr 4	Aug 16 – Aug 30
Beets	—	—	Mar 7 – Apr 4	Aug 30 – Sep 13
Potatoes	—	—	Mar 7 – Mar 28	—
Swiss Chard	—	—	Mar 14 – Apr 11	Aug 30 – Sep 13
Cilantro	—	—	Mar 14 – Apr 4	Sep 13 – Oct 4
Green Beans	—	—	Apr 4 – Apr 25	Aug 23 – Sep 6
Sweet Corn	—	—	Apr 4 – Apr 18	—
Sweet Potatoes	—	Apr 11 – May 2	—	—
Garlic	—	—	—	Oct 25 – Nov 29

Wait until after Apr 8 (only a 10% chance of frost) to plant out the most frost-tender crops: tomatoes, peppers, basil, melons.