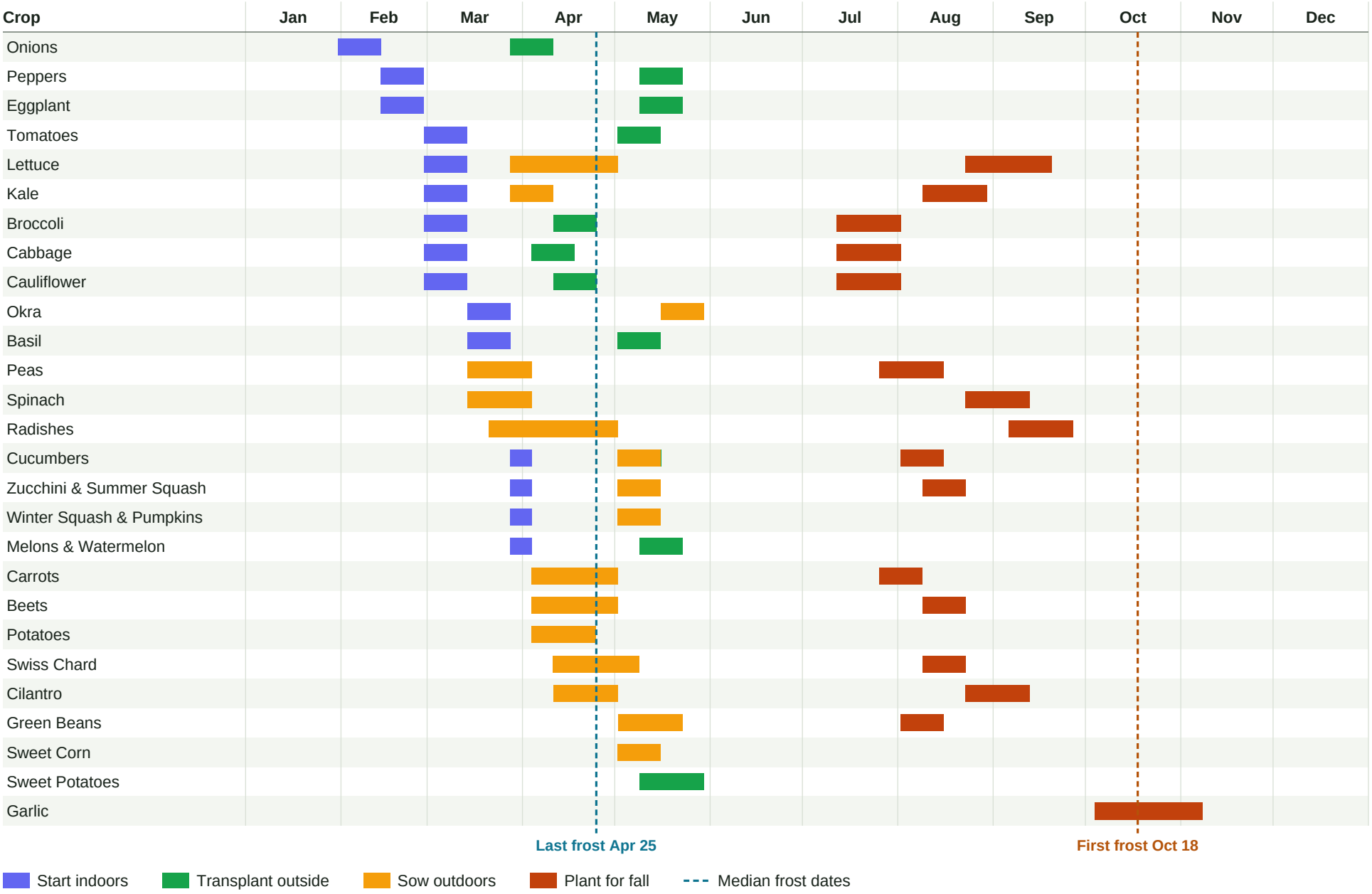
# White Post, VA planting calendar

Median last frost Apr 25 (10% chance of frost after May 13) · Median first frost Oct 18 · 176-day growing season · Zone 7a



# White Post, VA planting dates

Median last frost Apr 25 (10% chance of frost after May 13) · Median first frost Oct 18 · 176-day growing season · Zone 7a

| Crop | Start indoors | Transplant outside | Sow outdoors | Plant for fall |
|---|---|---|---|---|
| Onions | Jan 31 – Feb 14 | Mar 28 – Apr 11 | — | — |
| Peppers | Feb 14 – Feb 28 | May 9 – May 23 | — | — |
| Eggplant | Feb 14 – Feb 28 | May 9 – May 23 | — | — |
| Tomatoes | Feb 28 – Mar 14 | May 2 – May 16 | — | — |
| Lettuce | Feb 28 – Mar 14 | Apr 4 – Apr 18 | Mar 28 – May 2 | Aug 23 – Sep 20 |
| Kale | Feb 28 – Mar 14 | Mar 28 – Apr 11 | Mar 28 – Apr 11 | Aug 9 – Aug 30 |
| Broccoli | Feb 28 – Mar 14 | Apr 11 – Apr 25 | — | Jul 12 – Aug 2 |
| Cabbage | Feb 28 – Mar 14 | Apr 4 – Apr 18 | — | Jul 12 – Aug 2 |
| Cauliflower | Feb 28 – Mar 14 | Apr 11 – Apr 25 | — | Jul 12 – Aug 2 |
| Okra | Mar 14 – Mar 28 | May 16 – May 30 | May 16 – May 30 | — |
| Basil | Mar 14 – Mar 28 | May 2 – May 16 | — | — |
| Peas | — | — | Mar 14 – Apr 4 | Jul 26 – Aug 16 |
| Spinach | — | — | Mar 14 – Apr 4 | Aug 23 – Sep 13 |
| Radishes | — | — | Mar 21 – May 2 | Sep 6 – Sep 27 |
| Cucumbers | Mar 28 – Apr 4 | May 9 – May 16 | May 2 – May 16 | Aug 2 – Aug 16 |
| Zucchini & Summer Squash | Mar 28 – Apr 4 | — | May 2 – May 16 | Aug 9 – Aug 23 |
| Winter Squash & Pumpkins | Mar 28 – Apr 4 | — | May 2 – May 16 | — |
| Melons & Watermelon | Mar 28 – Apr 4 | May 9 – May 23 | — | — |
| Carrots | — | — | Apr 4 – May 2 | Jul 26 – Aug 9 |
| Beets | — | — | Apr 4 – May 2 | Aug 9 – Aug 23 |
| Potatoes | — | — | Apr 4 – Apr 25 | — |
| Swiss Chard | — | — | Apr 11 – May 9 | Aug 9 – Aug 23 |
| Cilantro | — | — | Apr 11 – May 2 | Aug 23 – Sep 13 |
| Green Beans | — | — | May 2 – May 23 | Aug 2 – Aug 16 |
| Sweet Corn | — | — | May 2 – May 16 | — |
| Sweet Potatoes | — | May 9 – May 30 | — | — |
| Garlic | — | — | — | Oct 4 – Nov 8 |

Wait until after May 13 (only a 10% chance of frost) to plant out the most frost-tender crops: tomatoes, peppers, basil, melons.