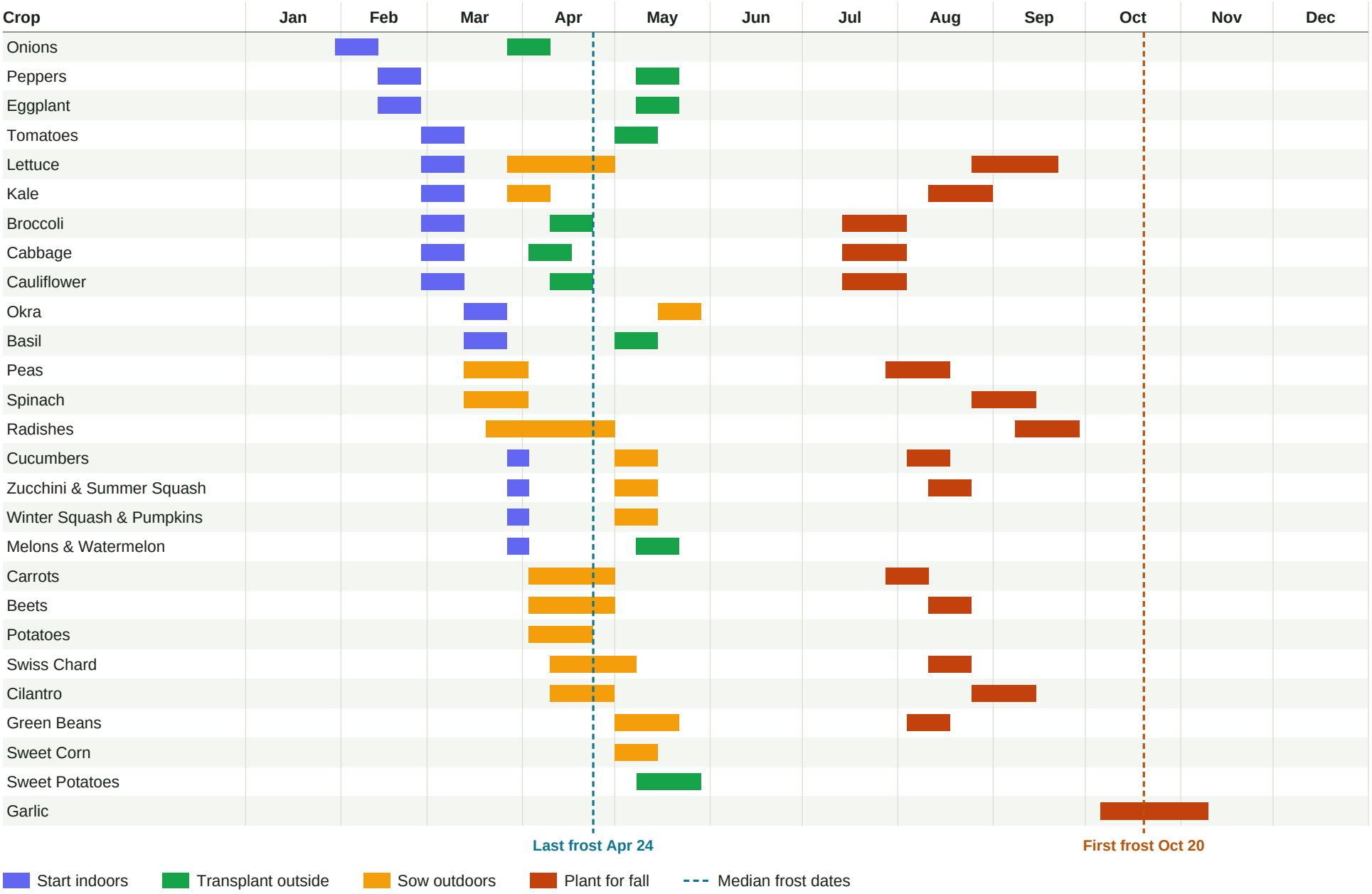
Helen, WV planting calendar

Median last frost Apr 24 (10% chance of frost after May 10) · Median first frost Oct 20 · 179-day growing season · Zone 6b



Helen, WV planting dates

Median last frost Apr 24 (10% chance of frost after May 10) · Median first frost Oct 20 · 179-day growing season · Zone 6b

Crop	Start indoors	Transplant outside	Sow outdoors	Plant for fall
Onions	Jan 30 – Feb 13	Mar 27 – Apr 10	—	—
Peppers	Feb 13 – Feb 27	May 8 – May 22	—	—
Eggplant	Feb 13 – Feb 27	May 8 – May 22	—	—
Tomatoes	Feb 27 – Mar 13	May 1 – May 15	—	—
Lettuce	Feb 27 – Mar 13	Apr 3 – Apr 17	Mar 27 – May 1	Aug 25 – Sep 22
Kale	Feb 27 – Mar 13	Mar 27 – Apr 10	Mar 27 – Apr 10	Aug 11 – Sep 1
Broccoli	Feb 27 – Mar 13	Apr 10 – Apr 24	—	Jul 14 – Aug 4
Cabbage	Feb 27 – Mar 13	Apr 3 – Apr 17	—	Jul 14 – Aug 4
Cauliflower	Feb 27 – Mar 13	Apr 10 – Apr 24	—	Jul 14 – Aug 4
Okra	Mar 13 – Mar 27	May 15 – May 29	May 15 – May 29	—
Basil	Mar 13 – Mar 27	May 1 – May 15	—	—
Peas	—	—	Mar 13 – Apr 3	Jul 28 – Aug 18
Spinach	—	—	Mar 13 – Apr 3	Aug 25 – Sep 15
Radishes	—	—	Mar 20 – May 1	Sep 8 – Sep 29
Cucumbers	Mar 27 – Apr 3	May 8 – May 15	May 1 – May 15	Aug 4 – Aug 18
Zucchini & Summer Squash	Mar 27 – Apr 3	—	May 1 – May 15	Aug 11 – Aug 25
Winter Squash & Pumpkins	Mar 27 – Apr 3	—	May 1 – May 15	—
Melons & Watermelon	Mar 27 – Apr 3	May 8 – May 22	—	—
Carrots	—	—	Apr 3 – May 1	Jul 28 – Aug 11
Beets	—	—	Apr 3 – May 1	Aug 11 – Aug 25
Potatoes	—	—	Apr 3 – Apr 24	—
Swiss Chard	—	—	Apr 10 – May 8	Aug 11 – Aug 25
Cilantro	—	—	Apr 10 – May 1	Aug 25 – Sep 15
Green Beans	—	—	May 1 – May 22	Aug 4 – Aug 18
Sweet Corn	—	—	May 1 – May 15	—
Sweet Potatoes	—	May 8 – May 29	—	—
Garlic	—	—	—	Oct 6 – Nov 10

Wait until after May 10 (only a 10% chance of frost) to plant out the most frost-tender crops: tomatoes, peppers, basil, melons.