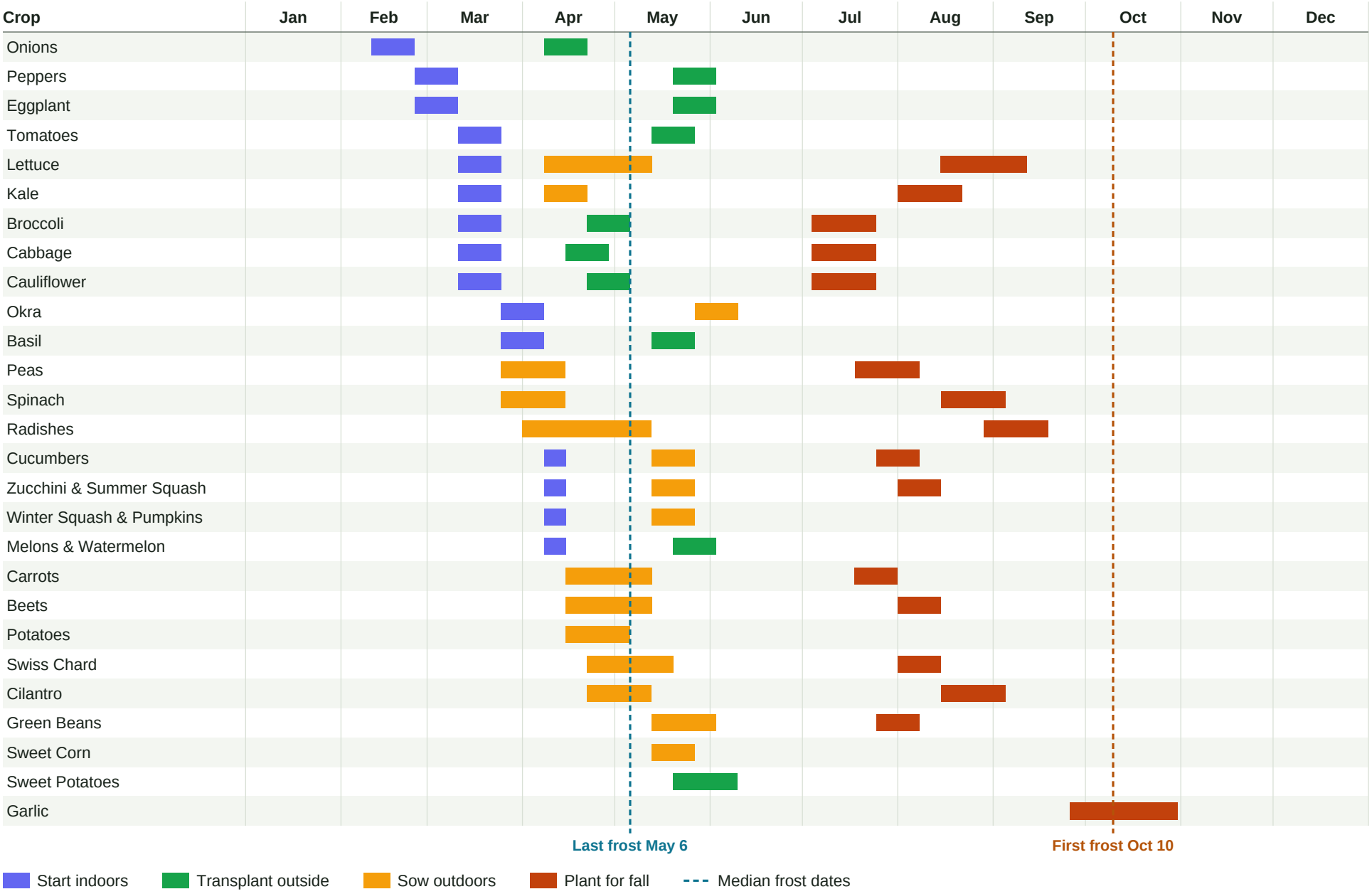
Sophia, WV planting calendar

Median last frost May 6 (10% chance of frost after May 23) · Median first frost Oct 10 · 157-day growing season · Zone 6b



Sophia, WV planting dates

Median last frost May 6 (10% chance of frost after May 23) · Median first frost Oct 10 · 157-day growing season · Zone 6b

Crop	Start indoors	Transplant outside	Sow outdoors	Plant for fall
Onions	Feb 11 – Feb 25	Apr 8 – Apr 22	—	—
Peppers	Feb 25 – Mar 11	May 20 – Jun 3	—	—
Eggplant	Feb 25 – Mar 11	May 20 – Jun 3	—	—
Tomatoes	Mar 11 – Mar 25	May 13 – May 27	—	—
Lettuce	Mar 11 – Mar 25	Apr 15 – Apr 29	Apr 8 – May 13	Aug 15 – Sep 12
Kale	Mar 11 – Mar 25	Apr 8 – Apr 22	Apr 8 – Apr 22	Aug 1 – Aug 22
Broccoli	Mar 11 – Mar 25	Apr 22 – May 6	—	Jul 4 – Jul 25
Cabbage	Mar 11 – Mar 25	Apr 15 – Apr 29	—	Jul 4 – Jul 25
Cauliflower	Mar 11 – Mar 25	Apr 22 – May 6	—	Jul 4 – Jul 25
Okra	Mar 25 – Apr 8	May 27 – Jun 10	May 27 – Jun 10	—
Basil	Mar 25 – Apr 8	May 13 – May 27	—	—
Peas	—	—	Mar 25 – Apr 15	Jul 18 – Aug 8
Spinach	—	—	Mar 25 – Apr 15	Aug 15 – Sep 5
Radishes	—	—	Apr 1 – May 13	Aug 29 – Sep 19
Cucumbers	Apr 8 – Apr 15	May 20 – May 27	May 13 – May 27	Jul 25 – Aug 8
Zucchini & Summer Squash	Apr 8 – Apr 15	—	May 13 – May 27	Aug 1 – Aug 15
Winter Squash & Pumpkins	Apr 8 – Apr 15	—	May 13 – May 27	—
Melons & Watermelon	Apr 8 – Apr 15	May 20 – Jun 3	—	—
Carrots	—	—	Apr 15 – May 13	Jul 18 – Aug 1
Beets	—	—	Apr 15 – May 13	Aug 1 – Aug 15
Potatoes	—	—	Apr 15 – May 6	—
Swiss Chard	—	—	Apr 22 – May 20	Aug 1 – Aug 15
Cilantro	—	—	Apr 22 – May 13	Aug 15 – Sep 5
Green Beans	—	—	May 13 – Jun 3	Jul 25 – Aug 8
Sweet Corn	—	—	May 13 – May 27	—
Sweet Potatoes	—	May 20 – Jun 10	—	—
Garlic	—	—	—	Sep 26 – Oct 31

Wait until after May 23 (only a 10% chance of frost) to plant out the most frost-tender crops: tomatoes, peppers, basil, melons.