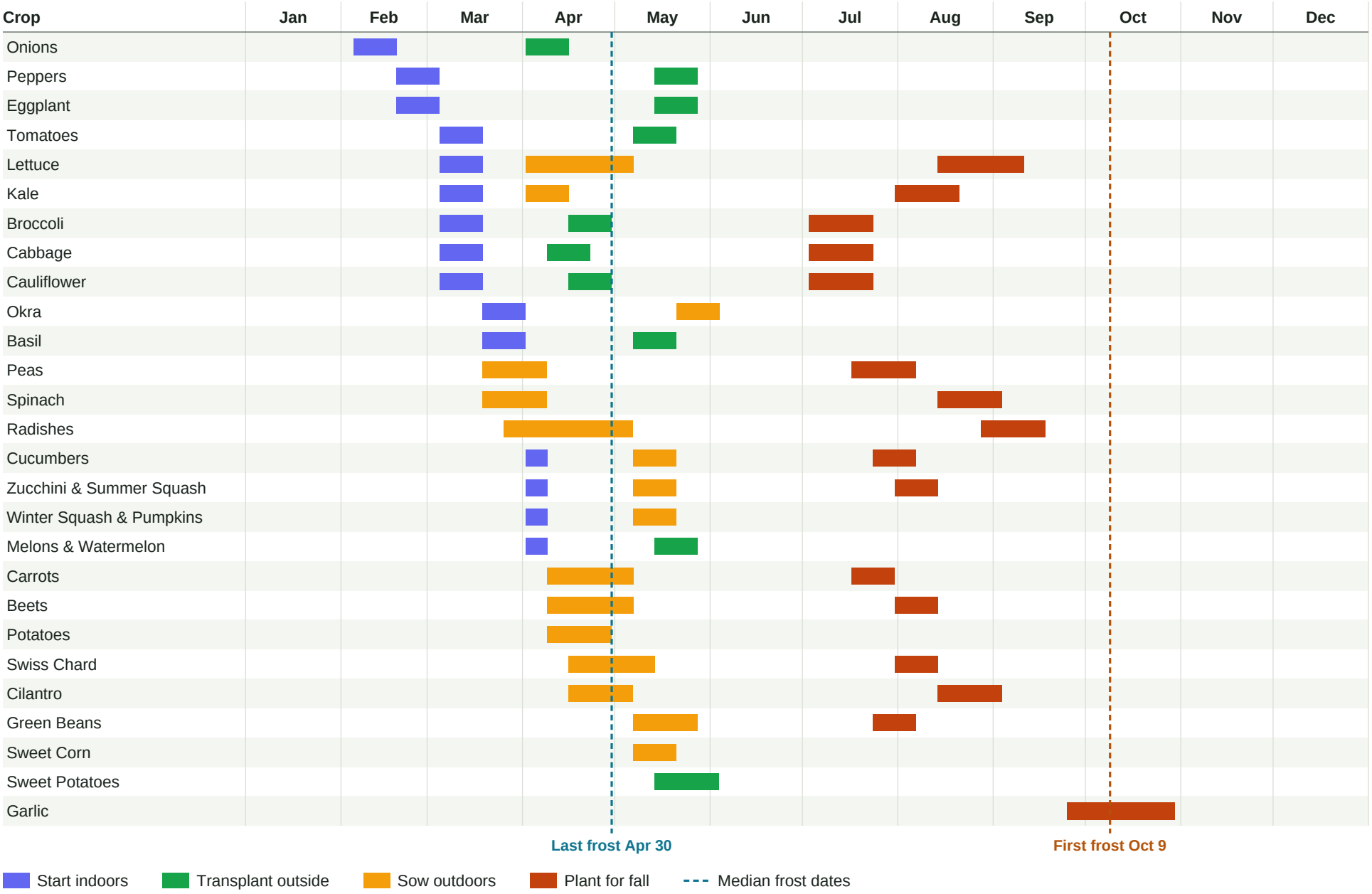
Rochester, NH planting calendar

Median last frost Apr 30 (10% chance of frost after May 13) · Median first frost Oct 9 · 162-day growing season · Zone 6a



Rochester, NH planting dates

Median last frost Apr 30 (10% chance of frost after May 13) · Median first frost Oct 9 · 162-day growing season · Zone 6a

Crop	Start indoors	Transplant outside	Sow outdoors	Plant for fall
Onions	Feb 5 – Feb 19	Apr 2 – Apr 16	—	—
Peppers	Feb 19 – Mar 5	May 14 – May 28	—	—
Eggplant	Feb 19 – Mar 5	May 14 – May 28	—	—
Tomatoes	Mar 5 – Mar 19	May 7 – May 21	—	—
Lettuce	Mar 5 – Mar 19	Apr 9 – Apr 23	Apr 2 – May 7	Aug 14 – Sep 11
Kale	Mar 5 – Mar 19	Apr 2 – Apr 16	Apr 2 – Apr 16	Jul 31 – Aug 21
Broccoli	Mar 5 – Mar 19	Apr 16 – Apr 30	—	Jul 3 – Jul 24
Cabbage	Mar 5 – Mar 19	Apr 9 – Apr 23	—	Jul 3 – Jul 24
Cauliflower	Mar 5 – Mar 19	Apr 16 – Apr 30	—	Jul 3 – Jul 24
Okra	Mar 19 – Apr 2	May 21 – Jun 4	May 21 – Jun 4	—
Basil	Mar 19 – Apr 2	May 7 – May 21	—	—
Peas	—	—	Mar 19 – Apr 9	Jul 17 – Aug 7
Spinach	—	—	Mar 19 – Apr 9	Aug 14 – Sep 4
Radishes	—	—	Mar 26 – May 7	Aug 28 – Sep 18
Cucumbers	Apr 2 – Apr 9	May 14 – May 21	May 7 – May 21	Jul 24 – Aug 7
Zucchini & Summer Squash	Apr 2 – Apr 9	—	May 7 – May 21	Jul 31 – Aug 14
Winter Squash & Pumpkins	Apr 2 – Apr 9	—	May 7 – May 21	—
Melons & Watermelon	Apr 2 – Apr 9	May 14 – May 28	—	—
Carrots	—	—	Apr 9 – May 7	Jul 17 – Jul 31
Beets	—	—	Apr 9 – May 7	Jul 31 – Aug 14
Potatoes	—	—	Apr 9 – Apr 30	—
Swiss Chard	—	—	Apr 16 – May 14	Jul 31 – Aug 14
Cilantro	—	—	Apr 16 – May 7	Aug 14 – Sep 4
Green Beans	—	—	May 7 – May 28	Jul 24 – Aug 7
Sweet Corn	—	—	May 7 – May 21	—
Sweet Potatoes	—	May 14 – Jun 4	—	—
Garlic	—	—	—	Sep 25 – Oct 30

Wait until after May 13 (only a 10% chance of frost) to plant out the most frost-tender crops: tomatoes, peppers, basil, melons.