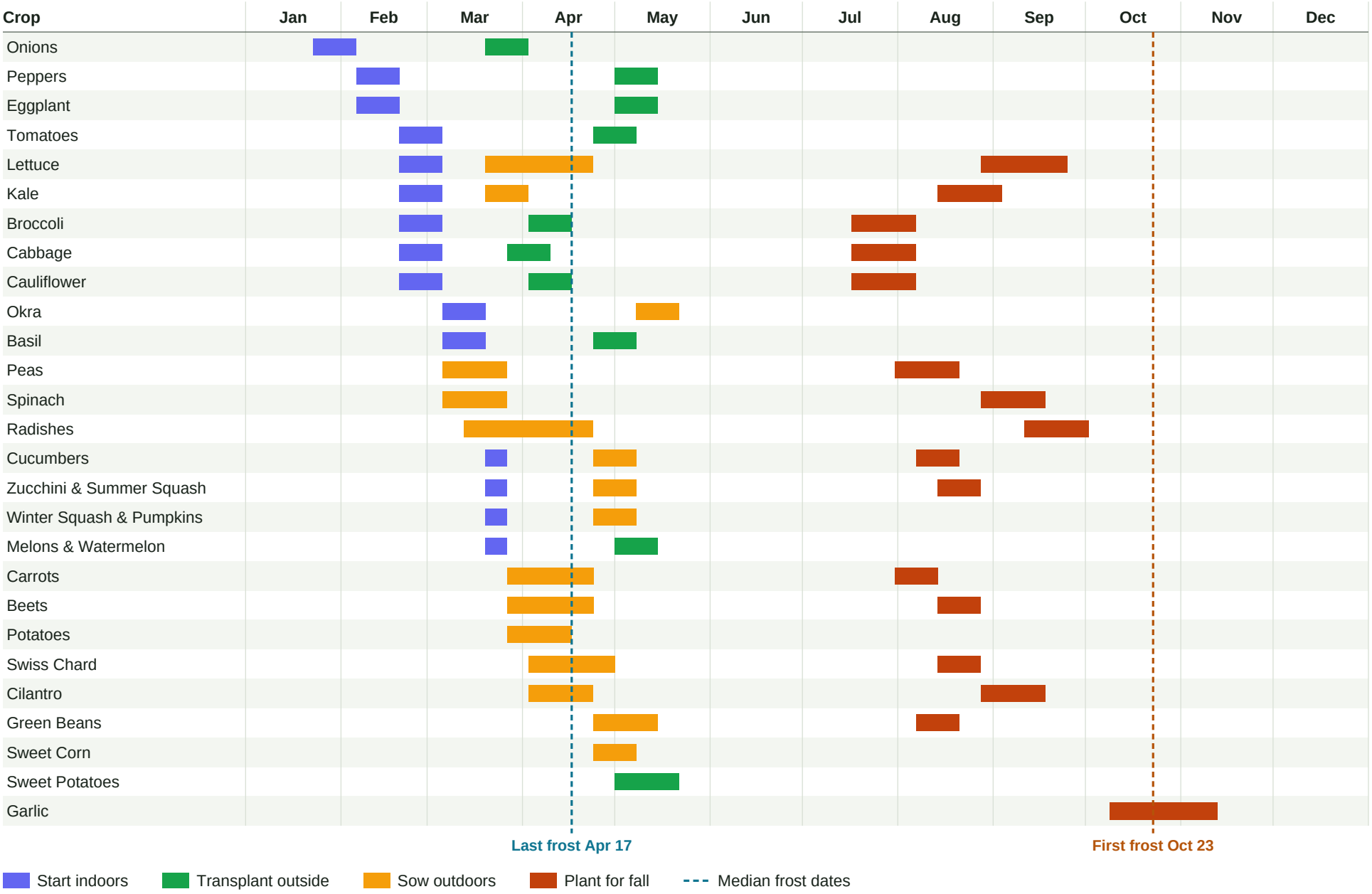
# Stamford, CT planting calendar

Median last frost Apr 17 (10% chance of frost after May 2) · Median first frost Oct 23 · 189-day growing season · Zone 7a



# Stamford, CT planting dates

Median last frost Apr 17 (10% chance of frost after May 2) · Median first frost Oct 23 · 189-day growing season · Zone 7a

| Crop | Start indoors | Transplant outside | Sow outdoors | Plant for fall |
|---|---|---|---|---|
| Onions | Jan 23 – Feb 6 | Mar 20 – Apr 3 | — | — |
| Peppers | Feb 6 – Feb 20 | May 1 – May 15 | — | — |
| Eggplant | Feb 6 – Feb 20 | May 1 – May 15 | — | — |
| Tomatoes | Feb 20 – Mar 6 | Apr 24 – May 8 | — | — |
| Lettuce | Feb 20 – Mar 6 | Mar 27 – Apr 10 | Mar 20 – Apr 24 | Aug 28 – Sep 25 |
| Kale | Feb 20 – Mar 6 | Mar 20 – Apr 3 | Mar 20 – Apr 3 | Aug 14 – Sep 4 |
| Broccoli | Feb 20 – Mar 6 | Apr 3 – Apr 17 | — | Jul 17 – Aug 7 |
| Cabbage | Feb 20 – Mar 6 | Mar 27 – Apr 10 | — | Jul 17 – Aug 7 |
| Cauliflower | Feb 20 – Mar 6 | Apr 3 – Apr 17 | — | Jul 17 – Aug 7 |
| Okra | Mar 6 – Mar 20 | May 8 – May 22 | May 8 – May 22 | — |
| Basil | Mar 6 – Mar 20 | Apr 24 – May 8 | — | — |
| Peas | — | — | Mar 6 – Mar 27 | Jul 31 – Aug 21 |
| Spinach | — | — | Mar 6 – Mar 27 | Aug 28 – Sep 18 |
| Radishes | — | — | Mar 13 – Apr 24 | Sep 11 – Oct 2 |
| Cucumbers | Mar 20 – Mar 27 | May 1 – May 8 | Apr 24 – May 8 | Aug 7 – Aug 21 |
| Zucchini & Summer Squash | Mar 20 – Mar 27 | — | Apr 24 – May 8 | Aug 14 – Aug 28 |
| Winter Squash & Pumpkins | Mar 20 – Mar 27 | — | Apr 24 – May 8 | — |
| Melons & Watermelon | Mar 20 – Mar 27 | May 1 – May 15 | — | — |
| Carrots | — | — | Mar 27 – Apr 24 | Jul 31 – Aug 14 |
| Beets | — | — | Mar 27 – Apr 24 | Aug 14 – Aug 28 |
| Potatoes | — | — | Mar 27 – Apr 17 | — |
| Swiss Chard | — | — | Apr 3 – May 1 | Aug 14 – Aug 28 |
| Cilantro | — | — | Apr 3 – Apr 24 | Aug 28 – Sep 18 |
| Green Beans | — | — | Apr 24 – May 15 | Aug 7 – Aug 21 |
| Sweet Corn | — | — | Apr 24 – May 8 | — |
| Sweet Potatoes | — | May 1 – May 22 | — | — |
| Garlic | — | — | — | Oct 9 – Nov 13 |

Wait until after May 2 (only a 10% chance of frost) to plant out the most frost-tender crops: tomatoes, peppers, basil, melons.