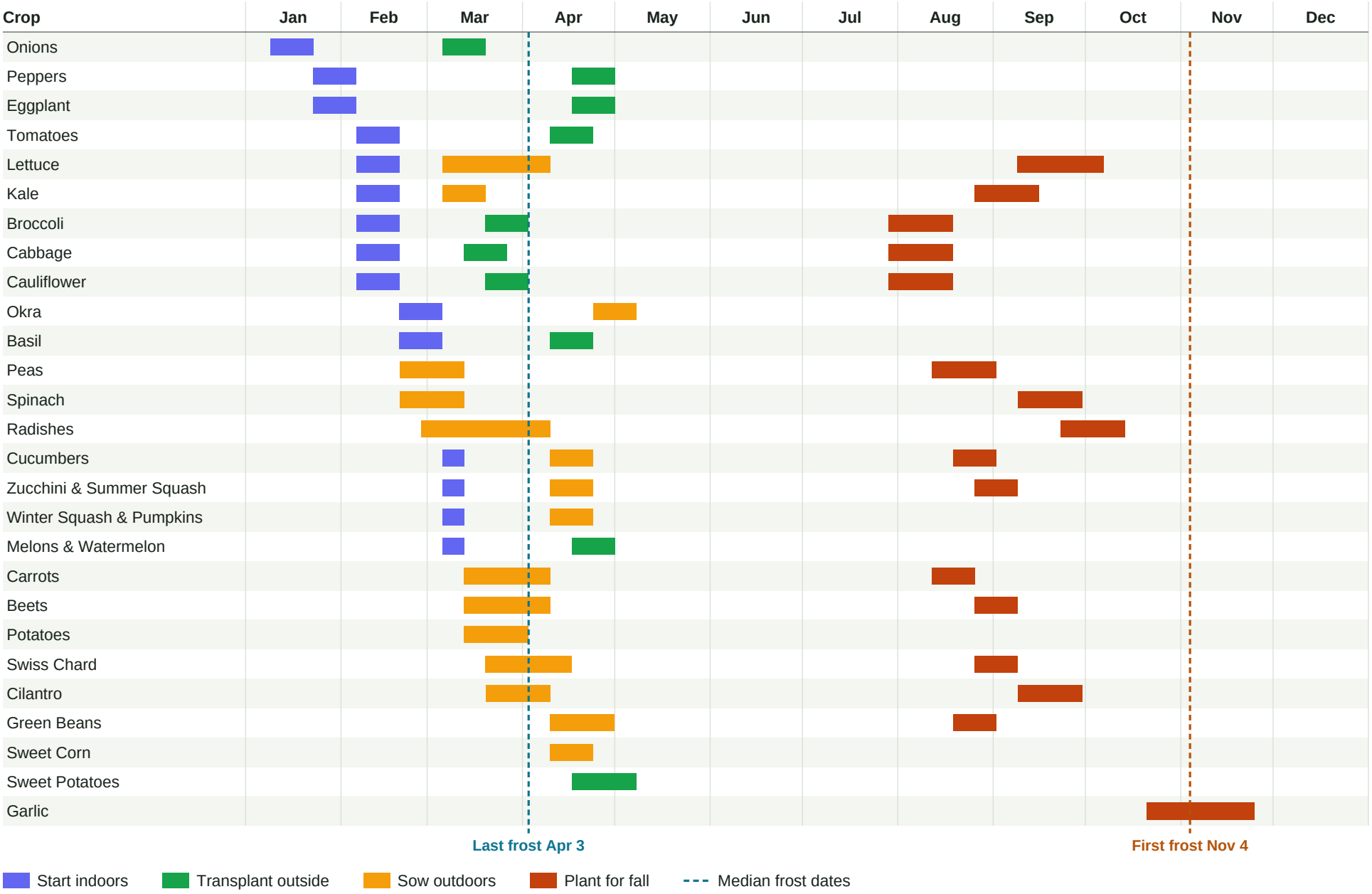
Paramus, NJ planting calendar

Median last frost Apr 3 (10% chance of frost after Apr 16) · Median first frost Nov 4 · 215-day growing season · Zone 7a



Paramus, NJ planting dates

Median last frost Apr 3 (10% chance of frost after Apr 16) · Median first frost Nov 4 · 215-day growing season · Zone 7a

Crop	Start indoors	Transplant outside	Sow outdoors	Plant for fall
Onions	Jan 9 – Jan 23	Mar 6 – Mar 20	—	—
Peppers	Jan 23 – Feb 6	Apr 17 – May 1	—	—
Eggplant	Jan 23 – Feb 6	Apr 17 – May 1	—	—
Tomatoes	Feb 6 – Feb 20	Apr 10 – Apr 24	—	—
Lettuce	Feb 6 – Feb 20	Mar 13 – Mar 27	Mar 6 – Apr 10	Sep 9 – Oct 7
Kale	Feb 6 – Feb 20	Mar 6 – Mar 20	Mar 6 – Mar 20	Aug 26 – Sep 16
Broccoli	Feb 6 – Feb 20	Mar 20 – Apr 3	—	Jul 29 – Aug 19
Cabbage	Feb 6 – Feb 20	Mar 13 – Mar 27	—	Jul 29 – Aug 19
Cauliflower	Feb 6 – Feb 20	Mar 20 – Apr 3	—	Jul 29 – Aug 19
Okra	Feb 20 – Mar 6	Apr 24 – May 8	Apr 24 – May 8	—
Basil	Feb 20 – Mar 6	Apr 10 – Apr 24	—	—
Peas	—	—	Feb 20 – Mar 13	Aug 12 – Sep 2
Spinach	—	—	Feb 20 – Mar 13	Sep 9 – Sep 30
Radishes	—	—	Feb 27 – Apr 10	Sep 23 – Oct 14
Cucumbers	Mar 6 – Mar 13	Apr 17 – Apr 24	Apr 10 – Apr 24	Aug 19 – Sep 2
Zucchini & Summer Squash	Mar 6 – Mar 13	—	Apr 10 – Apr 24	Aug 26 – Sep 9
Winter Squash & Pumpkins	Mar 6 – Mar 13	—	Apr 10 – Apr 24	—
Melons & Watermelon	Mar 6 – Mar 13	Apr 17 – May 1	—	—
Carrots	—	—	Mar 13 – Apr 10	Aug 12 – Aug 26
Beets	—	—	Mar 13 – Apr 10	Aug 26 – Sep 9
Potatoes	—	—	Mar 13 – Apr 3	—
Swiss Chard	—	—	Mar 20 – Apr 17	Aug 26 – Sep 9
Cilantro	—	—	Mar 20 – Apr 10	Sep 9 – Sep 30
Green Beans	—	—	Apr 10 – May 1	Aug 19 – Sep 2
Sweet Corn	—	—	Apr 10 – Apr 24	—
Sweet Potatoes	—	Apr 17 – May 8	—	—
Garlic	—	—	—	Oct 21 – Nov 25

Wait until after Apr 16 (only a 10% chance of frost) to plant out the most frost-tender crops: tomatoes, peppers, basil, melons.