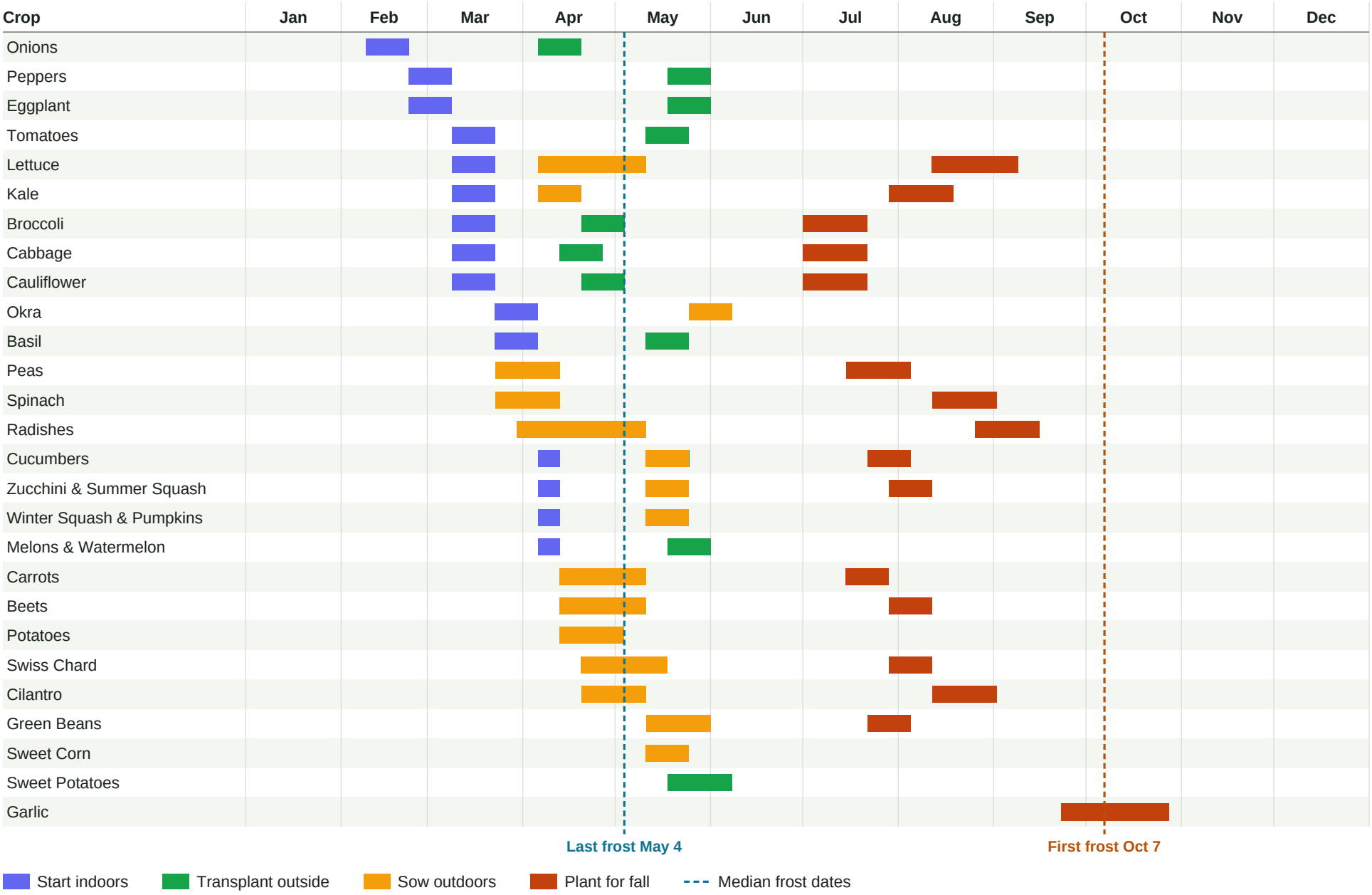
# Poughkeepsie, NY planting calendar

Median last frost May 4 (10% chance of frost after May 21) · Median first frost Oct 7 · 156-day growing season · Zone 6b



# Poughkeepsie, NY planting dates

Median last frost May 4 (10% chance of frost after May 21) · Median first frost Oct 7 · 156-day growing season · Zone 6b

| Crop | Start indoors | Transplant outside | Sow outdoors | Plant for fall |
|---|---|---|---|---|
| Onions | Feb 9 – Feb 23 | Apr 6 – Apr 20 | — | — |
| Peppers | Feb 23 – Mar 9 | May 18 – Jun 1 | — | — |
| Eggplant | Feb 23 – Mar 9 | May 18 – Jun 1 | — | — |
| Tomatoes | Mar 9 – Mar 23 | May 11 – May 25 | — | — |
| Lettuce | Mar 9 – Mar 23 | Apr 13 – Apr 27 | Apr 6 – May 11 | Aug 12 – Sep 9 |
| Kale | Mar 9 – Mar 23 | Apr 6 – Apr 20 | Apr 6 – Apr 20 | Jul 29 – Aug 19 |
| Broccoli | Mar 9 – Mar 23 | Apr 20 – May 4 | — | Jul 1 – Jul 22 |
| Cabbage | Mar 9 – Mar 23 | Apr 13 – Apr 27 | — | Jul 1 – Jul 22 |
| Cauliflower | Mar 9 – Mar 23 | Apr 20 – May 4 | — | Jul 1 – Jul 22 |
| Okra | Mar 23 – Apr 6 | May 25 – Jun 8 | May 25 – Jun 8 | — |
| Basil | Mar 23 – Apr 6 | May 11 – May 25 | — | — |
| Peas | — | — | Mar 23 – Apr 13 | Jul 15 – Aug 5 |
| Spinach | — | — | Mar 23 – Apr 13 | Aug 12 – Sep 2 |
| Radishes | — | — | Mar 30 – May 11 | Aug 26 – Sep 16 |
| Cucumbers | Apr 6 – Apr 13 | May 18 – May 25 | May 11 – May 25 | Jul 22 – Aug 5 |
| Zucchini & Summer Squash | Apr 6 – Apr 13 | — | May 11 – May 25 | Jul 29 – Aug 12 |
| Winter Squash & Pumpkins | Apr 6 – Apr 13 | — | May 11 – May 25 | — |
| Melons & Watermelon | Apr 6 – Apr 13 | May 18 – Jun 1 | — | — |
| Carrots | — | — | Apr 13 – May 11 | Jul 15 – Jul 29 |
| Beets | — | — | Apr 13 – May 11 | Jul 29 – Aug 12 |
| Potatoes | — | — | Apr 13 – May 4 | — |
| Swiss Chard | — | — | Apr 20 – May 18 | Jul 29 – Aug 12 |
| Cilantro | — | — | Apr 20 – May 11 | Aug 12 – Sep 2 |
| Green Beans | — | — | May 11 – Jun 1 | Jul 22 – Aug 5 |
| Sweet Corn | — | — | May 11 – May 25 | — |
| Sweet Potatoes | — | May 18 – Jun 8 | — | — |
| Garlic | — | — | — | Sep 23 – Oct 28 |

Wait until after May 21 (only a 10% chance of frost) to plant out the most frost-tender crops: tomatoes, peppers, basil, melons.