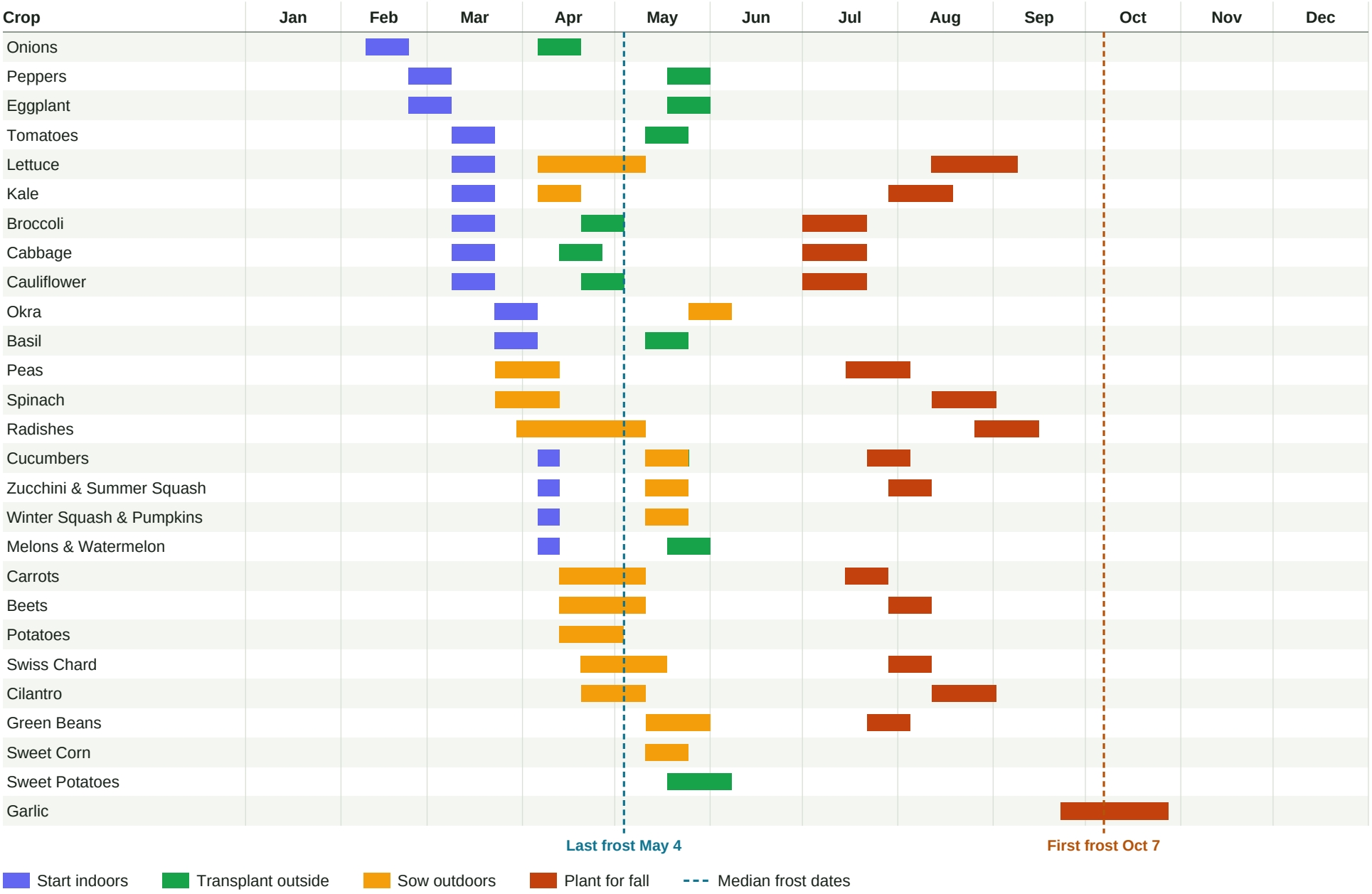
Poughkeepsie, NY planting calendar

Median last frost May 4 (10% chance of frost after May 21) · Median first frost Oct 7 · 156-day growing season · Zone 6b



Poughkeepsie, NY planting dates

Median last frost May 4 (10% chance of frost after May 21) · Median first frost Oct 7 · 156-day growing season · Zone 6b

Crop	Start indoors	Transplant outside	Sow outdoors	Plant for fall
Onions	Feb 9 – Feb 23	Apr 6 – Apr 20	—	—
Peppers	Feb 23 – Mar 9	May 18 – Jun 1	—	—
Eggplant	Feb 23 – Mar 9	May 18 – Jun 1	—	—
Tomatoes	Mar 9 – Mar 23	May 11 – May 25	—	—
Lettuce	Mar 9 – Mar 23	Apr 13 – Apr 27	Apr 6 – May 11	Aug 12 – Sep 9
Kale	Mar 9 – Mar 23	Apr 6 – Apr 20	Apr 6 – Apr 20	Jul 29 – Aug 19
Broccoli	Mar 9 – Mar 23	Apr 20 – May 4	—	Jul 1 – Jul 22
Cabbage	Mar 9 – Mar 23	Apr 13 – Apr 27	—	Jul 1 – Jul 22
Cauliflower	Mar 9 – Mar 23	Apr 20 – May 4	—	Jul 1 – Jul 22
Okra	Mar 23 – Apr 6	May 25 – Jun 8	May 25 – Jun 8	—
Basil	Mar 23 – Apr 6	May 11 – May 25	—	—
Peas	—	—	Mar 23 – Apr 13	Jul 15 – Aug 5
Spinach	—	—	Mar 23 – Apr 13	Aug 12 – Sep 2
Radishes	—	—	Mar 30 – May 11	Aug 26 – Sep 16
Cucumbers	Apr 6 – Apr 13	May 18 – May 25	May 11 – May 25	Jul 22 – Aug 5
Zucchini & Summer Squash	Apr 6 – Apr 13	—	May 11 – May 25	Jul 29 – Aug 12
Winter Squash & Pumpkins	Apr 6 – Apr 13	—	May 11 – May 25	—
Melons & Watermelon	Apr 6 – Apr 13	May 18 – Jun 1	—	—
Carrots	—	—	Apr 13 – May 11	Jul 15 – Jul 29
Beets	—	—	Apr 13 – May 11	Jul 29 – Aug 12
Potatoes	—	—	Apr 13 – May 4	—
Swiss Chard	—	—	Apr 20 – May 18	Jul 29 – Aug 12
Cilantro	—	—	Apr 20 – May 11	Aug 12 – Sep 2
Green Beans	—	—	May 11 – Jun 1	Jul 22 – Aug 5
Sweet Corn	—	—	May 11 – May 25	—
Sweet Potatoes	—	May 18 – Jun 8	—	—
Garlic	—	—	—	Sep 23 – Oct 28

Wait until after May 21 (only a 10% chance of frost) to plant out the most frost-tender crops: tomatoes, peppers, basil, melons.